

1 **Safety profile of autologous macrophage therapy for liver cirrhosis**

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26 **ABSTRACT**

27 Therapies to reduce liver fibrosis and stimulate organ regeneration are urgently needed. We
28 conducted a first-in-human, phase 1 dose-escalation trial of autologous macrophage therapy
29 in 9 adults with cirrhosis and Model for End-Stage Liver Disease (MELD) score of 10-16
30 (ISRCTN10368050). Groups of 3 participants received a single peripheral infusion of 10^7 , 10^8 ,
31 or up to 10^9 cells. Leukapheresis and macrophage infusion was well-tolerated with no
32 transfusion reactions, dose-limiting toxicities or macrophage activation syndrome. All
33 participants were alive and transplant-free at 1 year, with only 1 clinical event recorded, the
34 occurrence of minimal ascites. The primary outcomes of safety and feasibility were met. This
35 study informs and provides a rationale for efficacy studies in cirrhosis and other fibrotic
36 diseases.

37

38 **BACKGROUND**

39 Globally, liver cirrhosis currently causes 1.16 million deaths every year. In the US, among
40 people aged 45–64 years, chronic liver disease is the 4th leading cause of death.¹ Cause-
41 specific interventions are effective, but patients often present with advanced liver disease and
42 cirrhosis. No curative options are available for cirrhosis except for organ transplantation which
43 requires major surgery and lifelong immunosuppression. Donor organ availability also restricts
44 access to transplantation.² Alternative therapies to treat cirrhosis are therefore being
45 developed including cell therapies.^{3,4}

46 The macrophage is a cellular regulator of liver fibrosis deposition and resolution.⁵ During
47 disease progression macrophages release signals which drive inflammatory cell recruitment
48 and activation of hepatic stellate cells to produce extracellular matrix (ECM). Following
49 cessation of injury, macrophages release matrix metalloproteinases (MMPs) that promote
50 fibrotic ECM degradation, and factors that dampen the inflammatory response^{6-8,9} and drive
51 liver regeneration.^{7,10}

52 In mouse models of liver fibrosis, macrophages injected via a peripheral vein home to the liver,
53 express MMPs, and recruit host immune cells to liver scar via chemokine expression,
54 ameliorating liver fibrosis, stimulating liver regeneration and improving function.¹⁰ Circulating
55 CD14⁺ monocytes can be isolated from cirrhotic patient mononuclear cell (MNC)
56 leukapheresis products with high yield and purity and can be differentiated using Good
57 Manufacturing Practice (GMP)-compliant processes into macrophages with a comparable
58 phenotype to those from healthy volunteers.^{11,12} These macrophages can also resolve liver
59 fibrosis in mouse models.¹² These data prompted us to conduct a first-in-human, phase 1,
60 single-arm, dose-escalation clinical trial in people with cirrhosis evaluating maximum-tolerated
61 dose and safety of peripheral infusion of *ex vivo* matured autologous monocyte-derived
62 macrophages.

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64 **RESULTS**

65 **Trial population, baseline and treatment characteristics**

66 11 participants (4 female and 7 male, mean age 58.54±5.85) with compensated liver cirrhosis
67 and MELD score between 10 and 16 attended a single centre (Royal Infirmary of Edinburgh,
68 UK) for screening between 08 August 2016 and 27 March 2017 (Fig. 1). Two individuals did
69 not meet screening criteria. Nine participants were enrolled in the trial and were followed-up
70 for 1 year to 06 April 2018. Demographic and baseline characteristics of study participants are
71 shown in Table 1. The mean duration of cirrhosis was 5.22±4.22 years. All participants were
72 abstinent from alcohol at the time of recruitment except for one individual who had a history of
73 intermittent low-level alcohol consumption (1-10 units per week). A week before the planned
74 treatment, participants underwent a standard leukapheresis to collect circulating monocytes.
75 Monocytes were isolated from MNC and the Investigational Medical Product (IMP) produced
76 in a GMP-accredited facility (Extended Data 1).

77 Each group of 3 participants (9 in total) received a single infusion of autologous macrophages
78 at 10^7 , 10^8 or up to 10^9 cells, respectively in a dose-escalation manner. All participants were
79 successfully evaluated for safety, feasibility and maximum-achieved safe dose of autologous
80 macrophages. We also measured changes in: markers of liver fibrosis (serum Enhanced Liver
81 Fibrosis (ELF™) test (Siemens Healthineers, UK), serum PRO-C3 and C3M (Nordic
82 Bioscience, Denmark) and transient elastography (Fibroscan®, Echosens, France)); liver
83 function (MELD and UKELD scores); health-related quality of life (HRQL) using the Chronic
84 Liver Disease Questionnaire (CLDQ) instrument; transplant-free survival and number of
85 clinical events related to decompensation of cirrhosis.

86 **Safety outcomes**

87 All participants completed 1-year of follow-up after macrophage infusion. No participants
88 withdrew from the study and none developed acute transfusion reactions during macrophage
89 infusion or in the 12h post-infusion observation period. A total of 3 serious adverse events
90 were recorded; these were assessed as mild in severity, unrelated to the IMP and there were
91 no sequelae (Table 2). There were 70 adverse events documented in the reporting period
92 (Table 2). A single clinical event occurred, described as a small volume of ascites around the
93 liver on ultrasound. 9/22 (41%), 8/19 (42%) and 6/29 (21%) adverse events were considered
94 possibly related to the IMP in the 10^7 , 10^8 and up to 10^9 cell dose groups, respectively. Overall,
95 56% of adverse events were considered unrelated to the IMP. No dose-toxicity relationships
96 were identified. At the end of the study period all 9 participants were alive and transplant-free.

97 Serum ALT and bilirubin changes at 90-days were respectively 0.88 ± 0.21 and 0.80 ± 0.30 -fold
98 from baseline. Fluctuation in platelet count is common in patients with cirrhosis and portal
99 hypertension, but we did not observe a reduction in platelets to lower than 30% from baseline
100 or clinically significant thrombocytopenia. The baseline total white cell count varied in this
101 study population. As expected, total circulating leukocyte counts were affected by
102 leukapheresis, but returned to baseline prior to infusion (7 days after leukapheresis). In some
103 individuals we noted a small and transient increase in white cell count following infusion of

104 macrophages which did not persist beyond 7 days post-infusion (Extended Data 2). Serum
105 cytokines (including IL1 α , IL6, IL8, IL10, TNF α and IFN γ) did not change significantly from
106 baseline (Extended Data 3). Specifically, levels of IL8 (which correlate with risk of macrophage
107 activation syndrome (MAS)) decreased transiently after macrophage infusion, with a delta of
108 -8.23 ± 14.39 pg/mL at 30 days and of -1.58 ± 13.54 pg/mL at 90 days.

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110 **Secondary outcomes**

111 At day 90 following macrophage infusion, six out of 9 participants showed a decrease in MELD
112 score (Fig. 2 and Extended Data 4). For all patients, the MELD at baseline was 11.88 ± 1.40
113 (range 9.90 to 13.87) with a mean Δ -MELD at 90 days of -1.12 ± 1.87 (range -4.90 to 1.76).
114 (Fig. 2 and Extended data 4). At 1-year follow-up MELD decreased in 7 out of 9 participants;
115 with a mean Δ -MELD for all patients at 1 year of -0.910 ± 1.24 (range -2.41 to 1.68). Overall,
116 we did not observe a clear dose-related response; however, in the highest cell group the
117 MELD scores all followed a similar downward trajectory over the period of follow up (Fig. 2).
118 The mean Δ -UKELD score for all participants at 90 days was -0.42 ± 2.27 . Serum albumin
119 levels at 90 days showed little change from baseline in all participants with mean Δ -albumin
120 of -0.20 ± 0.23 g/dL, with range +0.2 to -0.5 (Extended Data 5). Similarly, INR was unaffected
121 in all participants by macrophage infusion, with mean \pm SD change from baseline of -0.04 ± 0.09
122 and -0.06 ± 0.09 at 90 days and 360 days respectively.

123 To detect a change in fibrosis, a range of non-invasive markers of liver fibrosis were quantified.
124 The technical success rate of transient elastography was 91.66%. Data not meeting the quality
125 specification as per manufacturer recommendation were removed (2 baseline and 1 90-day
126 measurements). Baseline liver stiffness measurements were consistent with cirrhosis (mean
127 57.44 ± 24.01 kPa). In 5 out of 9 participants liver stiffness measurements decreased by >6
128 kPa at 1-year of follow-up, with an overall mean reduction of -11.91 ± 10.55 kPa (Extended
129 Data 6). While a change of 6 kPa might be considered meaningful in the context of pre-cirrhotic

130 liver fibrosis,¹³ the importance of this change in established cirrhosis is uncertain. There was
131 a downward trend in ELF scores following macrophage infusion (Fig. 3a). The mean ELF score
132 at baseline was 12.43 ± 0.94 with mean delta-ELF at 90 days of -0.24 ± 0.46 and at 1 year of -
133 1.13 ± 1.21 (Extended Data 7). There was a similar change in serological markers of type-III
134 collagen turnover, with mean % change of PRO-C3 of -14.86 ± 14.50 and % change of C3M of
135 -10.95 ± 13.37 ng/mL at day 90 (Fig. 3b-c). The larger % decrease in PRO-C3 could indicate a
136 predominant decrease in fibrogenic activity following infusion of macrophages. Longitudinal of
137 health-related quality of life scores (HRQL) assessment showed relatively small variations in
138 composite Chronic Liver Disease Questionnaire (CLDQ) scores over time, but 5 out of 9
139 participants showed an improvement in overall HRQL at day 90 post-macrophage infusion
140 (Fig. 3d and Extended Data 8). Individual domain scores are shown in Extended Data Table
141 1.

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143 **DISCUSSION**

144 This first-in-human trial confirmed the safety and feasibility of a single peripheral infusion of
145 autologous macrophages in participants with compensated liver cirrhosis of differing aetiology.
146 Leukapheresis was well-tolerated by all participants with minimal side effects. Administration
147 of macrophages was safe, with no clinically relevant adverse reactions recorded during the
148 infusion or in the immediate post-infusion period. The 3+3 trial dose-escalation model is
149 designed to define a maximum-tolerated dose. Due to monocyte isolation and production
150 limitations, we were able to generate a “maximum-achieved dose” of up to 10^9 cells
151 (specifically 0.8×10^9 cells), for which we sought to determine the safety and feasibility.

152 As expected, in a study population with advanced cirrhosis and other co-morbidities, we
153 observed adverse events throughout the study. One participant had a previous history of
154 intermittent low-level alcohol consumption, but serial gamma-glutamyl transpeptidase (GGT)
155 levels (a biochemical marker of alcohol consumption) remained static at all follow-up visits,
156 suggesting that this did not influence the measured outcomes for this patient. Most of the

157 adverse events recorded in the study were exacerbations of existing conditions or minor self-
158 limiting events. The 3 serious adverse events were considered mild and unrelated to the IMP.
159 Among AEs possibly related to the IMP, none had Common Terminology Criteria for Adverse
160 Events (CTCAE) severity grading over 2. There were no dose-related phenomena. All
161 participants reached 360 days of follow-up and were transplant-free. We listed a single clinical
162 event (worsening ascites) during the whole follow-up period. This was identified on ultrasound
163 and resolved with diuretics. All other participants remained well compensated.

164 Although we did not label the infused macrophages, previous animal models and human case
165 reports¹⁴ suggest that macrophages infused via peripheral or central veins will transiently pass
166 through the lungs, before engrafting in the liver and spleen.^{10,15,16} While this does not prove
167 that the cell product used in our study reached the liver, these observations are supportive.
168 We did not record any clinically meaningful changes in respiratory rate or oxygen saturation
169 at any point during infusion or 12-hour follow-up period. Overall the IMP appeared safe during
170 administration and the extended follow-up period of 360 days.

171 This single-arm phase 1 study was not designed or powered to demonstrate statistically
172 significant changes in efficacy measures following macrophage therapy. However, in 6 of 9
173 participants reductions in MELD score were observed at 90 days, largely due to a decrease
174 in serum bilirubin. This contrasts with a recent RCT using autologous CD133+ stem cells in
175 adults with cirrhosis of comparable severity to this study which showed no improvement in
176 MELD score.¹⁷ In one individual, total bilirubin and MELD score were higher at 360 days of
177 follow-up compared to baseline; however, over 85% of the total bilirubin was unconjugated,
178 representing haemolysis likely due to cold agglutinins (the patient had treated hepatitis C with
179 sustained viral response). Other parameters of liver function did not change in response to
180 cell infusion, including UKELD score and serum albumin. Overall, no robust dose-dependent
181 treatment effects were observed in secondary outcomes.

182 The macrophages manufactured using GMP-compliant processes have been
183 comprehensively characterised and demonstrate a mature phenotype (CD14+ / high 25F9

184 expression), plus retention of high levels of markers associated with tissue repair and
185 inflammation resolution (CD206, CD163 and CD169).¹¹

186 A number of non-invasive measures of liver fibrosis improved following macrophage infusion
187 including transient elastography, serum ELF score and the collagen turnover markers PRO-
188 C3 and C3M, highlighting the potential antifibrotic effect of autologous monocyte-derived
189 macrophage infusion in cirrhosis.

190 There was variability in measured responses to macrophage infusion, even in participants
191 treated with the same cell dose. This likely reflects the multiple factors that could determine
192 the effect of macrophage infusion in an individual with cirrhosis such as duration and aetiology
193 of liver disease, other comorbidities, or engraftment and survival of the infused macrophages
194 in the liver. The influence of these variables will be better addressed in a larger randomised
195 controlled phase 2 trial.

196 Impairment of HRQL is reported by most patients with advanced cirrhosis and HRQL scores
197 improve significantly following liver transplantation.¹⁸ Given that a change of 0.5 on the 1 to 7
198 scale represents an important difference in CLDQ score, 5 of 9 participants exhibited an
199 improvement in overall HRQL score at day 90 post-infusion.¹⁹ In the remaining participants,
200 composite CLDQ scores were either unchanged (n=2) or worse (n=2) at 90 days. Interestingly,
201 there was an improvement in most participants in the emotional domain at day 90 post-
202 infusion. We noted an inverse association between delta-MELD and CLDQ scores. Moreover,
203 in the 4 individuals in whom MELD failed to decrease or worsened, we observed no
204 improvement in HRQL.¹⁹

205 This first-in-human study confirmed the safety, feasibility and maximum-achievable dose of
206 autologous macrophages and facilitate future efficacy studies in cirrhosis and other fibrotic
207 diseases. The effects of macrophage therapy upon efficacy measures including transplant-
208 free survival, MELD and UKELD score, fibrosis markers and HRQL will be evaluated in an
209 ongoing phase 2 randomised controlled trial (ISRCTN 10368050).

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| | Screen Failure (n=2) | | 10 ⁷ Cells (n=3) | | | 10 ⁸ Cells (n=3) | | | Up to 10 ⁹ Cells (n=3) | | |
|------------------------------------|----------------------|------|-----------------------------|------|------|-----------------------------|------|------|-----------------------------------|------|-----|
| Participant ID | 001 | 002 | 003 | 004 | 005 | 006 | 007 | 008 | 009 | 010 | 011 |
| DEMOGRAPHICS | | | | | | | | | | | |
| Mean Age | 63.00 ±5.66 | | 59.33 ±8.50 | | | 55.67 ±6.35 | | | 57.67± 2.88 | | |
| Body Mass Index | 32.1 | 28.2 | 24.7 | 29.6 | 35.6 | 26 | 27.8 | 27.8 | 33.6 | 27.6 | 29 |
| Sex (Male:Female) | 2:0 | | 1:2 | | | 3:0 | | | 1:2 | | |
| Ethnicity | All Caucasian | | All Caucasian | | | All Caucasian | | | All Caucasian | | |
| AETIOLOGY OF LIVER DISEASE | | | | | | | | | | | |
| ALD (n) | 1 | | 2 | | | 2 | | | 2 | | |
| NAFLD (n) | 1 | | 0 | | | 0 | | | 1 | | |
| HCV (SVR) (n) | 0 | | 0 | | | 1 | | | 0 | | |
| PBC (n) | 0 | | 1 | | | 0 | | | 0 | | |
| SEVERITY OF CIRRHOSIS | | | | | | | | | | | |
| MELD score | | | 13 | 11 | 14 | 13 | 10 | 13 | 10 | 13 | 11 |
| Mean MELD score | | | 12.37±1.51 | | | 11.90±1.48 | | | 11.36±1.62 | | |
| UKELD score | | | 50 | 50 | 50 | 51 | 51 | 51 | 48 | 51 | 47 |
| Child-Pugh score | | | 6 | 5 | 7 | 6 | 6 | 8 | 5 | 9 | 9 |
| Child-Pugh class | | | A | A | B | A | A | B | A | B | B |
| LIVER DISEASE COMPLICATIONS | | | | | | | | | | | |
| Ascites | x | | x | | | x | x | | x | x | |
| SBP | | | | | | | | | | | |
| Variceal bleeding | | | x | | | x | x | | x | x | |
| Hepatic encephalopathy | | | | | | | | | x | x | |

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212 **Table 1. Baseline characteristics of trial participants classified by cell dose group.** ALD,

213 alcohol-related liver disease; NAFLD, non-alcoholic fatty liver disease; HCV, hepatitis C virus;

214 SVR, sustained viral response (> 6 months); PBC, primary biliary cholangitis; MELD, Model

215 for End-Stage Liver Disease; UKELD, United Kingdom Model for End-Stage Liver Disease;
216 SBP, spontaneous bacterial peritonitis.

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| Adverse Event | 10⁷ cell dose | 10⁸ cell dose | Up to 10⁹ cell dose |
|--|---------------------------------|---------------------------------|---------------------------------------|
| Nausea | 1 | 0 | 0 |
| Abdominal pain | 0 | 2 | 3 |
| Anorexia | 0 | 1 | 0 |
| Light-headedness | 1 | 2 | 2 |
| Fatigue | 1 | 1 | 3 |
| Chest pain | 4 | 6 | 0 |
| Joint pain/malaise | 2 | 2 | 3 |
| Rash | 2 | 0 | 3 |
| Hypocalcaemia symptoms (leukapheresis) | 1 | 2 | 3 |
| Ascites | 0 | 1 | 0 |
| Anaemia | 1 | 1 | 0 |
| Infective | 3 | 0 | 2 |
| Others | 5 | 1 | 10 |
| TOTAL | 22 | 19 | 29 |
| Number of probably related AEs | 9 (41%) | 8 (42%) | 6 (21%) |
| Type of Serious Adverse Event | | | |
| Abdominal pain and constipation | | | 2 |
| Papillary lesion of breast | 1 | | |

235

236 **Table 2. Recorded adverse events and serious adverse events during the study period.**

237 Adverse events (AEs) and serious adverse events (SAEs) classified by dose, using Medical
238 Dictionary for Regulatory Activities (MedDRA) coding version 20.0. All AEs listed were defined
239 as grade 1 or 2 according to the Common Terminology Criteria for Adverse Events version
240 5.0. All the SAE were considered unrelated to the macrophage infusion. Two, although rated
241 of mild severity, resulted in overnight admission to hospital. The SAE relative to the incidental
242 finding of a papillary lesion of breast through screening mammogram led to surgical excision
243 hence was considered moderate in severity.

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Fig. 1. Trial profile. A 3+3 model for dose escalation was used. During the study, there was no dose-limiting toxicity (DLT); therefore, only 9 participants were needed to complete the dose-escalation phase.

265 **Fig. 2. MELD score over time per cell dose group.** Each line represents a participant in
266 the trial. Time-points indicate the time of macrophage infusion (purple line; approximately 14
267 days from baseline) and study-specific follow-up visits in the trial. Primary and secondary
268 outcomes were measured at day-90 post-infusion. **a)** 10^7 cells; **b)** 10^8 cells; **c)** 10^9 cells.

Fig. 3. Secondary outcomes **a)** Individual participant ELF score changes from baseline (BL) over time (delta-ELF). **b)** Individual participant PRO-C3 level changes from baseline over time (% changes of PRO-C3). **c)** Individual participant C3M level changes from baseline over time (% changes of C3M). **d)** Individual self-reported health related quality of life (HRQL) measures over time, expressed as the composite Chronic Liver Disease Questionnaire (CLDQ) score and not delta changes to highlight the significant variability in baseline HRQL composite score in this population. All data are shown by dose group (n=3).

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METHODS

Study oversight

The MATCH 0.1 trial is an investigator-led study, funded by the Medical Research Council (Reference: MR/M007588/1) and sponsored by ACCORD (Academic and Clinical Central Office for

Research and Development for NHS Lothian/University of Edinburgh). All study-related documents were designed by the trial team with input from ACCORD, an independent statistician and the Scottish National Blood Transfusion Service (SNBTS) team. The trial was approved by Scotland A Research Ethics Committee (Reference: 15/SS/0121), NHS Lothian Research and Development department and the Medicine and Health Care Regulatory Agency (MHRA-UK). The trial was registered in the International Standard Randomized Controlled Trial registry (ISRCTN10368050) and the European Clinical Trial Database (Reference: 2015-000963-15). All participants enrolled in the study gave informed consent and the trial was conducted under Good Clinical Practice regulations.

Study design

A phase 1 first-in-human trial using a standard 3+3 dose-escalation design was conducted in a single centre (Royal Infirmary of Edinburgh, Edinburgh, UK).²⁰ Due to limitations in production and cell selection, the maximum number of cells that could be produced for infusion was 10^9 ; this study was therefore designed to ascertain the tolerability of the maximum-achievable dose and not the maximum-tolerated dose. This approach was approved by the appropriate oversight bodies (Phase I/First in Human Study Review Committee, Data Monitoring Committee and Trial Steering Committee). Escalation decisions were taken by an independent Data Monitoring Committee and recommendations discussed within the Trial Steering Committee and acted upon before each dose-escalation.

Study participants

All participants were recruited through the hospital outpatient service in NHS Lothian between 08 August 2016 and 06 April 2018. 9 adult participants with liver cirrhosis of different aetiologies and a MELD score between 10 and 16 were enrolled. To confirm eligibility only, we used a MELD calculator adopted by the transplant coordinators within our unit; this rounds MELD score to the nearest integer. Full inclusion and exclusion criteria are detailed in the protocol in the Extended Data. Inclusion criteria included: age 18-75; MELD score 10-16 (inclusive); liver disease aetiology of alcohol-related liver disease, primary biliary cholangitis, non-alcoholic fatty liver disease, cryptogenic cirrhosis, haemochromatosis, alpha-1 antitrypsin deficiency or treated chronic hepatitis C (sustained viral

response); liver cirrhosis (diagnosed by at least one of: liver biopsy, Fibroscan™ median liver stiffness measurement >15 kPa, or clinical and radiological evidence consistent with cirrhosis). Exclusion criteria included: history of decompensated cirrhosis in the previous 3 months (portal hypertensive bleeding, ascites requiring medical treatment or hepatic encephalopathy requiring hospitalisation); hepatocellular carcinoma or undetermined liver nodules; cancer in the previous 5 years (excluding adequately treated and localised skin cancer or carcinoma-in-situ of the cervix); previous organ or tissue transplantation; listed for liver transplant; pregnancy and breastfeeding; presence of acute illness that may compromise safety of the patient in the trial. No active alcohol misuse ≥6 calendar months prior to screening was permitted. Individuals attended for a screening visit to ensure eligibility 7±4 days before scheduled leukapheresis. Participants underwent leukapheresis a week before infusions. The Investigational Medical Product (IMP) was produced in a GMP-accredited facility. On the day of infusion, active infection was excluded by physical examination and laboratory investigations. Prior to infusion, 10 mg i.v. chlorphenamine and 100 mg i.v. hydrocortisone was administered. Each group of 3 participants received a single infusion given over 30 +/- 5 minutes of 10⁷, 10⁸ and up to 10⁹ cells, respectively.

Study Assessments

During infusion, participants were monitored closely and observed overnight in the RIE Clinical Research Facility (CRF). Special arrangements were in place with the intensive care unit in the event of a severe reaction. The following morning full blood count, renal function, electrolytes, liver function tests, triglycerides and ferritin were checked prior to discharge to exclude toxicity, including Macrophage Activation Syndrome (MAS).

During the first two follow-up visits (day 7 and day 14 after IMP infusion) safety, dose-limiting toxicity (DLT) and the presence of MAS were assessed. The definition of DLT was formulated using accepted criteria²¹⁻²⁴. serum creatinine ≥ 1.5-fold from baseline, haemoglobin 1.5-fold ≤ baseline, platelets < 2-fold from baseline, total white cell count < 2.0 x 10⁹, alanine aminotransferase (ALT) > 3-fold from baseline, total bilirubin > 3-fold from baseline, MELD score > 4 points from baseline. Thereafter, participants were followed up at day 30, 60, 90, 180 and 360 after IMP infusion with

routine and biomarker blood tests, abdominal ultrasound, transient elastography and health-related quality of life (HRQL) assessment (full details are provided in the Protocol in the Extended Data).

Transient elastography (Fibroscan®, Echosens, France) is a well-validated non-invasive test to quantify liver fibrosis. It records the velocity of a sound wave passing through the liver and then converts that measurement into a liver stiffness value (expressed in kilopascals (kPa)).¹³

A range of serological biomarker tests are available for assessment of liver fibrosis. We used the Enhanced Liver Fibrosis (ELF™ test (Siemens Healthineers, UK)), a biochemical panel comprising serum markers that are indicators of ECM metabolism (hyaluronic acid, procollagen-III N-terminal pro-peptide (PIIINP), and tissue inhibitor of matrix metalloproteinase-1 (TIMP-1)). The composite ELF score has been validated for detection of liver fibrosis and for prognostication in chronic liver disease.^{25,26} By serological assessment of specific ECM fragments it may be possible to separate tissue formation from tissue degradation.²⁷ We also measured PRO-C3 and C3M (Nordic Bioscience Protein Fingerprint™ technology) which are two markers derived from type-III collagen remodeling, i.e. N-terminal pro-peptide and MMP-9 degraded collagen fragment from the helix region, respectively,^{28,29} with utility for staging liver fibrosis and monitoring response to antifibrotic therapy^{30,31}.

Liver function was assessed by the MELD and the United Kingdom Model for End-Stage Liver Disease (UKELD). These are established clinical scores calculated from objective variables (serum bilirubin, creatinine, International Normalized Ratio (INR) and sodium) that are used to estimate the severity of liver disease, determine prognosis and prioritize patients for transplantation.^{32,33}

The Chronic Liver Disease Questionnaire (CLDQ) is a 29-item self-reported disease-specific instrument, measuring HRQL in the following domains: fatigue, activity, emotional function, abdominal symptoms, systemic symptoms, and worry. A composite score is calculated by the patient's response options in each domain using seven-point scales, ranging from the worst (1) to the best (7) possible function. The CLDQ is reliable, responsive and correlates with the severity of liver disease.^{19,34}

Serum cytokines were analysed using a V-PLEX Human Biomarker 54-Plex kit on a MESO Quickplex SQ 120 according to the manufacturers' instructions (Meso Scale Discovery). We selected

a set of 6 safety-related cytokines associated with 'cytokine storm' in MAS. These were IL8 (pivotal in the pathogenesis of MAS), IL1 α , IL6, TNF α , IFN γ and IL10.

Method of cell production

The monocyte-derived macrophages were manufactured as previously described.¹¹ Briefly, steady-state leukapheresis was collected from each patient (standard MNC program, 2.5 blood volume). Monocytes were isolated using a CliniMACS Prodigy® cell processor, programme LP14, tubing set TS510 with CliniMACS CD14 Reagent (all Miltenyi). Up to 3.5x10¹⁰ TNC containing 4x10⁹ CD14+ cells were processed in a single operation. Mean CD14+ cell purity was 98.3%±0.7% and the mean selection yield of 55.25%±5.4%. A total of 2x10⁹ CD14+ cells were cultured in 4x gas-permeable plastic bags (MACS GMP cell differentiation bag 500, Miltenyi Biotec) at 1x10⁶ cells per ml in TexMACS GMP (phenol red-free) medium supplemented with 100 ng/mL M-CSF (GMP-grade, RND systems). Medium was replenished by removing 50% spent medium and replacing with 50% fresh medium supplemented with 200ng/mL M-CSF after 48 and 96 hours of culture. After 7 days, macrophages were harvested, counted and formulated into saline for injection supplemented to 0.5% Alburex (CSL Behring UK). Macrophages were characterized as viable, CD45+, CD14+, 25F9+ cells as previously described.¹¹ CD14+ monocytes were successfully isolated from all participants. A macrophage product was successfully manufactured and administered for all participants.

Statistics

A descriptive analysis of the primary outcome of safety and tolerability is presented. Secondary outcomes are presented graphically by dose and as changes from baseline. Unless stated, numerical data is expressed as mean±standard deviation (SD). A safety report was produced to review the day 14 results of the first participant, thereafter DMC reports were produced following the day 14 safety blood samples of each escalation group of 3 participants at each dose level or as required by serious adverse events. Any additional analysis was performed at the end of the trial once the electronic database was locked following quality checks (QC). There was 100% QC of the data collected, with no missing data other than a single collagen biomarker sample at day 60 post-infusion. We report all adverse events by dose.

Data availability

Data in the published article (and its Supplementary Information files) has been presented where possible in aggregated form. Any data presented to illustrate individual patient performance has been de-identified and only includes analysis of performance within the trial (such as MELD score). The datasets generated during and/or analysed during the current study are available from the corresponding author (SJF) upon reasonable request, although restrictions may apply due to patient privacy and General Data Protection Regulation.

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Author Contributions

Conceptualization and design of the work were carried out by SJF, CP, LR, LB, DM, AL, SD, EH, ARF, MLT, JDMC, NWAM, JB, JKM, PCH, JAF; the acquisition, analysis, and interpretation of data were performed by SJF, JAF, FM, BD, CG, DJL, MJN, KM; trial delivery and administration were carried out by FM, AG; the original draft of the manuscript was written by FM; the draft was reviewed and edited by all the authors.

Competing interests

JAF reports personal fees from Novartis, Ferring Pharmaceuticals, Galecto Biotech, Caldan Therapeutics, Gilde Healthcare, Arix Bioscience, Guidepoint and grants from GlaxoSmithKline, Novartis and Intercept Pharmaceuticals, outside the submitted work. SJF has a grant from Syncona

to develop macrophages as a therapy. DJL, KM, MJN are full-time employees at Nordic Bioscience. DJL, MK and MJN are among the original inventors and patent holders of C3M and PRO-C3. DJL holds stock in Nordic Bioscience. PCH is an advisor for AbbVie, BMS, Eisai Ltd, Falk, Ferring, Gilead, Gore, Janssen, Lundbeck, MSD, Norgine, Novartis, ONO Pharmaceuticals, Pfizer and Roche, outside the submitted work.