

1 **Maximisation of the organic load rate and minimisation of oxygen consumption in**
2 **aerobic biological wastewater treatment processes by manipulation of the hydraulic**
3 **and solids residence time**

4 Davide Dionisi^{1*} and Adamu Abubakar Rasheed¹

5 **Abstract**

6 A systematic experimental study of the effect of hydraulic residence time (HRT) and
7 solids residence time (SRT) on conventional suspended-growth biological wastewater
8 treatment processes was carried out. The aim of this study was to identify the
9 conditions that minimise the reactor volume, i.e. maximise the organic load rate (OLR),
10 and minimise the oxygen consumption. Lab-scale sequencing batch reactors (SBRs)
11 were operated with glucose or ethanol as only carbon sources, with HRT in the range
12 0.25-4 day and SRT in the range 1-71 day. The highest OLR values which gave
13 satisfactory performance were 4.28 and 4.14 gCOD/l.day for glucose and ethanol,
14 respectively, which are among the highest reported for conventional aerobic
15 suspended-growth processes. The highest OLR values were obtained with HRT=0.25
16 day, SRT=3.1 day for glucose and HRT=0.5 day, SRT=4.9 day for ethanol. The minimum
17 oxygen consumption was 0.36 and 0.69 kg O₂/kg COD removed for glucose and
18 ethanol, respectively. In disagreement with conventional theories, it was found that
19 biomass production also depended on the OLR as well as on the SRT, higher OLRs
20 giving lower biomass production for the same SRT. From the kinetic analysis of the
21 experimental data, this behaviour, which has important consequences for the design
22 of biological wastewater treatment processes, was explained with a higher rate of
23 endogenous metabolism at higher OLRs.

24 **Keywords:** Aerobic wastewater treatment; hydraulic residence time (HRT); organic

25 load rate (OLR); solids residence time (SRT); oxygen consumption.

26 ¹ *Materials and Chemical Engineering group, School of Engineering, University of*

27 *Aberdeen, Aberdeen, AB24 3UE, UK*

28 ** Email: davidedionisi@abdn.ac.uk, Phone: +44 (0) 1224 272814*

29 **1. Introduction**

30 The aim of aerobic biological wastewater treatment processes is to treat the influent
31 wastewater with the highest possible reduction of the COD and BOD, with the
32 minimum possible size of the reaction tank and the minimum possible oxygen
33 consumption. A high COD reduction is required to maintain the high environmental
34 quality of the receiving water body, a small volume of the reaction tank decreases the
35 capital costs and the land usage by the plant, low oxygen consumption minimises the
36 energy costs and the environmental footprint of the plant. In addition, the production
37 of waste sludge needs also to be taken into account in the design of biological
38 treatment processes. Usually, waste sludge is considered a liability which needs to be
39 minimised, but the increasing use of anaerobic digestion to convert sludge into
40 methane is showing that waste sludge can rather be seen as a resource (McCarty et al.,
41 2011).

42 As far as the reactor volume is concerned, for a given flow rate and composition of the
43 influent wastewater, smaller reactor volumes correspond to lower values of the
44 hydraulic residence time (HRT) and, correspondingly, to higher values of the
45 volumetric organic load rate (OLR). In conventional suspended-growth activated
46 sludge processes, the OLR is typically in the range 0.5-1.5 kg COD/m³.day (WEF, 2012).
47 Various technologies have been investigated to increase the OLR and therefore
48 decrease the reactor volume, e.g. air-bubble or jet-loop bioreactors, membrane
49 bioreactors or granular sludge. For example, Petruccioli et al. (2000) reported the
50 treatment of winery wastewaters in an air-bubble column bioreactor at organic loads
51 up to 8.8 g COD/l.day, and Bloor et al. (1995) reported treatment of a brewery
52 wastewater in a jet loop reactor at organic loads up to 50 g COD/l.day. Holler and

53 Trosch (2001) reported successful operation of membrane bioreactors with OLRs of up
54 to 13 g COD/l.day. Liu and Tay (2015) operated aerobic granular reactors with a long-
55 term stable performance at the OLR of 6 g COD/l.day. Although these technologies
56 have been proven successful and are used at full scale, they also have disadvantages
57 and are not always applicable, e.g. membrane bioreactors are subject to fouling and
58 are often expensive and the mechanism of aerobic granulation is not yet completely
59 understood. Other technologies require special reactor types and aerators
60 configurations which are not of general applicability in activated sludge processes.

61 The maximum OLR that can possibly be achieved in conventional suspended-growth
62 biological processes is limited by the maximum biomass concentration that can be
63 maintained in the biological reactor, which is in turn limited by the negative effect of
64 high biomass concentrations on the aeration efficiency and on the settling rate.
65 However, the biomass concentration also depends on the solids residence time (SRT)
66 and it is therefore conceivable that SRT and HRT might be optimised together to
67 maximise the OLR while still maintaining a biomass concentration that is not too high.
68 In this optimisation, it has to be taken into account that the SRT determines the
69 effluent substrate concentration, the oxygen consumption and the biomass production
70 in the plant (Grady et al., 2011; Dionisi, 2017). In summary, the design parameters HRT
71 and SRT need to be chosen to satisfy the objectives of the highest possible effluent
72 quality, lowest reactor volume and lowest oxygen consumption.

73 Typically conventional suspended-growth activated sludge processes for carbon
74 removal are operated with values of the SRT in the range 3-15 days (Grady et al., 2011;
75 WEF, 2012). However, recent studies (Jimenez et al., 2015) on the high-rate activated
76 sludge process (HRAS) have shown that efficient COD removal can be obtained even at

77 **SRT lower than 2 days.** A study by Ge et al. (2013) has shown, with a slaughterhouse
78 wastewater, that activated sludge processes can be successful even with low SRT
79 values (2-3 days). In that study, operation at low SRT allowed the use of a short HRT
80 and therefore a high organic load rate of up to 5.8 g COD/l.day. **These findings were**
81 **later confirmed in another study from the same group (Ge et al., 2017) using**
82 **wastewater effluent from a sewer biofilm reactor.** The Authors also observed a high
83 anaerobic degradability of the produced sludge and a positive effect of lower SRT in
84 the aerobic process on the anaerobic digestion of the sludge, an effect which was also
85 observed by Gossett et al. (1982) and Bolzonella et al. (2005).

86 Although several studies have been reported on the effect of HRT and SRT in activated
87 sludge processes, usually these parameters have not been optimised simultaneously
88 for the maximisation of the OLR and the minimisation of the oxygen consumption.
89 Furthermore, there is very little reported information on how the OLR affects the
90 kinetic parameters of activated sludge models, in particular the parameters that
91 mostly affect oxygen consumption and biomass production, i.e. the growth yield and
92 the specific rate of endogenous metabolism. **A recent study by Liu and Wang (2015)**
93 **investigated and modelled the effect of dissolved oxygen and SRT on sludge**
94 **production, finding that low oxygen concentrations reduce the degradation of cell**
95 **debris and therefore increase the sludge production. An experimental optimisation of**
96 **the HRT and SRT for municipal wastewater was carried out by Jimenez et al. (2015),**
97 **who identified $SRT > 1.5$ days and $HRT > 30$ min as the optimum conditions for the HRAS**
98 **process, however they did not attempt to give a quantitative interpretation of their**
99 **data using kinetic modelling (e.g. determining the growth yield and the rate of**
100 **endogenous metabolism).** The effect of HRT and SRT on activated sludge process

101 performance was investigated by Barr et al. (1996) using a wastewater from Kraft mills.
102 However, in this study the OLR was not optimised and was in all cases below 1.5
103 kgBOD/m³.day. Surprisingly, the authors observed that BOD removal was more
104 affected by the HRT than by the SRT. The effect of the SRT on phenol and o-cresol
105 removal was investigated by Nakhla et al. (1994), however this study was carried out at
106 constant HRT and OLR and the process was therefore not optimised. Both studies by
107 Barr et al. (1996) and Nakhla et al. (1994) were carried out with potentially inhibiting
108 wastewaters, which makes it more difficult to interpret their results in terms of
109 optimisation of the operating parameters. **As far as nitrogen removal is concerned, the**
110 **effect of SRT on ammonia removal and nitrate and nitrite production was investigated**
111 **and modelled in a recent study (Liu and Wang, 2014).**

112 The aim of this study is to carry out a systematic experimental analysis of the
113 optimisation of aerobic biological wastewater treatment processes. In particular, the
114 aim is to identify the conditions that minimise the reactor volume and the oxygen
115 consumption and maximise the biomass production while maintaining a satisfactory
116 performance in terms of COD removal and biomass settling. Also, this study is aimed at
117 determining the effect of the OLR on the biomass growth yield and on the specific rate
118 of endogenous metabolism, which are the most important parameters in the
119 calculation of oxygen consumption and biomass production in biological processes. In
120 this study, we will assume that biomass production is a benefit for the process because
121 of its potential for energy generation using anaerobic digestion. This optimisation
122 study was carried out by running aerobic reactors at different values of HRT and SRT.
123 The study was carried out with two synthetic wastewaters, using glucose and ethanol
124 as only carbon sources.

125 2. Background theory

126 In this section we summarise the fundamental theory of activated sludge processes
127 which is behind and has guided our experimental study. The theory in this section is
128 adapted from our recent work (Dionisi, 2017).

129 The equations below refer to a continuous-flow activated sludge process consisting of
130 a perfectly mixed biological reactor followed by a settling tank with biomass
131 recirculation. We assume that the excess sludge is removed from the bottom of the
132 settling tank. We will use the following definitions:

$$133 \quad HRT = \frac{V}{Q} \quad (1)$$

$$134 \quad SRT = \frac{VX}{Q_w X_R + (Q - Q_w) X_{eff}} \quad (2)$$

$$135 \quad OLR = \frac{QS_0}{V} \quad (3)$$

136 with the following meaning of the symbols: HRT=hydraulic residence time (day);
137 SRT=solids residence time (day); OLR=organic load rate (gCOD/l.day); V = reactor
138 volume (l); Q = influent wastewater flow rate (l/day); S₀ = influent substrate
139 concentration (gCOD/l); X=biomass concentration in the reactor (gVSS/l); X_{eff}= biomass
140 concentration in the supernatant from the settling tank (gVSS/l); X_R = biomass
141 concentration at the bottom of the settling tank and in the recycle stream (gVSS/l); Q_w
142 = sludge waste flow rate (l/day). We will assume that substrate removal and biomass
143 growth are described by Monod kinetics with endogenous metabolism:

$$144 \quad r_X = \frac{\mu_{max} S}{K_S + S} X; r_S = -\frac{\mu_{max} S}{K_S + S} \frac{X}{Y_{X/S}}; r_{end} = -bX$$

145 with the following meaning of the symbols: r_X= biomass growth rate (gVSS/l.day); r_S=

146 substrate removal rate (gCOD/l.day); r_{end} = rate of endogenous metabolism
 147 (gVSS/l.day). μ_{max} (day^{-1}), K_s (gCOD/l) and b (day^{-1}) are kinetic parameters. In this study,
 148 a simple model of endogenous metabolism is considered, which assumes that all the
 149 biomass that decays is fully oxidised to carbon dioxide and water with no generation of
 150 cell debris. More complex models of endogenous metabolism, which include the
 151 generation of cell debris or of an endogenous residue, have also been developed
 152 (Friedrich and Takacs, 2013; Liu and Wang, 2015; Ramdani et al., 2012).

153 With these assumptions, the relationship between effluent substrate concentration (S ,
 154 gCOD/l), SRT and kinetic parameters is:

$$155 \quad S = \frac{bK_s SRT + K_s}{(\mu_{max} - b)SRT - 1} \quad (4)$$

156 Equation (4) shows that, for given kinetic parameters, the effluent substrate
 157 concentration depends only on the SRT.

158 The biomass concentration in the reactor is given by:

$$159 \quad X = \frac{(S_0 - S)Y_{x/s}SRT}{(1 + b \cdot SRT)HRT} \quad (5)$$

160 Equation (5) shows that, for a given influent concentration, the biomass concentration in
 161 the reactor depends on the SRT and on the HRT. The biomass concentration increases
 162 by increasing the SRT and by decreasing the HRT.

163 The biomass production and the oxygen consumption per unit of influent flow rate are
 164 given by:

$$165 \quad \frac{P_x}{Q} \left(\frac{\text{kg biomass}}{\text{day} \cdot \frac{\text{m}^3}{\text{day}}} \right) = \frac{(S_0 - S)Y_{x/s}}{1 + b \cdot SRT} \quad (6)$$

166
$$\frac{Q_{O_2\text{biomass}}}{Q} \left(\frac{\text{kg } O_2}{\text{day} \cdot \frac{m^3}{\text{day}}} \right) = (S_0 - S) \left(1 - \frac{1.42 \cdot Y_{X/S}}{1 + b \cdot SRT} \right) \quad (7)$$

167 where P_X is the biomass production rate (gVSS/day) and $Q_{O_2\text{biomass}}$ is the oxygen
 168 consumption rate by the biomass (gO₂/day). P_X represents the mass flow rate of biomass
 169 leaving the system, which at steady state coincides with the biomass production rate in
 170 the system, while $Q_{O_2\text{biomass}}$ represents the rate at which biomass consumes oxygen in
 171 the reactor. Equations (6) and (7) show that, for a given influent composition, the
 172 biomass produced and the oxygen consumption per unit volume of treated wastewater
 173 depend only on the SRT.

174 If activated sludge processes are operated in a range of SRT and HRT and data on
 175 substrate and biomass concentration in the biological reactor are collected, the
 176 parameters $Y_{X/S}$ and b , which determine the production of biomass and the oxygen
 177 consumption in the reactor, can be determined by the following linearised equation:

178
$$\frac{SRT(S_0 - S)}{X \cdot HRT} = \frac{1}{Y_{X/S}} + \frac{b}{Y_{X/S}} SRT \quad (8)$$

179 Equation (8) shows that by plotting the variable $\frac{SRT(S_0 - S)}{X \cdot HRT}$ vs the SRT, we should be
 180 able to calculate $Y_{X/S}$ and b from the slope and intercept of the regression line.

181 The design of the secondary settling tank is affected by the settling rate of the sludge,
 182 which is inversely proportional to the biomass concentration in the biological reactor,
 183 e.g. an exponential decay equation is often used:

184
$$u_c \left(\frac{m}{h} \right) = \alpha e^{-\beta X} \quad (9)$$

185 where u_c is the settling rate, α and β are parameters. Equation (9) shows that the higher
 186 the biomass concentration in the reactor, the lower the settling velocity and therefore the
 187 larger the area required for the settling tank.

188 In summary this background theory shows that, for a wastewater of given flow rate and
189 composition and for given kinetic parameters:

- 190 - Lower reactor volumes are achieved by decreasing the HRT and, as a
191 consequence, by increasing the OLR;
- 192 - Lower reactor volumes give, for a fixed SRT, higher biomass concentrations;
- 193 - Higher biomass concentration can have a negative effect on the settling rate and
194 therefore on the design of the secondary settling tank;
- 195 - For a fixed HRT, the biomass concentration depends on the SRT, and can be
196 decreased by decreasing the SRT, as long as the SRT is long enough for the
197 desired COD removal;
- 198 - Lower SRT gives lower oxygen consumption and higher biomass production.

199 In conclusion, the analysis of the background theory shows that, in theory, for a given
200 flow rate and composition of the influent wastewater, the appropriate choice of the
201 parameters HRT and SRT can give the optimum combination of high substrate removal,
202 low reactor volume, low biomass concentration, low oxygen consumption and high
203 biomass production.

204 This paper aims to verify this theory experimentally and to identify the optimum
205 boundary of the parameters HRT and SRT which minimise the reactor volume and
206 oxygen consumption. The study was carried out using synthetic wastewaters made of
207 readily biodegradable substrates. Instead of using a continuous-flow process, our
208 experimental study used sequencing batch reactors (SBRs). In SBRs, reaction and
209 settling are carried out in the same tank and the process is operated as a sequence of
210 phases and cycles, rather than as in continuous flow. However, all the concepts and
211 definitions used in this section apply to SBRs as well, but it has to be considered that
212 SBRs have additional design parameters compared to continuous-flow systems, i.e. the
213 number of cycles and the length of the various phases (Dionisi et al., 2016). In our study

214 the only design parameter, in addition to HRT and SRT, which was changed
215 significantly in one of the runs is the length of the feed and its effect will be discussed
216 in the Results and Discussion section.

217

218 **3. Methods**

219 **3.1 Wastewaters and inoculum**

220 Two wastewaters were used in this study. One wastewater had glucose and one had
221 ethanol as only carbon source. The concentration of glucose and ethanol was 1 g/l. In
222 both cases nutrients were added to the wastewater before feeding to the reactors:
223 NH_4Cl (0.8 g/l), K_2HPO_4 (3.5 g/l), NaH_2PO_4 (2.4 g/l), thiourea (20 mg/l). The inoculum
224 used in this study was a soil from Craibstone farm in Aberdeen (0.1 gVSS/g soil). The
225 soil was homogenised and sieved (150 μm size) and then stored in plastic containers
226 at room temperature before inoculation.

227 **3.2 Reactor set-up**

228 The reactors used were glass containers with a working volume of 1L. VELP SP 311
229 peristaltic pumps (Italy) were used to fill the reactors during fill phases and empty the
230 reactors during effluent withdrawal phases. A Stuart CD162 magnetic stirrer (UK) and
231 magnetic stirrer bars were used to ensure mixing in the reactor. Oxygen was supplied
232 to the well-mixed reactors via fine bubble air diffusers from an Interpet Airvolution AV
233 Air Pump (UK). Throughout these experiments, the dissolved oxygen concentration
234 levels in the reactors were always kept high ($> 2 \text{ mg O}_2/\text{l}$) and therefore there was no
235 oxygen limitation. The length of each treatment phase during a cycle was controlled
236 using a programmable 20 – 250 V Energenie Four Socket Power Management System
237 (UK).

238 **3.3 Experimental design and SBR operation**

239 A total of twenty SBR runs were carried out, eleven with glucose and nine with
240 ethanol, with different values of HRT, SRT and OLR. The summary of the operating
241 parameters of the various runs is reported in Tables 1 and 2 (where VER=volumetric

242 exchange ratio=volume of feed per cycle/reactor volume). The runs were carried out at
243 room temperature, the temperature in the reactors was measured and was in all cases
244 in the range 20-22 °C. In all the runs except 1G, 6G, 1E, 5E, the Effluent Withdrawal
245 phase followed the Settle phase and was used to remove the clarified effluent
246 supernatant. In runs 1G, 6G, 1E and 5E the SRT and the HRT coincided, therefore the
247 volume of sludge removed needed to coincide with the volume fed every cycle.
248 Therefore, in these runs the Effluent Withdrawal phase was set immediately before
249 the Settle phase and removed the completely mixed sludge, with no removal of the
250 clarified effluent.

251 The fill and react phase were aerated. The main design parameters were the HRT and
252 SRT. The HRT was controlled by changing the overall daily flow-rate into the reactors.

253 Changes in the HRT resulted in changes to the VER, because $VER = \frac{1}{No\ cycles \cdot HRT}$,

254 where *No cycles* is the number of cycles per day. *No cycles* was set to 4 for all the runs
255 except runs 10G and 11G, where it was set to 6 in order to keep the VER below its
256 maximum value of 100%. Therefore, the length of the cycle was 360 mins for all the
257 runs except runs 10G and 11G, where it was 240 mins. The SRT in each run was
258 controlled by changing the sludge withdrawal rate (Q_w) and by measuring the solid
259 losses with the effluent. In all runs except 1G, 6G, 1E, 5E the sludge withdrawal was
260 done manually once per day from the mixed reactor at the end of the reaction phase.
261 In runs 1G, 6G, 1E, 5E (SRT=HRT) the sludge withdrawal was done using the Effluent
262 Withdrawal pump, as described above. The average SRT was calculated at the end of
263 each run from the steady-state concentrations of solids in the well-mixed reactor and
264 in the effluent according to equation (2), with $X_R=X$. The length of the Fill and Effluent
265 Withdrawal phases was set to be as short as possible and was limited by the maximum

266 flow rates of the available pumps. In some runs, the length of these phases was longer
 267 than in other runs due to the availability of pumps with lower maximum flow rate.

268 **Table 1.** Operating parameters for the SBRs treating the glucose wastewater.

Run	HRT (day)	VER (%)	OLR (g COD/l.day)	Q _w (ml/day)	Aver. SRT (day)	Length of the Phases in each cycle (min)			
						Fill	React	Settle	Effluent Withdr.
1G	4	6.25	0.27	250	4	2	298	58	2
2G	4	6.25	0.27	90	8.7	2	298	58	2
3G	4	6.25	0.27	35	16.3	2	298	58	2
4G	4	6.25	0.27	18	27.3	2	298	58	2
5G	4	6.25	0.27	0	65.3	2	298	58	2
6G	1	25	1.07	1000	1	5	295	55	5
7G	1	25	1.07	350	1.7	5	295	55	5
8G	1	25	1.07	0	37	5	295	55	5
9G	0.5	50	2.14	100	2.6	10	285	55	10
10G	0.25	66.7	4.28	70	3.1	10	180	40	10
11G	0.25	66.7	4.28	0	2.9	10	180	40	10

269

270 **Table 2.** Operating parameters for the SBRs treating the ethanol wastewater.

Run	HRT (day)	VER (%)	OLR (gCOD/l.day)	Q _w (ml/day)	Aver. SRT (day)	Length of the Phases in each cycle (min)			
						Fill	React	Settle	Effluent Withdr.
1E	4	6.25	0.52	250	4	9	291	51	9
2E	4	6.25	0.52	90	8.2	2	298	58	2
3E	4	6.25	0.52	18	20.9	2	298	58	2
4E	4	6.25	0.52	0	70.8	2	298	58	2
5E	1	25	2.07	1000	1	5	295	55	5
6E	1	25	2.07	360	1.7	5	295	55	5
7E	1	25	2.07	0	5.1	35	265	25	35
8E	1	25	2.07	0	9.4	5	295	55	5
9E	0.5	50	4.14	60	4.9	10	315	25	10

271

272

273 At the start-up, 5 g of the well-sieved soil was mixed with 1 L of wastewater feed. The
274 cycle was initiated with the settle phase, followed by effluent withdrawal. Then the
275 first feed was introduced and reactor operation continued according to the
276 programmed cycle pattern. The length of each run was at least 2 times the average
277 SRT for the run, with a minimum of 25 days, and, in any cases, each run was operated
278 until the substrate and biomass concentration and the SRT had reached steady state.
279 At the end of each run, the reactor was cleaned and a new run was started with a fresh
280 inoculum. Sampling was done three times per week. Biomass concentration and
281 substrate concentration in the effluent were measured by sampling the reactors at the
282 end of the reaction phase, while biomass concentration in the effluent was measured
283 by sampling the collected effluents from the reactors.

284 **3.4 Analytical methods**

285 Biomass concentration was measured as volatile suspended solids (VSS) in accordance
286 with Standard Methods (APHA, 1998), using a Whatman 1822 – 047 Grade GF/C glass
287 fibre filter paper of 1.2 μm pore size. Ethanol concentration using gas chromatography
288 (GC) using a Thermo Scientific Trace 1300 GC coupled to a Flame Ionisation Detector
289 (FID). The GC column used was a TraceGold TG-WaxMS B GC column (30 m length).
290 Glucose concentration was measured using the anthrone method. Prior to the glucose
291 and ethanol analyses, samples were filtered through a Millet syringe filter of 0.45 μm
292 pore size. Soluble COD in the effluent was also measured, after filtration, using COD
293 cell test kits (Merck).

294 **3.5 Data analysis**

295 The biomass produced per unit volume of influent wastewater was calculated in each

296 run from the steady-state values of the biomass concentration (X), HRT and SRT
297 according to equation (10):

$$298 \quad \text{Biomass produced} \left(\frac{\text{g biomass}}{\text{l influent wastewater}} \right) = \frac{\text{HRT} \cdot X}{\text{SRT}} \quad (10)$$

299 The oxygen consumption by the microorganisms was calculated in each run using the
300 experimental data on biomass produced, influent (S_0) and effluent (S) COD
301 concentrations and using the COD balance, according to equation (11):

$$302 \quad \text{Oxygen consumed} \left(\frac{\text{g oxygen}}{\text{l influent wastewater}} \right) = (S_0 - S) - \frac{\text{HRT} \cdot X}{\text{SRT}} 1.42 \quad (11)$$

303 where the factor 1.42 is the COD conversion factor for biomass, assuming its empirical
304 formula is $C_5H_7O_2N$.

305 The fraction of the removed COD which was converted to biomass was calculated
306 according to equation (12):

$$307 \quad \text{Fraction of removed COD converted to biomass} = \frac{1.42 \cdot \text{HRT} \cdot X}{\text{SRT} \cdot (S_0 - S)} \quad (12)$$

308 The fraction of the removed COD which was oxidised was calculated from the COD
309 balance as:

$$310 \quad \begin{aligned} &\text{Fraction of removed COD which was oxidised} = \\ &= 1 - \text{Fraction of removed COD converted to biomass} \end{aligned} \quad (13)$$

311 The kinetic parameters $Y_{X/S}$ and b were calculated by linearising the experimental data
312 according to equation (8) in Section 2.

313

314 **4. Results and Discussion**

315 **4.1. Minimum SRT for substrate removal**

316 Since the SRT is the only (for continuous-flow systems) or the main (for SBR systems)
317 parameter that determines the effluent substrate concentration, the first step was to
318 determine how the glucose and ethanol removal were affected by the SRT (Figure 1).
319 For both substrates the removal was virtually complete at high SRT and incomplete or
320 very low at low SRT. The minimum SRT for high removal efficiency (assumed to be
321 >90%) was in the range 2.5-3.0 days for glucose and 1.7 days for ethanol. For glucose it
322 can be observed that the removal was complete in Run 9G, operated at an SRT of 2.6
323 days, while it was incomplete in run 11G, which had an average SRT of 2.9 days. These
324 two values of the SRT are very similar and indicate that the performance of the process
325 can be quite unstable if the SRT is close to its lowest limit for complete substrate
326 removal. For ethanol, substrate removal was incomplete in run 7E, where the SRT was
327 higher than in runs where complete or almost complete removal was observed (Runs
328 9E, 4E, 6E). The likely explanation for this behaviour is that in Run 7E the feed length
329 was the longest among all the investigated runs. Long feed means lower average
330 substrate concentration during the cycle and therefore lower average substrate
331 removal rate, for the same value of the SRT (Dionisi et al., 2016).

332 The determination of the minimum SRT that is required for substrate removal is
333 important because, as discussed in Section 2, the conditions of minimum reactor
334 volume and minimum oxygen consumption are expected to be found at the lowest
335 SRT. Considering literature studies where aerobic wastewater treatment was operated
336 at low SRT, the minimum SRT which was successfully applied for the removal of
337 organic carbon was 0.6 day (Bloor et al., 1995). That study was carried out on brewery

338 wastewater at an unspecified temperature and achieved the highest reported OLR for
339 aerobic processes, 52 kg COD/m³.day, due to the very low SRT and the use of the jet
340 loop reactor. Jimenez et al. (2015) obtained a COD removal of approximately 80% with
341 SRT of 2 days. Ge et al. (2013, 2017) successfully operated aerobic treatment at SRT
342 values in the range 1.5-3 day at 20-22 °C. For a synthetic glucose-based wastewater at
343 thermophilic (58 °C) temperatures, the efficiency of COD removal was found to
344 decrease for SRT lower than 2-3 days (Surucu et al., 1976), in agreement with the
345 present study. In summary, while there is little literature study for the minimum SRT
346 for ethanol as only carbon source, overall our data on the effect of SRT on process
347 performance are in agreement with other literature studies and confirm the possibility
348 of achieving high efficiencies of COD removal even at low values of the SRT. Since the
349 minimum SRT has implications for the minimum HRT and maximum OLR and for the
350 minimum oxygen consumption, further study will need to be dedicated to determine
351 the minimum SRT for more complex wastewaters, which include slowly biodegradable
352 substrates, and for nitrification/denitrification processes, when nitrogen removal is
353 required.

354

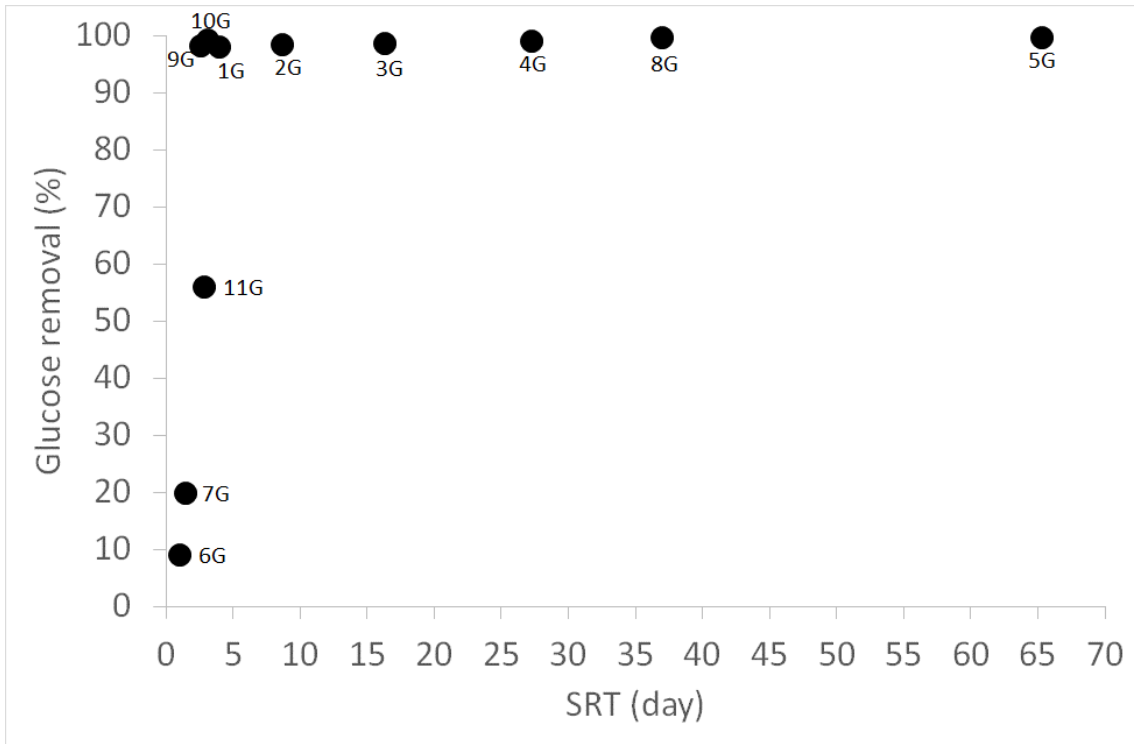
355

356

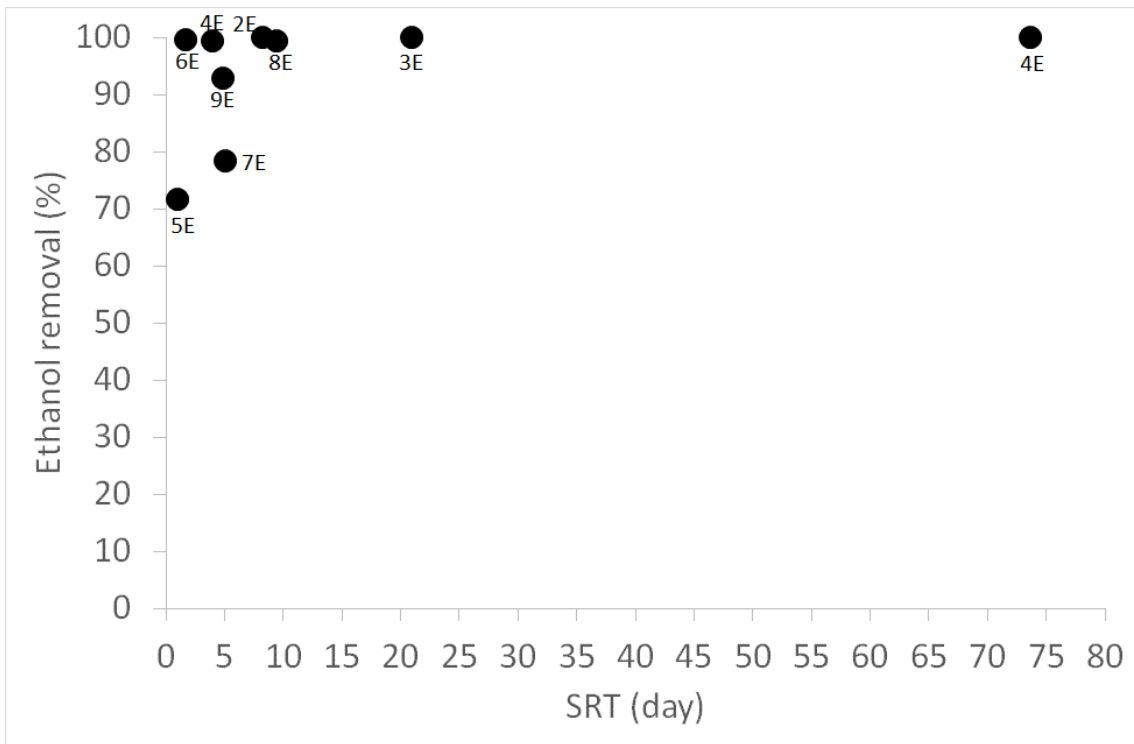
357

358

359



360



361

362 **Figure 1.** Effect of the SRT on the glucose (top) and ethanol (bottom) removal.

363

364 4.2. Maximisation of the OLR

365 Figure 2 shows the effect of the HRT (or of the OLR, which is inversely proportional to
366 the HRT) on the biomass concentration in the reactor. For a fixed HRT (or OLR), the
367 biomass concentration is a function of the SRT, as expected, as shown, in the runs at
368 0.27 g COD/l.day for glucose and at 0.52 g COD/l.day for ethanol. As the OLR is
369 increased (i.e. the HRT is decreased), the biomass concentration was kept within
370 acceptable levels by decreasing the SRT. For example, in the glucose reactors the
371 biomass concentration was very high, 6.9 g VSS/l, in Run 8G (OLR equal to 1.07 g
372 COD/l.day and SRT 37 days) and the OLR could not have been increased further at the
373 same SRT, otherwise the biomass concentration would have been too high and the
374 settling rate would have been compromised. Therefore the runs at higher OLR (Runs
375 9G, 10G, 11G at OLR of 2.14 and 4.28 g COD/l.day) were carried out at lower SRT, in
376 the range 2.6-3.1 days. This allowed obtaining lower biomass concentrations at high
377 OLR than at low OLR, confirming what was expected according to the background
378 theory in Section 2. The same effect was observed for ethanol. For example, thanks to
379 their lower SRT, Runs 8E and 9E had lower biomass concentration in the reactor than
380 Run 4E, in spite of their higher OLR.

381 The operation at high OLR can only be considered successful if the high OLR does not
382 impact negatively on the settleability of the sludge, which in this study was measured
383 by the biomass concentration in the effluent collected after the settling phase (Figure
384 3). In Figure 3, runs 1G, 6G, 1E, 5E are not reported because in those runs the SRT was
385 set equal to the HRT and the effluent was collected from the completely mixed
386 reactor, with no effluent collection after the settling phase. For the glucose runs, the
387 biomass in the effluent was in the range 100-250 mg VSS/l for all the runs except Run

388 11G. The high solid losses in the effluent in Run 11G can be explained considering that
389 in this run a high OLR was applied and no sludge withdrawal. In the absence or with
390 low solid losses in the effluent, this would have caused a very high biomass
391 concentration in the reactor with consequent very low settling velocity. Therefore, the
392 high solid losses in the effluent were the reaction of the system to the high OLR with
393 no sludge withdrawal and indicated that the process cannot be operated at high OLR
394 without control of the SRT. In summary, as far as the maximisation of the OLR is
395 concerned, the most successful run for the glucose reactor was Run 10G, where the
396 high OLR of 4.28 g COD/l.day was maintained with complete substrate removal and
397 with solid losses in the effluent which were similar to the other runs. For the ethanol
398 runs, the solid losses in the effluent were always in the range 150-300 mg/l, indicating
399 that the highest OLR could be maintained without a negative impact on this variable.
400 Interestingly, the highest solid losses with the effluent were observed for Run 7E,
401 where the feed length was the longest, therefore indicating that the long feed length
402 has a negative effect on the settling properties. Indeed runs 6E, 7E, 8E were operated
403 at the same OLR and HRT but the length of the Fill phase was considerably longer in
404 run 7E (35 mins vs 5 mins in runs 6E and 8E). In SBRs, the shorter the feed length, the
405 higher the substrate gradients in the system, and high substrate gradients are known
406 to favour the development of well settling sludge (Dionisi et al., 2006a; Martin et al.,
407 2003). For the ethanol runs it can be concluded that the run that gave the highest OLR
408 with an acceptable performance was Run 9E, with a OLR of 4.14 g COD/l.day, over 90%
409 substrate removal and acceptable solid losses in the effluent.

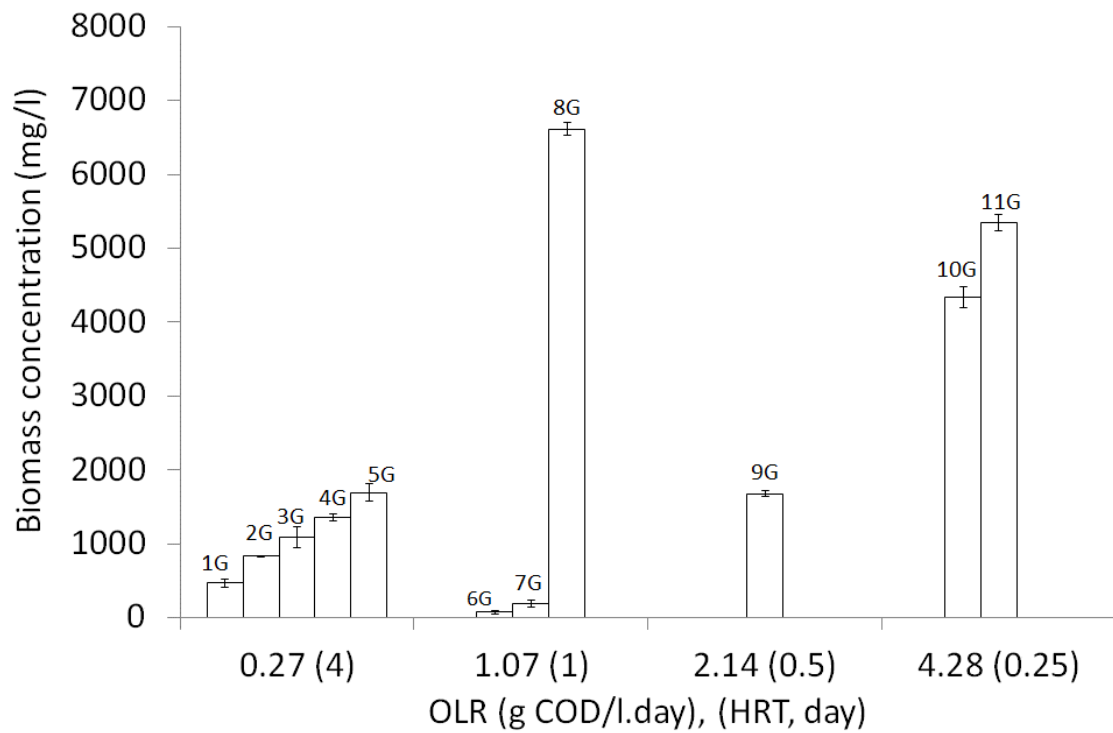
410 The maximum values of the OLR determined in this study, 4.28 and 4.14 g COD/l.day,
411 are among the highest reported for aerobic suspended-growth conventional activated

412 sludge processes (Table 3). In Table 3 we have not considered non-conventional
413 processes, e.g. the air bubble or the jet loop reactor discussed in the Introduction,
414 membrane reactors or granular sludge. However, it is important to observe that the
415 high OLRs obtained in this study are in the range of values reported for membrane or
416 granular reactors, e.g. Trussel et al. (2006) reported operation of membrane
417 bioreactors in the OLR range 2.2-8.2 g COD/l.day, which are among the highest
418 reported for MBRs, and Liu et al. (2005) operated granular-sludge reactors with OLRs
419 of up to 4.0 g COD/l.day, even though granulation allowed the achievement of OLR as
420 high as 15 g COD/l.day (Moy et al., 2002).

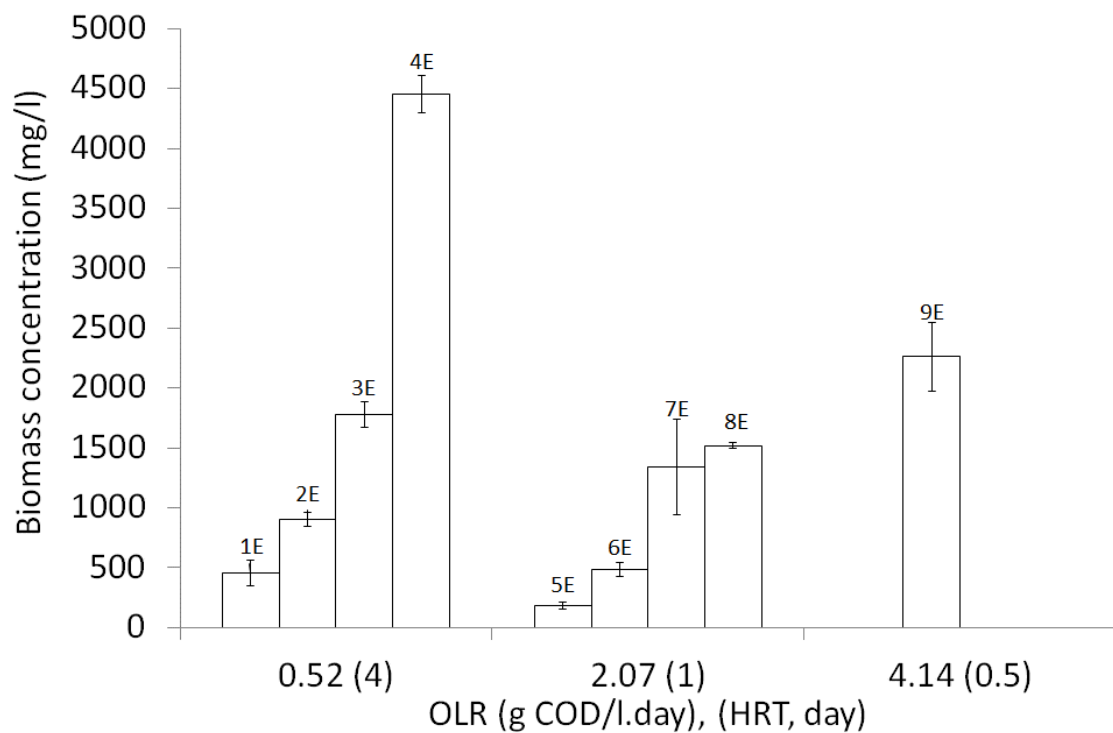
421 In summary, our experimental study has showed that the simultaneous optimisation of
422 the HRT and SRT allows the operation of conventional suspended-growth processes at
423 very high OLR, with consequent minimisation of the reactor volume and plant
424 footprint.

425

426



427



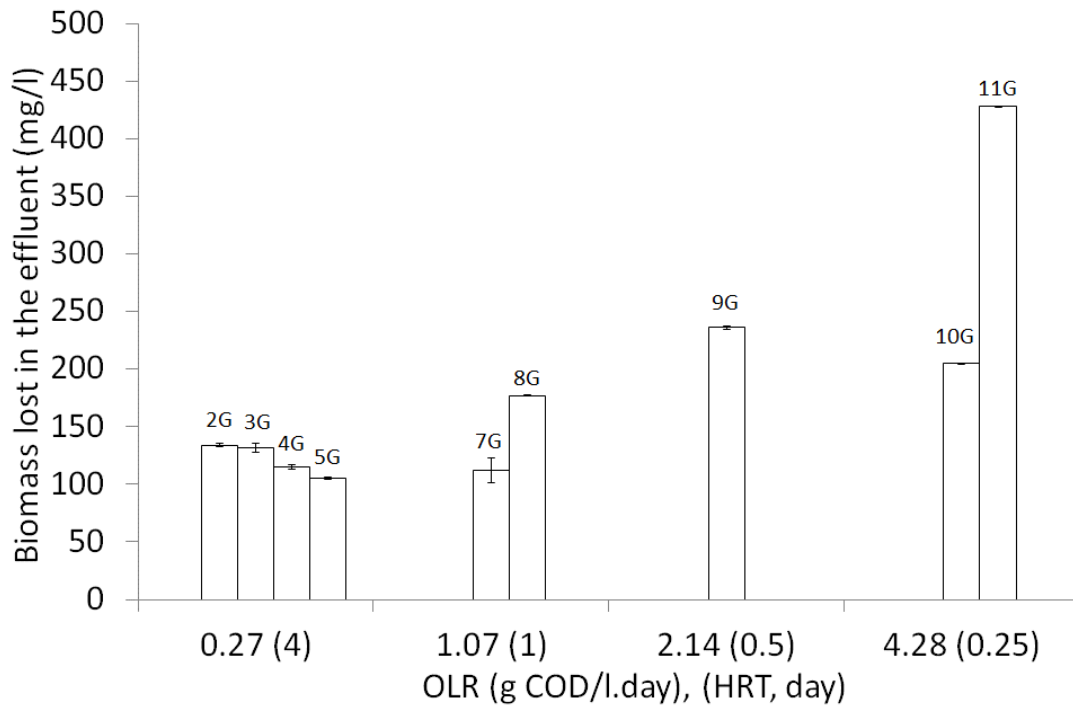
428

429 **Figure 2.** Biomass concentration at the end of the reaction phase for the glucose (up)
 430 and ethanol (bottom) reactors.

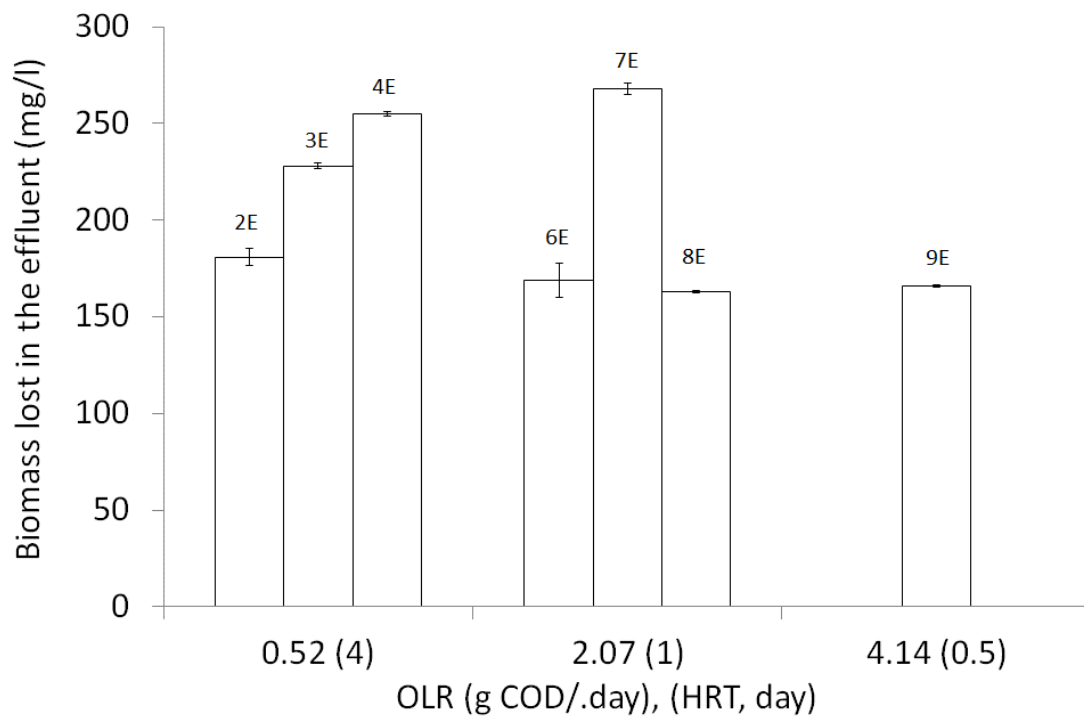
431

432

433



434



435

436 **Figure 3.** Biomass concentration in the effluent for the glucose (up) and ethanol
 437 (bottom) reactors.

438

439

440

441

442

443

444

445 **Table 3.** Aerobic studies carried out at high OLR with conventional suspended-growth
 446 activated sludge processes.

Reference	Wastewater	HRT (day)	SRT (day)	OLR (g COD/l.day)
Kanimozhi et al. (2014)	Anaerobically digested distillery	1.0	N.R.	3.6
Ge et al. (2013)	Slaughterhouse	0.5	2	5.8
Rodríguez et al. (2013)	Animal food factory	0.75	30	4.55
Yoong et al. (2000)	Phenol	0.42	4	3.12
This study (glucose)	Glucose	0.25	3.1	4.28
This study (ethanol)	Ethanol	0.5	4.9	4.14

447

448 **4.3. Minimisation of oxygen consumption**

449 In addition to the OLR, the optimum design of biological processes requires the
 450 minimisation of the oxygen consumption and the maximisation of the produced
 451 biomass, assuming that the produced biomass is used in anaerobic digesters for energy
 452 generation. Figure 4 shows the oxygen consumption and the produced biomass for the
 453 glucose and ethanol reactors. It is expected that the biomass produced and oxygen
 454 consumed (per unit volume of influent wastewater) only depend on the SRT (equations
 455 (6) and (7) in Section 2). However, both the glucose and ethanol runs indicate that, in
 456 disagreement with the theory, the OLR also affects the biomass and oxygen
 457 production. Indeed, for the glucose reactor Runs 1G-5G and 8G give the expected
 458 trend, while Runs 10G and 9G give lower biomass produced and higher oxygen
 459 consumption than the other runs, in spite of their lower SRT. Similarly for ethanol,
 460 Runs 1E-4E gave the expected trend, while Runs 6E, 9E and 8E gave lower biomass
 461 production (and hence higher oxygen consumption) in spite of having similar SRT as
 462 the other Runs. In general the results obtained with the two substrates indicate that at
 463 higher OLR the biomass production decreases for the same SRT, and this causes, from

464 the COD balance, an increase in oxygen consumption. More insight into biomass
465 production and oxygen consumption is shown in Figure 5, which shows the fraction of
466 the removed COD which is converted into biomass or oxygen in the various runs. The
467 trend is the same as reported in Figure 4, however Figure 5 highlights an important
468 difference between glucose and ethanol. For glucose, the minimum value of the
469 fraction of oxidised COD is 36% (Run 1G), while for ethanol it is 69% (Run 1E) and in
470 general the fraction of oxidised COD, i.e. the oxygen consumption by the
471 microorganisms, is significantly larger for glucose than for ethanol. In general, the
472 results of this study indicate that, at least for the wastewaters considered here, the
473 operating parameters that give the maximum organic load are not the same that give
474 the minimum oxygen consumption. If minimising oxygen consumption is the priority,
475 the operating conditions of Runs 1G and 1E, low OLR and low SRT, are to be preferred
476 while if the minimisation of reactor volume is the priority, the conditions of Runs 10G
477 and 9E, high OLR and low SRT, have to be chosen.

478 The obtained data were analysed to calculate the kinetic parameters $Y_{X/S}$ and b (Figure
479 6). For the glucose runs, Runs 1G-5G and 8G were considered, while Runs 9G and 10G
480 were excluded, because of their deviation from the theory. For the ethanol runs, two
481 plots were generated, one for the runs at lower OLR and one for the runs at higher
482 OLR. For glucose, the obtained values of the parameters were $Y_{X/S} = 0.60$ g biomass/g
483 COD and $b = 0.08$ day⁻¹. For the ethanol runs we obtained, at higher OLR, $Y_{X/S} = 0.18$ g
484 biomass/g COD, $b = 0.13$ day⁻¹, and, at low OLR, $Y_{X/S} = 0.23$ g biomass/g COD and $b =$
485 0.01 day⁻¹.

486 The lowest oxygen consumption found in this study, 0.36 kg O₂/kg COD removed, is
487 among the lowest reported in the literature for aerobic processes. Surucu et al. (1976)

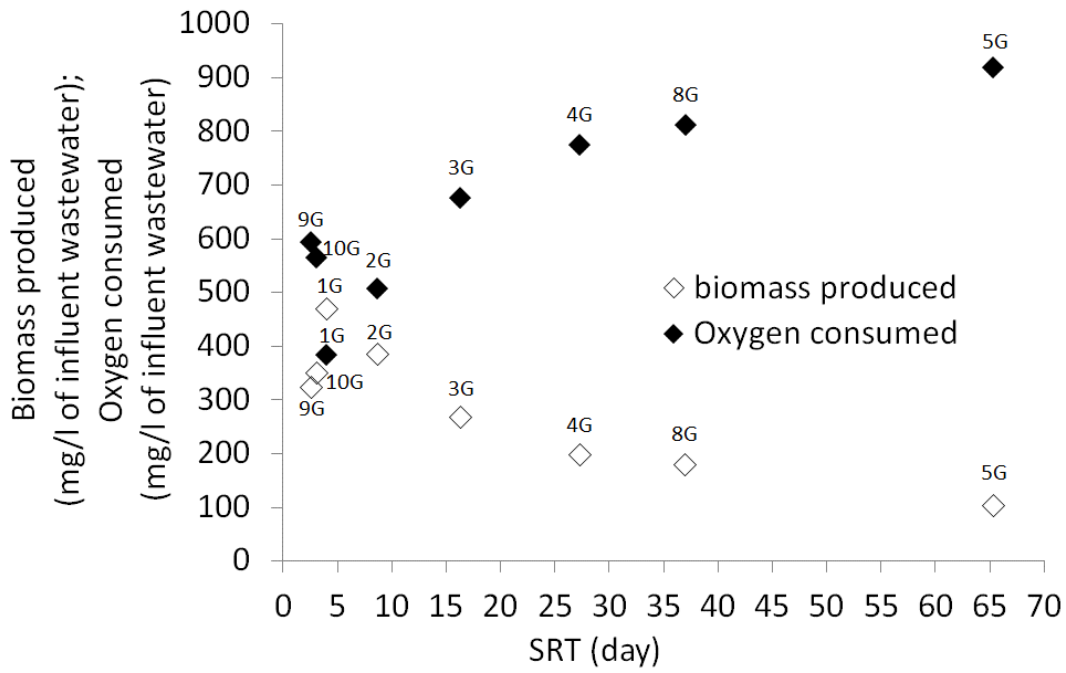
488 reported an oxygen consumption of approximately 0.65 kg O₂/kg COD removed at a
489 SRT of 2 day. Ge et al. (2013, 2017) obtained an oxygen consumption of 0.15-0.3 kg
490 O₂/kg removed COD at SRT values of 2-3 day and Jimenez et al. (2015) reported oxygen
491 consumptions in the range 0.2-0.5 kg O₂/kg COD in the SRT range 0.1-2 days. When
492 studies are carried out at larger SRT, much larger oxygen consumptions are observed,
493 e.g. Ouyang and Junxin (2009) observed over 0.70 kg O₂ consumed/kg COD for SRT of
494 10 day.

495 The decrease in observed yield which we observed at higher OLR has important
496 consequences for the design of biological wastewater treatment processes. From the
497 point of view of maximising the OLR, it can be considered an advantage, because it
498 means that the biomass concentration does not increase linearly as the OLR is
499 increased, for a fixed SRT. This means, in turn, that higher OLR values are possible than
500 what is possible to estimate based on the biomass concentrations obtained at low OLR
501 values. However, from the point of view of the simultaneous minimisation of reactor
502 volume and oxygen consumption, the decrease in observed yield as the OLR increases
503 is a disadvantage. Indeed, our study shows that the runs with the highest OLR and
504 lowest SRT are not the ones which give the lowest oxygen consumption. This is not in
505 agreement with the theory reported in Section 2, however, a decrease in observed
506 yield at higher OLR has already been reported by Dionisi et al. (2006b). Our kinetic
507 analysis for the ethanol runs shows that the reason for the lower biomass production
508 and higher oxygen consumption observed at high OLR is mainly the fact that at high
509 OLR the microbial kinetics is described by a larger value of the endogenous metabolism
510 coefficient b . Indeed, for ethanol the parameter b was 0.13 day⁻¹ at higher OLR and
511 0.01 day⁻¹ at lower OLR, while the parameter $Y_{X/S}$ was only slightly different (0.18 vs

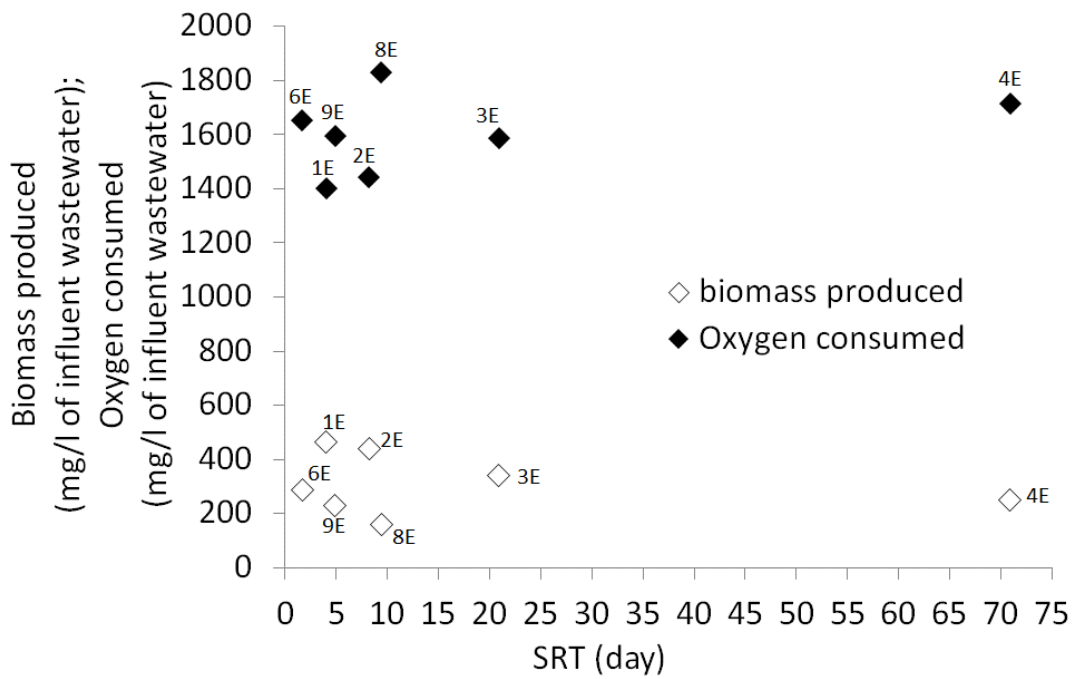
512 0.23 g biomass/ g COD) at higher and lower OLR. It remains to be investigated whether
513 this effect of the OLR on the rate of endogenous metabolism is specific for the
514 wastewaters considered here or is more general. If it is general, then conventional
515 models for biological wastewater treatment processes will need to be modified, e.g. by
516 using different values of the endogenous metabolism parameter at different values of
517 the OLR. The kinetic analysis also shows that the reason for the higher biomass
518 production and lower oxygen consumption for glucose than for ethanol is in the higher
519 growth yield ($Y_{X/S}=0.60$ g biomass/g COD for glucose, $Y_{X/S}=0.18-0.23$ g biomass/g COD
520 for ethanol).

521

522



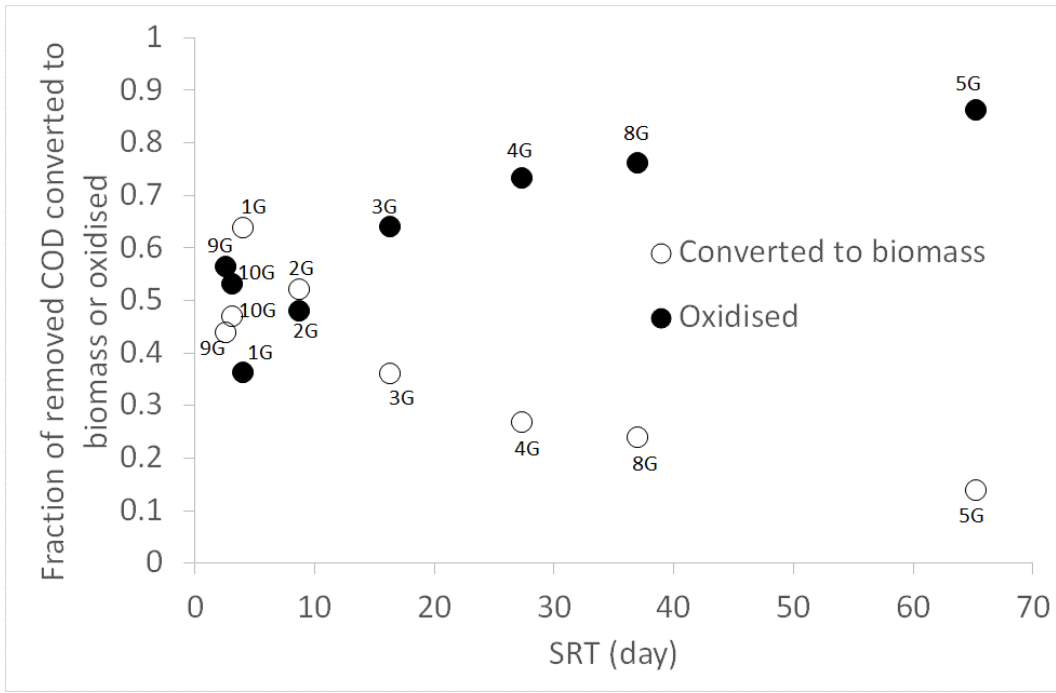
523



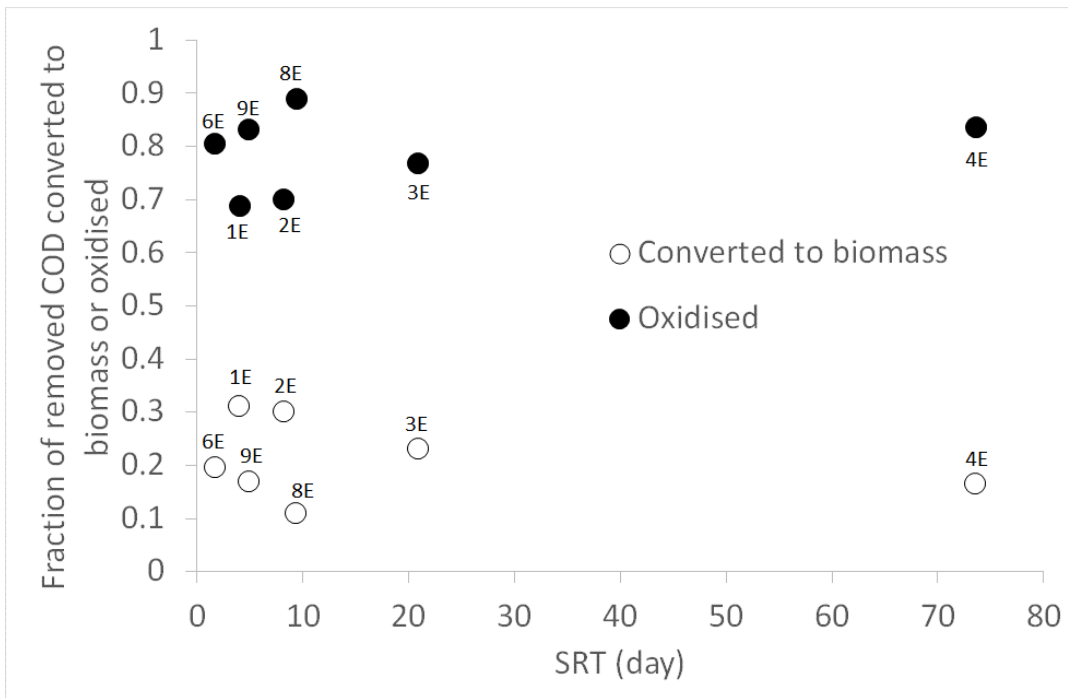
524

525 **Figure 4.** Biomass produced and oxygen consumed for the glucose (top) and ethanol
526 runs (bottom).

527

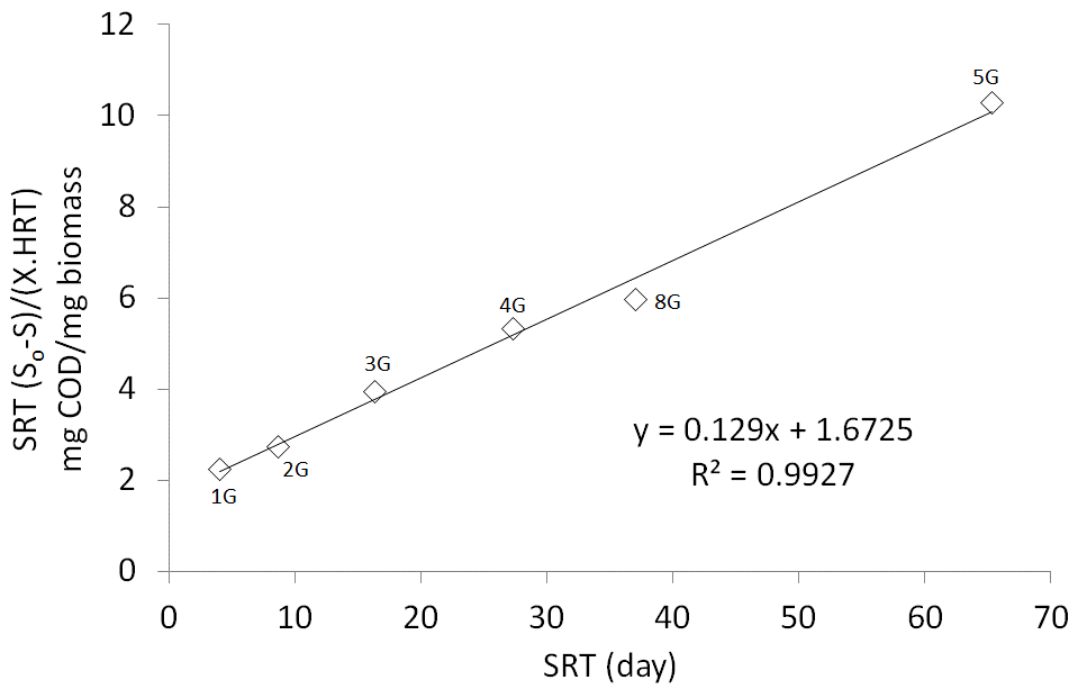


528

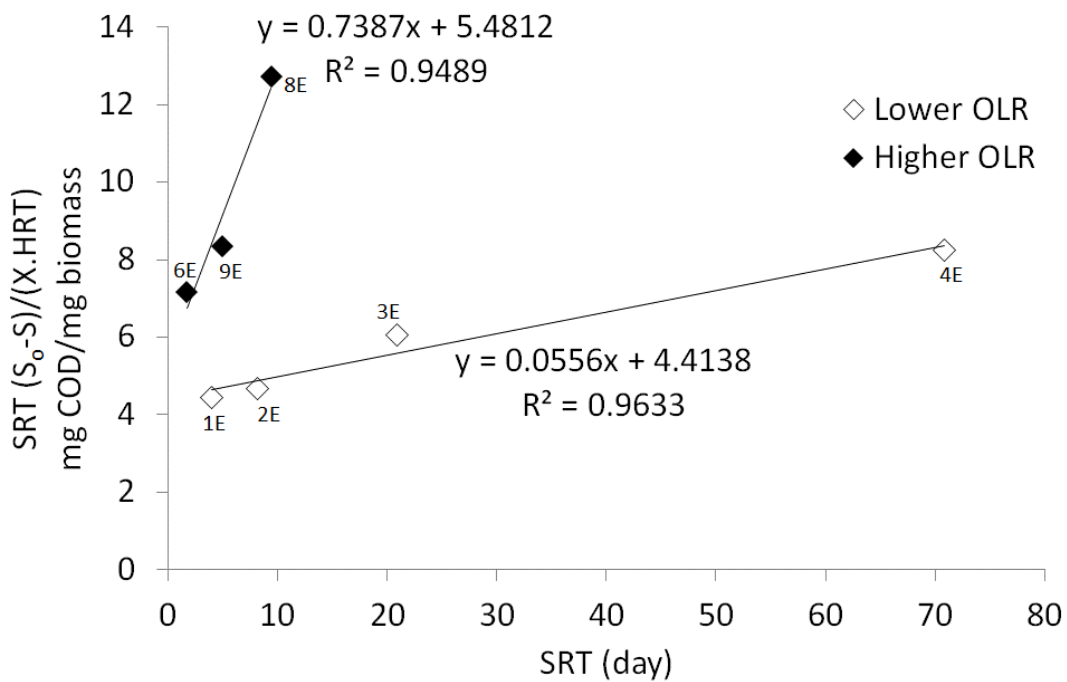


529

530 **Figure 5.** Distribution of the removed COD between oxidised and converted to biomass
 531 for the glucose (top) and ethanol (bottom) runs.
 532



533



534

535 **Figure 6.** Linearisation of the experimental data for the calculation of the kinetic
 536 parameters $Y_{X/S}$ and b . Glucose (top) and ethanol (bottom) runs.

537

538

539

540

541 **4. Conclusion**

542 This study has shown that it is possible to operate conventional suspended-growth
543 aerobic processes at high OLR, up to 4.28 g COD/l.day, by simultaneous optimisation of
544 the HRT and SRT. The operating conditions which gave the highest OLR, and therefore
545 the minimum reactor volume, were HRT=0.25 day and SRT=3.1 day for the glucose
546 wastewater and HRT=0.5 day and SRT=4.9 day for the ethanol wastewater.

547 The values of the HRT and SRT that gave the minimum oxygen consumption were not
548 the same that gave the highest OLR. The minimum oxygen consumption was obtained
549 at HRT=SRT=4 day for both glucose and ethanol. The oxygen consumption per unit of
550 COD removed was higher for ethanol than for glucose. The minimum oxygen
551 consumption was 0.36 and 0.69 kg O₂/kg COD removed for glucose and ethanol
552 respectively.

553 In disagreement with the conventional theory, biomass production and oxygen
554 consumption per unit of removed substrate were observed to depend on the OLR as
555 well as on the SRT. Biomass production decreased and oxygen consumption increased
556 at higher OLR. This behaviour has important consequences for the design of biological
557 wastewater treatment processes and will need to be investigated further with
558 wastewaters of different composition.

559 Overall this study has shown the importance of optimising the SRT and HRT to achieve
560 the optimum performance of the process. Further study is needed for wastewaters of
561 different and more complex composition and for nitrification/denitrification processes
562 for nitrogen removal.

563

564 **Acknowledgement**

565 The assistance of Ms Liz Hendrie in setting up the experiments is highly acknowledged
566 and appreciated.

567

568 **References**

569 APHA. 1998 *Standard Methods for the Examination of Water and Wastewater* 20th
570 edn, American Public Health Association/American Water Works Association/Water
571 Environment Federation, Washington DC, USA.

572
573 Barr, T.A., Taylor, J.M., Duff, S.J.B. 1996. Effect of HRT, SRT and temperature on the
574 performance of activated sludge reactors treating bleached Kraft mill effluent. *Water*
575 *Research*, **30**(4), 799-810

576
577 Bloor, J.C., Anderson, G.K., Willey, A.R. 1995 High rate aerobic treatment of brewery
578 wastewater using the jet loop reactor. *Water Research*, **29**(5), 1217-1223.

579
580 Bolzonella, D., Pavan, P., Battistoni, P., Cecchi, F., 2005. Mesophilic anaerobic digestion
581 of waste activated sludge: influence of the solid retention time in the wastewater
582 treatment process. *Process biochemistry*, **40**(3), 1453-1460.

583 Dionisi, D. 2017 *Biological Wastewater Treatment Processes. Mass and Heat Balances*.
584 CRC press, Boca Raton, FL, USA.

585 Dionisi, D., Majone, M., Levantesi, C., Bellani, A., Fuoco, A. 2006a Effect of feed length
586 on settleability, substrate uptake and storage in a sequencing batch reactor treating an
587 industrial wastewater. *Environmental technology*, **27**(8), 901-908.

588 Dionisi, D., Majone, M., Vallini, G., Di Gregorio, S., Beccari, M. 2006b Effect of the
589 applied organic load rate on biodegradable polymer production by mixed microbial
590 cultures in a sequencing batch reactor. *Biotechnology and bioengineering*, **93**(1), 76-
591 88.

592 Dionisi, D., Rasheed, A.A., Majumder, A. 2016 A new method to calculate the periodic
593 steady state of sequencing batch reactors for biological wastewater treatment: Model
594 development and applications. *Journal of Environmental Chemical Engineering*, **4**(3),
595 3665-3680.

596 Friedrich, M., Takacs, I., 2013 A new interpretation of endogenous respiration profiles
597 for the evaluation of the endogenous decay rate of heterotrophic biomass in activated
598 sludge. *Water Research*, **47**(15), 5639-5646.

599 Ge, H., Batstone, D.J., Keller, J. 2013 Operating aerobic wastewater treatment at very
600 short sludge ages enables treatment and energy recovery through anaerobic sludge
601 digestion. *Water research*, **47**(17), 6546-6557.

602 Ge, H., Batstone, D.J., Mouiche, M., Hu, S., Keller, J. 2017 Nutrient removal and energy
603 recovery from high-rate activated sludge processes-Impact of sludge age. *Bioresource*
604 *Technology*, **245**, 1155-1161.

605 Gossett, J.M., Belser, R.L. 1982 Anaerobic digestion of waste activated sludge. *Journal*
606 *of the Environmental Engineering Division*, 1101-20.

607 Grady Jr, C.L., Daigger, G.T., Love, N.G., Filipe, C.D. 2011 *Biological Wastewater*
608 *Treatment*. CRC press, Boca Raton, FL, USA.

609 Holler, S., Trösch, W. 2001 Treatment of urban wastewater in a membrane bioreactor
610 at high organic loading rates. *Journal of biotechnology*, **92**(2), 95-101.

611

612 Jimenez, J., Miller, M., Bott, C., Murthy, S., De Clippeleir, H., Wett, B. 2015 High-rate
613 activated sludge system for carbon management-Evaluation of crucial process
614 mechanisms and design parameters. *Water Research*, **87**, 476-482.

615 Kanimozhi, R., Vasudevan, N. 2014 Effect of organic loading rate on the performance
616 of aerobic SBR treating anaerobically digested distillery wastewater. *Clean*
617 *Technologies and Environmental Policy*, **16**(3), 467-476.

618 Liu, L., Wang, Z., Yao, J., Sun, X., Cai, W. 2005 Investigation on the properties and
619 kinetics of glucose-fed aerobic granular sludge. *Enzyme and Microbial Technology*,
620 **36**(2), 307-313.

621 Liu, G., Wang, J. 2014 Role of Solids Retention Time on Complete Nitrification:
622 Mechanistic Understanding and Modeling. *Journal of Environmental Engineering*,
623 **140**(1), 48-56.

624

625 Liu, Y.Q., Tay, J.H. 2015 Fast formation of aerobic granules by combining strong
626 hydraulic selection pressure with overstressed organic loading rate. *Water research*,
627 **80**, 256-266.

628

629 Liu, G., Wang, J. 2015 Modeling effects of DO and SRT on activated sludge decay and
630 production. *Water Research*, **80**, 169-178.

631

632 Martins, A.M.P., Heijnen, J.J., van Loosdrecht, M.C.M. 2003 Effect of feeding pattern
633 and storage on the sludge settleability under aerobic conditions. *Water Research*,
634 **37**(11), 2555-2570.

635

636 McCarty, P.L., Bae, J., Kim, J. 2011 Domestic Wastewater Treatment as a Net Energy
637 Producer—Can This be Achieved? *Environmental Science and Technology*, **45**, 7100-
638 7106.

639

640 Moy, B.P., Tay, J.H., Toh, S.K., Liu, Y., Tay, S.L. 2002 High organic loading influences the
641 physical characteristics of aerobic sludge granules. *Letters in Applied Microbiology*,
642 **34**(6), 407-412.

643

644 Nakhla, G.F., Al-Harazin, I.M., Farooq, S. 1994 Critical solids residence time for phenolic
645 wastewater treatment. *Environmental Technology*, **15**, 101-114.

646

647 Ouyang, K. & Junxin, L.I.U. 2009 Effect of sludge retention time on sludge
648 characteristics and membrane fouling of membrane bioreactor. *Journal of*
649 *Environmental Sciences*, **21**(10), 1329-1335.

650

651 Petruccioli, M., Duarte, J., Federici, F. 2000 High-rate aerobic treatment of winery
652 wastewater using bioreactors with free and immobilized activated sludge. *Journal of*
653 *bioscience and bioengineering*, **90**(4), 381-386.

654

655 **Ramdani, A., Dold, P., Gadbois, A., Déléris, S., Houweling, D., Comeau, Y., 2012**
656 **Biodegradation of the endogenous residue of activated sludge in a membrane**
657 **bioreactor with continuous or on-off aeration. *Water Research*, **46**(9), 2837-2850.**

658 Rodríguez, D.C., Lara, P.A., Peñuela, G., 2014 Pilot study of a sequencing batch reactor
659 for the treatment of wastewater from an animal food factory. *Afinidad*, **71**(565).

660

661 Surucu, G.A., Chian, E.S.K., Engelbrecht, R.S. 1976 Aerobic thermophilic treatment of
662 high strength wastewaters. *Journal (Water Pollution Control Federation)*, 669-679.

663

664 Trussell, R.S., Merlo, R.P., Hermanowicz, S.W., Jenkins, D. 2006 The effect of organic
665 loading on process performance and membrane fouling in a submerged membrane
666 bioreactor treating municipal wastewater. *Water Research*, **40**(14), 2675-2683.

667

668 WEF, Water Environment Federation 2012 *Wastewater Treatment Plant Design*
669 *Handobook*, Alexandria, VA, USA.

670 Yoong, E.T., Lant, P.A., Greenfield, P.F. 2000 In situ respirometry in an SBR treating
671 wastewater with high phenol concentrations. *Water Research*, **34**(1), 239-245.