

1 **Properties of phenotypic plasticity in discrete threshold traits**

2 **Running title:** Plasticity in threshold traits

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4 **Jane M. Reid^{1,2,*} and Paul Acker¹**

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6 ¹Centre for Biodiversity Dynamics, Institutt for Biologi, NTNU, Trondheim, Norway.

7 ²School of Biological Sciences, University of Aberdeen, UK.

8 *Corresponding author: jane.m.reid@ntnu.no

9

10 **Author contributions**

11 J.M.R. conceptualised and wrote the manuscript, with substantial conceptual and editing input
12 from P.A.

13

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18

19 **Data accessibility**

20 There are no primary data associated with this Perspective paper.

21

22

23 **Abstract**

24 Forms of phenotypic plasticity in key traits, and forms of selection on and genetic variation in
25 such plasticity, fundamentally underpin phenotypic, population dynamic and evolutionary
26 responses to environmental variation and directional change. Accordingly, numerous theoretical
27 and empirical studies have examined properties and consequences of plasticity, primarily
28 considering traits that are continuously distributed on observed phenotypic scales with linear
29 reaction norms. However, many environmentally sensitive traits are expressed as discrete
30 alternative phenotypes and are appropriately characterised as quantitative genetic threshold
31 traits. Here, we highlight that forms of phenotypic plasticity, genetic variation and inheritance in
32 plasticity, and outcomes of selection on plasticity, could differ substantially between threshold
33 traits and continuously distributed traits (as are typically considered). We thereby highlight
34 theoretical developments that are required to rationalise and predict phenotypic and micro-
35 evolutionary dynamics involving plastic threshold traits, and outline how intrinsic properties of
36 such traits could provide relatively straightforward explanations for apparently idiosyncratic
37 observed patterns of phenotypic variation. We summarise how key quantitative genetic
38 parameters underlying threshold traits can be estimated, and thereby set the scene for
39 embedding dynamic discrete traits into theoretical and empirical understanding of the role of
40 plasticity in driving phenotypic, population and evolutionary responses to environmental
41 variation and change.

42

43 **Keywords:** Cryptic genetic variation; gene by environment interaction; phenotypic plasticity;
44 quantitative genetics; reaction norm; threshold trait.

45 ***Introduction***

46 Plasticity, defined as the ability of single genotypes to produce different phenotypes in different
47 environments, is expected to substantially shape phenotypic, population dynamic and
48 evolutionary responses to environmental variation and change (Pigliucci 2005; Ghalambor et al.
49 2007; Wennersten and Forsman 2012; Ehrenreich and Pfennig 2016; Chevin and Hoffmann 2017;
50 Kelly 2019). Specifically, plasticity directly allows short-term phenotypic responses within and/or
51 across generations, which could currently be adaptive, non-adaptive or maladaptive (e.g.
52 Agrawal et al. 1999; Ghalambor et al. 2007; Beaman et al. 2016; Donelson et al. 2018; Arnold et
53 al. 2019a). Theory also shows how plasticity could affect persistence of populations experiencing
54 directional environmental change (Chevin et al. 2010), and facilitate longer-term evolutionary
55 adaptation to novel environments through rapid expression and evolution of plastic responses
56 followed by genetic assimilation (Lande 2009, 2015). Rationalising current forms of plasticity, and
57 quantifying drivers of and constraints on future evolutionary changes, will consequently be
58 central to understanding and predicting phenotypic, population dynamic and evolutionary
59 outcomes across multiple spatial and temporal scales (Gavrilets and Scheiner 1993a; Scheiner
60 1993; Chevin et al. 2010; Lande 2014; Murren et al. 2014; Ehrenreich and Pfennig 2016; Chevin
61 and Hoffmann 2017; Kelly 2019).

62 In general, such outcomes depend on numerous properties of focal systems, including i)
63 forms and magnitudes of plasticity in ecologically-relevant traits that affect fitness; ii) resulting
64 selection acting on such traits and on trait plasticity; and iii) components of additive genetic
65 (co)variation involving plasticity, and resulting patterns of inheritance and potential for plasticity
66 evolution and genetic assimilation. These properties arise and exert their effects in the contexts

67 of environmental variability and predictability across episodes of trait development and
68 expression versus selection (Scheiner 1993; DeWitt et al. 1998; de Jong 2005; Lande 2009, 2014,
69 2015; Chevin et al. 2010; Ashander et al. 2016; Chevin and Hoffmann 2017; Donelson et al. 2018).
70 Accordingly, numerous empirical studies aim to quantify forms of plasticity in focal traits in
71 experimental or wild populations, and to estimate components of selection and underlying
72 additive genetic (co)variances (Scheiner 1993; Pigliucci 2005; Charmantier and Gienapp 2014;
73 Murren et al. 2014; Hendry 2016; Chevin and Hoffmann 2017; Arnold et al. 2019a; Kelly 2019).

74 However, many recent theoretical and empirical studies, and conceptual reviews, invoke
75 a key assumption that relationships between expressed phenotypes and underlying
76 environmental variables are linear on observed phenotypic scales (i.e. linear phenotypic reaction
77 norms, e.g. Nussey et al. 2007; Lande 2009, 2014, 2015; Dingemanse et al. 2010; Chevin et al.
78 2010; Chevin and Hoffmann 2017; Arnold et al. 2019a), with extensions to consider polynomial
79 functions (Gavrilets and Scheiner 1993a,b; Scheiner 1993; de Jong 2005; Morrissey and Leifting
80 2016). Such linearities are commonly invoked to facilitate mathematical, statistical and/or verbal
81 tractability, not necessarily because there is strong evidence or belief that phenotype-
82 environment relationships will typically be straightforwardly linear in nature (noted by Gavrilets
83 and Scheiner 1993b; Nussey et al. 2007; Lande 2009, 2014; Chevin et al. 2010; Dingemanse et al.
84 2010; Chevin and Hoffmann 2017). Indeed, many ecologically important traits that could
85 substantially affect population responses to varying and changing environments show markedly
86 non-linear phenotypic changes, which also do not directly conform to simple polynomial
87 functions (Valladares et al. 2006; Chevin et al. 2010; Murren et al. 2014; Beaman et al. 2016;
88 Arnold et al. 2019b).

89 Not least, many important morphological, behavioural and life-history traits expressed
90 across the natural world show two (or more) approximately discrete phenotypic states, whose
91 expression partly depends on current and/or previous environments (West-Eberhard 1989;
92 Scheiner 1993; Roff 1996). For example, such traits encompass dichotomous movements, mating
93 behaviours and reproductive parameters alongside alternative morphological developments.
94 Given some polygenic basis, such traits can be appropriately conceptualised as quantitative
95 genetic ‘threshold traits’, where an underlying ‘liability’ translates into expression of alternative
96 discrete phenotypes when above versus below a threshold (Falconer and Mackay 1996; Roff
97 1996). Such threshold traits are well known to have distinctive intrinsic genetic and micro-
98 evolutionary properties compared to standard quantitative traits that are continuously
99 distributed on observed phenotypic scales. For example, they can maintain substantial ‘cryptic’
100 genetic variation that is not typically phenotypically expressed, and phenotypic heritability,
101 selection intensity and evolutionary responses all depend on phenotype frequencies (Gianola
102 1982; Falconer and Mackay 1996 Ch.18; Roff 1994a, 1996, 1998a; Lynch and Walsh 1998 Ch.25;
103 Moorad and Linksvayer 2008). However, the ways in which threshold traits could also show
104 distinctive intrinsic forms and properties of phenotypic plasticity, and hence foster distinctive
105 patterns of short-term phenotypic variation and longer-term micro-evolutionary outcomes in
106 varying and changing environments, have received surprisingly little explicit attention. Since
107 rapid plastic expression of alternative discrete phenotypes could dramatically affect population
108 outcomes, and even flip populations between alternative ecological states, such properties and
109 their consequences should be fully incorporated into modern treatments of plasticity and its
110 implications.

111 Accordingly, we highlight multiple intrinsic properties of threshold traits that could cause
112 distinctive patterns of phenotypic plasticity, and drive distinctive phenotypic and micro-
113 evolutionary outcomes, that differ substantially from those involving traits that are continuously
114 distributed on observed phenotypic scales. We thereby outline key attributes that should be
115 incorporated into (eco-)evolutionary theory for dichotomous traits and quantified empirically,
116 and summarise how such advances could be achieved. To provide necessary context for our focus
117 on threshold traits and facilitate comparisons, we first synthesise core principles of plasticity in
118 continuously distributed traits, as are currently widely envisaged. Key terminologies are
119 summarised in Table 1.

120

121 ***Concepts of plasticity in continuous traits***

122 Plasticity in continuously distributed quantitative traits is commonly conceptualised and
123 quantified in two different ways by differing groups of researchers. First, experimental
124 evolutionary biologists commonly measure plasticity by splitting families or clones across
125 different (known) environments and measuring resulting mean phenotypes in each environment
126 (Figure 1A). Plasticity is therefore typically viewed as *among-individual* phenotypic variation
127 within families or genotypes and hence within lineages, often focussing on traits that are
128 effectively expressed once as the culmination of initial development (here termed *developmental*
129 *plasticity*, Table 1, Figure 1A, elsewhere termed fixed, irreversible or ‘one-shot’ plasticity,
130 Scheiner 1993, 2002; van Buskirk and Steiner 2009; Auld et al. 2010; Lande 2015; Hendry 2016).
131 Such developmental plasticity is also the primary focus of most theory on plasticity evolution and
132 its implications, which typically considers relationships between environments of trait

133 development versus selection and assumes non-zero additive genetic variation in developmental
134 reaction norm slopes (e.g. Gavrillets and Scheiner 1993a; Lande 2009, 2015; Ashander et al. 2016).
135 Such genetic variation, and potential covariation with developmental reaction norm intercepts,
136 can be evaluated empirically through quantitative genetic experiments that split sufficient
137 families across environments (Figure 1A, Scheiner 1993; Pigliucci 2005; Arnold et al. 2019b),
138 and/or through experimental evolution (Scheiner 2002).

139 Second, in wild animal evolutionary ecology and behavioural ecology, where families or
140 clones often cannot be so readily created or manipulated, plasticity is typically measured as
141 changing phenotypes of single individuals when exposed to different environments (Figure 1B).
142 It is consequently viewed as longitudinal *within-individual* phenotypic variation, evidenced by
143 individual-level reaction norm slopes that differ from zero. It therefore necessarily concerns
144 flexible traits that individuals express multiple times (termed *labile plasticity*, Table 1, Figure 1B,
145 Nussey et al. 2007; Dingemanse et al. 2010; Dingemanse and Wolf 2013; Charmantier and
146 Gienapp 2014; Lande 2014, 2015; Hendry 2016).

147 Since developmental plasticity and labile plasticity can induce differing short-term
148 phenotypic dynamics and longer-term evolutionary dynamics (e.g. Lande 2009, 2014, 2015,
149 2019), yet could co-occur and interact, both ideally need to be combined into a single holistic
150 conceptual framework that encompasses overall phenotypic variation resulting from initial
151 development and subsequent environmental impacts (Beaman et al. 2016). This can in principle
152 be achieved through quantitative genetic approaches that fully consider interacting
153 environmental and genetic effects on overall individual reaction norms, encompassing intercepts

154 (i.e. elevations), slopes and intercept-slope and slope-slope covariances across developmental
155 and labile plasticity (Figure 1C, Supporting Information S1).

156 Here, individual reaction norm intercepts can reflect the outcome of developmental
157 plasticity, resulting in lasting effects on an individual's mean phenotype as shaped by its
158 developmental reaction norm and early-life environmental experience (red, Figure 1C). The
159 developmental reaction norm intercept and slope could in turn show additive genetic
160 (co)variation, as commonly considered in theoretical and empirical studies focussing solely on
161 developmental plasticity (Figure 1A). Meanwhile, variation in individual reaction norm slopes
162 (blue, Figure 1C) could reflect direct additive genetic effects, representing genetic variation in
163 labile plasticity, and/or permanent environmental effects including further legacies of
164 developmental plasticity. For example, an individual's mean phenotype, as shaped by
165 developmental plasticity, could affect its ability to express labile plasticity. Complex genetic
166 and/or environmental intercept-slope covariances for overall reaction norms could then arise,
167 for example if individuals with low phenotypic intercepts typically have shallower (or steeper)
168 phenotypic reaction norm slopes than individuals with higher intercepts (Figure 1C, Supporting
169 Information S1, Nussey et al. 2007; Dingemanse and Wolf 2013).

170 In simple cases with linear reaction norms for both developmental and labile plasticity
171 (e.g. Figure 1A,B), the full quantitative genetic architecture of the overall individual reaction norm
172 (e.g. Figure 1C) can then be conceptualised as a three-parameter G-matrix (i.e. additive genetic
173 variance-covariance matrix). Here, the three elementary parameters comprise the intercept and
174 slope of the reaction norm for developmental plasticity (which together shape the intercept of
175 the overall individual reaction norm), and the slope of the reaction norm for labile plasticity

176 (Supporting Information S1). These three parameters could be positively or negatively genetically
177 correlated (or uncorrelated), potentially implying composite constraints on the form of additive
178 genetic variation available to allow evolutionary responses to selection on any characteristic of
179 the overall individual reaction norm (e.g. Gomulkiewicz and Kirkpatrick 1992; Nussey et al. 2007;
180 Walsh and Blows 2009). For example, if reaction norm slopes for developmental and labile
181 plasticity are strongly positively or negatively correlated, then evolution of both could be
182 exacerbated or inhibited given particular regimes of selection.

183 This three-trait conceptualisation of overall plasticity combines and advances current
184 standard conceptualisations of linear reaction norms, which typically focus on either
185 developmental plasticity or labile plasticity but not both. Such conceptualisations effectively
186 generate two-parameter models that consider single intercepts and slopes (Supporting
187 Information S1). Yet, the basic premise that environmentally-induced phenotypic variation in
188 continuously distributed quantitative traits is adequately described through linear (or
189 polynomial) reaction norms for developmental and/or labile plasticity expressed on observed
190 phenotypic scales implies multiple intrinsic properties of genetic variation in, selection on and
191 inheritance of plasticity (Table 2). These properties are fundamental to mathematical and verbal
192 theory regarding the implications of plasticity for population dynamic and evolutionary
193 outcomes, and have motivated and underpinned numerous empirical examinations.

194

195 ***Key properties of plasticity in continuous traits***

196 First, ongoing evolution of the degree of phenotypic plasticity (whether developmental and/or
197 labile) in continuously distributed traits is envisaged to involve evolution of reaction norm slopes.

198 Such evolution in turn requires non-zero additive genetic variation in slope (and/or in other
199 parameters describing polynomial reaction norm shapes, Gavrillets and Scheiner 1993a,b;
200 Scheiner 1993, 2002; de Jong and Gavrillets 2000; Nussey et al. 2007; Lande 2009, 2014; Ashander
201 et al. 2016; Arnold et al. 2019b). This implies existence of gene-by-environment interactions on
202 the observed phenotypic scale (i.e. non-zero GxE shaping developmental and/or labile plasticity),
203 meaning that genetic effects on phenotypes vary among environments (Figure 1C, Table 2). Given
204 linear reaction norms, non-zero GxE can readily cause substantially greater additive genetic
205 variation in phenotypes in more extreme (i.e. unusual) environments. This is especially likely
206 given some canalization of mean phenotype (and hence little additive genetic variation) in typical
207 environments that a population has previously frequently experienced, due to long-term
208 stabilizing selection (e.g. Nussey et al. 2007; Lande 2015). Such effects generate potential for
209 rapid evolutionary responses to selection following environmental change (Lande 2009;
210 Ashander et al. 2016). However, there will not necessarily be non-zero GxE in any particular
211 system, and quantifying the form and magnitude of GxE has been a major empirical endeavour
212 in experimental systems (Scheiner 1993, 2002; Pigliucci 2005) and, increasingly, in free-living wild
213 populations (Nussey et al. 2007; Charmantier and Gienapp 2014; Ramakers et al. 2018; Kelly
214 2019; Supporting Information S2).

215 Second, directional selection for or against phenotypic plasticity is envisaged to
216 effectively exert directional selection on the magnitude of the reaction norm slope (either
217 directly, or indirectly through covariance with intercepts and hence trait means, Figure 1D, Table
218 2, Scheiner 1993, 2002). Selection for increased plasticity (i.e. favouring steeper slopes) can in
219 principle arise if increased phenotypic sensitivity to environmental conditions increases fitness,

220 irrespective of whether the sign of the optimal reaction norm slope is positive or negative (Arnold
221 et al. 2019a). Meanwhile, selection against plasticity (i.e. favouring shallower slopes) can arise if
222 there are fitness costs of expressing different or changing phenotypes or simply of maintaining
223 physiological capacities to do so (often termed induced versus constitutive costs, DeWitt et al.
224 1998; van Buskirk and Steiner 2009; Auld et al. 2010; Chevin et al. 2010; Arnold et al. 2019a).
225 Overall stabilising selection around an optimal degree of plasticity, and hence around an optimal
226 reaction norm slope, could potentially result.

227 If there is initially non-zero GxE (and hence additive genetic variation in reaction norm
228 slopes), then directional selection could cause evolutionary changes in slope and hence in the
229 degree of phenotypic plasticity. Yet, directional or stabilising selection could gradually erode
230 additive genetic variation and diminish GxE, reducing subsequent evolutionary responses (Figure
231 1D, van Buskirk and Steiner 2009; Ehrenreich and Pfennig 2016; Saltz et al. 2018; but see Lande
232 2009). Further studies have consequently postulated mechanisms by which genetic variation in
233 plasticity and associated evolutionary potential, and polymorphisms comprising plastic and
234 canalized (i.e. non-environmentally responsive) individuals, can be maintained (Wolf and
235 Weissing 2010; Dingemanse and Wolf 2013; Saltz et al. 2018). For example, combinations of
236 negative frequency-dependent selection on plastic versus canalized phenotypes, and positive
237 feedbacks that reduce costs of repeated trait expression, have been invoked to explain ongoing
238 coexistence of responsive and unresponsive lineages (i.e. polymorphism in labile plasticity, Wolf
239 et al. 2008; Wolf and Weissing 2010). In principle, additive genetic variation in reaction norm
240 slopes could be maintained through disruptive selection, where individuals with slopes of either

241 extreme have consistently higher fitness than individuals with intermediate slopes, but such
242 selection seems unlikely to be commonplace (Saltz et al. 2018; Supporting Information S2).

243 Third, reaction norm parameters, and resulting forms of phenotypic plasticity, are
244 expected to adhere to basic principles of additive genetic inheritance given sexual reproduction.
245 Consequently, matings between environmentally canalized parents (i.e. with reaction norm
246 slopes for developmental and/or labile plasticity that are close to zero) will typically produce
247 canalized offspring (i.e. also with expected reaction norm slopes close to zero), as could matings
248 between parents with slopes of similar magnitudes but opposite signs (Figure 1E, Table 2).
249 However, highly phenotypically canalized parents are unlikely to produce highly plastic offspring
250 (i.e. with very steep reaction norm slopes), although such offspring could occasionally arise
251 through sampling variance around the expectation. Indeed, population-wide canalization across
252 environments can be viewed as fixation of genetic variants that increase robustness to
253 environmental variation (Ehrenreich and Pfennig 2016). Additional sources of new genetic
254 variation in reaction norm slopes, whether from mutation or gene flow stemming from
255 immigration given local adaptation, are then required to generate new developmental and/or
256 labile phenotypic plasticity in currently phenotypically canalized populations (e.g. Saltz et al.
257 2018).

258 The above properties and principles of genetic variation in, selection on and inheritance
259 of phenotypic plasticity in continuously distributed traits (Table 2) explicitly or implicitly underpin
260 much theory regarding the expression, evolutionary dynamics and consequences of plasticity.
261 But, such properties could be qualitatively different for threshold traits, implying that the
262 dynamics and consequences of plasticity might also differ substantially.

263

264 ***Concepts of plasticity in threshold traits***

265 The concept of a threshold trait (or ‘threshold character’) is long established in quantitative
266 genetics, spanning animal breeding, medicine and diverse areas of evolutionary biology (Wright
267 1934; Gianola 1982; Falconer and Mackay 1996 Ch.18; Roff 1996, 1998a; Lynch and Walsh 1998
268 Ch.25; Tomkins and Hazel 2007; Moorad and Linksvayer 2008; Grossen et al. 2010; Pulido 2011;
269 Dodson et al. 2013; Hadfield 2015). In brief, each individual is envisaged to have an underlying
270 ‘liability’, defined as a latent (i.e. unobserved) continuously distributed quantitative trait which
271 can have multiple genetic and environmental components, and which causes expression of
272 alternative discrete phenotypes when above versus below a threshold value (Table 1, Figure 2A).
273 Expression of the alternative phenotypes is envisaged to be deterministic conditional on the
274 liability (i.e. outcomes are not necessarily directly probabilistic, Supporting Information S1).
275 Substantial genetic and/or environmental variation in liability (on either side of the threshold)
276 can consequently exist without causing any phenotypic variation.

277 To date, properties of threshold traits have commonly been considered for dichotomous
278 traits that are effectively expressed once through differential development, resulting in
279 permanently different discrete phenotypes (e.g. skeletal structures; morphological defences
280 against predation; winged (i.e. dispersive) versus wingless forms; facultative diapause; sex; and
281 fixed dichotomous reproductive and/or life-history strategies, among others, e.g. Falconer and
282 Mackay 1996; Roff 1994a, 1996; Agrawal et al. 1999; Ostrowski et al. 2000; Bégin and Roff 2002;
283 Hazel et al. 2004; Tomkins and Hazel 2007; Grossen et al. 2010; Dodson et al. 2013; Snell-Rood
284 et al. 2018; Debes et al. 2020). Here, phenotypic outcomes commonly depend partly on initial

285 environmental conditions, representing developmental plasticity (Scheiner 1993; Roff 1996;
286 Bégín and Roff 2002; Snell-Rood et al. 2018).

287 However, as with many continuously distributed traits, many threshold traits are re-
288 expressed on timeframes of hours, days, seasons or years, potentially allowing labile plasticity
289 manifested as reversible individual expression of alternative phenotypes when exposed to
290 different environments (i.e. within-individual phenotypic variation, Table 1). Obvious examples
291 include dichotomous behaviours, including diel movements and dominant versus subordinate
292 mating tactics (e.g. Harrison et al. 2017; Crocker-Buta and Leary 2018); seasonal migration versus
293 year-round residence (Brodersen et al. 2014; Reid et al. 2018, 2020); and diverse aspects of
294 reproduction including breeding versus skipping, production of twins versus one offspring, or
295 divorce or extra-pair mating versus mate fidelity in iteroparous species (Falconer and Mackay
296 1996; Duthie et al. 2016; Germain et al. 2018). Key properties of plasticity in such threshold traits
297 could differ quite fundamentally from those for continuously distributed traits where linear (or
298 polynomial) reaction norms are manifested on observed phenotypic scales (Table 2). These
299 properties and differences result from forms of genetic and environmental variation in
300 underlying liability, and their non-linear translation into discrete observed phenotypes (Figure
301 2A).

302 Viewed most simply, each individual has an inherited additive genetic value for liability,
303 plus some set of environmental effects on liability which could reflect current and/or previous
304 environmental conditions (Roff 1996). These environmental effects can be envisaged to result
305 from liability-scale reaction norms that shape responses to environmental variation, where
306 reaction norm slopes could show additive genetic variation (i.e. generating GxE in liability).

307 Indeed, the whole structure of reaction norm intercepts, slopes and covariances that acts on the
308 observed phenotypic scale for continuously distributed traits (Figure 1C) can be envisaged to
309 similarly act on the latent liability scale for threshold traits (Figure 2C). The threshold itself can
310 then be viewed as a higher-level reaction norm (or ‘developmental map’) that deterministically
311 translates the combined genetic and environmental effects on the continuously distributed
312 latent liability into discrete observed phenotypic outcomes (Figure 2A,C, Supporting Information
313 S1, Roff 1996; Lynch and Walsh 1998 Ch.11). This conceptual structure distinguishes plasticity
314 occurring on the latent liability scale (i.e. latent plasticity) from plasticity occurring on the
315 observed phenotypic scale (i.e. phenotypic plasticity, Table 1). It has multiple interesting
316 implications for the expression, form and maintenance of phenotypic plasticity in relation to
317 underlying genetic variation; for the consequences of selection for or against phenotypic
318 plasticity; and for patterns of phenotypic inheritance (Table 2).

319

320 ***Key properties of plasticity in threshold traits***

321 **Expression of phenotypic plasticity and underlying genetic variation**

322 Individuals and lineages with initial liabilities (i.e. liability intercepts) near the threshold are more
323 likely to be phenotypically plastic (i.e. express different discrete phenotypes at different times,
324 Figure 2B). This is because any subsequent small environmental deviation in liability, whether
325 due to predictable environmental responses shaped by liability-scale reaction norms and/or
326 random micro-environmental deviations, is relatively likely to push individuals across the
327 threshold (in either direction) and hence induce expression of the alternative phenotype (Figure
328 2B,C,E). In contrast, individuals and lineages with initial liabilities far from the threshold (in either

329 direction) are likely to be phenotypically canalized, since even sizeable subsequent
330 environmental deviations in liability are unlikely to induce phenotypic shifts (Figure 2B,C,E).
331 Substantial latent plasticity could then exist in the form of liability-scale reaction norm slopes,
332 but have zero phenotypic effect and hence be decoupled from expression of phenotypic
333 plasticity.

334 Individuals' expressions of either alternative phenotype, and of labile phenotypic
335 plasticity (i.e. switching between discrete phenotypes), can consequently be intrinsically
336 positively correlated within and across time periods on different scales (e.g. days, seasons, years).
337 This is because individuals with liability intercepts far from or near to a fixed threshold on one
338 occasion will also have such intercepts subsequently. Sequences of small environmental
339 deviations, or of predictable environmental changes, will consequently have phenotypic effects
340 (or lack of effects) that are consistent across occasions within individuals. High individual
341 repeatability of expression of each discrete phenotype, alongside high individual repeatability of
342 phenotypic plasticity, can therefore readily emerge (Figure 2E). Population-wide repeatability of
343 expression of each discrete phenotype will also be positively associated with phenotype
344 frequency, such that the most frequently expressed phenotype is the most highly repeatable.
345 This is because, given the standard quantitative genetic assumption that the population
346 distribution of liabilities is Gaussian, the most frequent phenotype will encompass more
347 individuals whose liabilities are further from the threshold and hence less likely to be
348 phenotypically plastic (Figure 2B).

349 Consequently, if there is non-zero additive genetic variation in liability intercept with a
350 distribution of values that spans or approaches the threshold, the basic implication is that there

351 will be non-zero genetic variation in expression of phenotypic plasticity (Figure 2C,D). Specifically,
352 genotypes that place an individual's liability intercept near to or far from the threshold are likely
353 to effectively cause plastic and canalized phenotypes respectively, given some regime of
354 environmental variation. Resulting genetic variation in phenotypic plasticity does not necessarily
355 require genetic variation in any reaction norm slope, or hence require non-zero GxE on the
356 liability scale (Figure 2D, Table 2, although such GxE could also exist, Figure 2C). Rather, genetic
357 and environmental effects that are straightforwardly additive on the liability intercept can induce
358 non-additive variation in environmental responses in observed discrete phenotypes (e.g. Gianola
359 1982). This is because any particular additive genetic or environmental increment on liability
360 might or might not cause a change in phenotype, or hence cause expression of phenotypic
361 plasticity, depending on the pre-existing liability value. Further, even with GxE and substantial
362 resulting variation in linear reaction norm slopes on the latent liability scale, extreme
363 environments will not necessarily cause increased genetic variation in phenotype, and might
364 even decrease such variation if all individuals are pushed to the same side of the threshold
365 (Supporting Information S3).

366 Effective genetic variation in phenotypic plasticity might consequently be commonplace,
367 or even ubiquitous, in polymorphic labile threshold traits. This is because such traits are expected
368 to maintain substantial additive genetic variation in liability. This in turn is because selection on
369 genetic variants that do not immediately cause overall liability values to cross the threshold (or
370 hence cause any change in phenotype) is expected to be weak, even given strong directional
371 selection on phenotype, and especially if liability is highly polygenic (Roff 1994a, 1996, 1998a,b).
372 Intrinsic negative frequency-dependent selection on underlying genetic variants can also arise,

373 further contributing to a relatively high expected mutation-selection balance, alongside effects
374 of drift in small populations (Roff 1998a). Resulting maintenance of substantial additive genetic
375 variation has, implicitly, been shown for liability-scale reaction norm intercepts (Roff 1994a,
376 1998a), but similar processes might also affect liability-scale reaction norm slopes. This is because
377 considerable genetic variation in slope could exist yet have little or no phenotypic effect, and
378 hence be effectively shielded from selection (Figure 2C, Supporting Information S3).

379 Given some regime of stochastic and/or predictable environmental variation, populations
380 could therefore readily comprise mixtures of highly phenotypically plastic and highly canalized
381 individuals (Figures 2C,D,E, Table 2). No further explanations, such as negative frequency-
382 dependent selection on expression of plasticity coupled with positive feedbacks that reduce
383 expression costs (Wolf et al. 2008; Wolf and Weissing 2010), or complex mechanisms driving
384 evolution of multiple distinct tactics (Engqvist and Taborsky 2016), are necessarily required
385 (Hazel et al. 2004, although such effects could additionally apply). Hence, while cross-
386 environment phenotypic canalization of continuously distributed traits effectively requires
387 fixation of genetic variants that reduce reaction norm slopes and make traits robust to
388 environmental variation (Ehrenreich and Pfennig 2016), such fixation is not required to generate
389 a highly phenotypically canalized threshold trait. Co-existence of canalized and phenotypic plastic
390 individuals, and transitions between apparent canalization and plasticity given environmental
391 changes, are consequently relatively straightforward to explain at both population and individual
392 levels, and could rapidly occur without need for complex mechanisms or substantial mutation or
393 gene flow.

394

395 **Selection**

396 The occurrence of directional selection for or against expression of labile phenotypic plasticity in
397 a threshold trait (i.e. higher or lower fitness in individuals that sequentially express both
398 alternative phenotypes) could imply that individuals with liability intercepts close to the
399 threshold have higher or lower fitness respectively than individuals with liability intercepts
400 further away. Directional selection for or against phenotypic plasticity could consequently induce
401 stabilising or disruptive selection on liability intercept if the distribution of liabilities substantially
402 spans the threshold (Figure 3A,B), or directional selection if the distribution only marginally spans
403 the threshold. The form of selection on liability induced by selection on phenotypic plasticity
404 could therefore depend on the liability distribution and hence change with the progress of
405 evolution, even if the form of selection on expression of phenotypic plasticity does not change at
406 all.

407 Eras of directional selection on phenotypic plasticity that cause directional, stabilising or
408 disruptive selection on the liability intercept could then respectively reduce additive genetic
409 variation, or increase additive genetic variation and even generate bimodal distributions (Figure
410 3A,B). Unlike with continuously distributed traits, evolution of phenotypic plasticity (whether
411 developmental and/or labile) could then proceed solely through evolution of distributions of
412 reaction norm intercepts, irrespective of slopes (Table 2).

413 But, complex forms of liability-scale GxE that facilitate or prevent expression of
414 phenotypic plasticity could also conceivably evolve. For example, individuals with liability
415 intercepts close to or far from the threshold could in principle have liabilities that are
416 differentially sensitive to environmental variation, implying evolution of some form of intercept-

417 slope covariance for the liability-scale reaction norm (Figure 3C,D). Directional selection for or
418 against expression of phenotypic plasticity could therefore potentially generate non-zero
419 liability-scale GxE rather than eradicate it, which is opposite to basic expectations for
420 continuously distributed traits (Figure 1D, Table 2). The presence of non-zero liability-scale GxE
421 could then serve to prevent expression of phenotypic plasticity rather than necessarily define
422 variation in its presence.

423 Since the intercept of the overall individual liability-scale reaction norm could depend on
424 the form of developmental plasticity (Figure 2C), such outcomes will depend on the full
425 quantitative genetic architecture of the liability-scale G-matrix, including genetic covariances
426 between reaction norm slopes for developmental versus labile plasticity. Evolution of such
427 complex liability-scale quantitative genetic architectures (Figure 3) would likely require
428 consistently strong selection for or against phenotypic plasticity. But, such selection might be
429 expected to be stronger for labile threshold traits than for continuously distributed traits, since
430 there could be substantial induced and/or constitutive costs, or benefits, associated with
431 switching between alternative phenotypic states.

432

433 **Phenotypic inheritance**

434 Threshold traits could also generate distinctive patterns of apparent inheritance of phenotypic
435 plasticity or canalization, manifested as parent-offspring resemblance (Table 2). Such patterns
436 could arise because the threshold trait structure translates additive genetic effects on liability
437 into non-additive genotypic effects on observed phenotypes (Gianola 1982; Lynch and Walsh
438 1998 Ch.25).

439 Specifically, reproduction between parents with different highly canalized discrete
440 phenotypes, resulting from liability intercepts far from the threshold on opposite sides, could
441 readily generate highly phenotypically plastic offspring. This is because resulting offsprings'
442 liability intercepts could be close to the threshold, meaning that their phenotypes change in
443 response to any small environmental deviation. Maintenance (or elimination) of phenotypic
444 plasticity will therefore partly depend on the degree of assortative (or disassortative) mating with
445 respect to canalized parental phenotypes. If both alternative phenotypes are expressed in a
446 population, then phenotypic plasticity could be hard to eradicate, even given very strong
447 selection against it, unless there is strong assortative mating. Equally, given standard inheritance
448 of liability with Mendelian sampling variance (reflecting segregation and recombination), it could
449 be hard to eradicate expression of both (relatively) canalized phenotypes even given strong
450 selection for phenotypic plasticity. Genetic variation for plasticity (and for canalization) in
451 threshold traits is consequently unlikely to be purged as readily as could be the case for
452 continuously distributed traits (e.g. van Buskirk and Steiner 2009; Saltz et al. 2018). Rather,
453 selection for or against phenotypic plasticity could potentially drive indirect selection on the
454 mating system, where optimal mate choice given any regime of selection on plasticity could
455 depend on the degree of phenotypic plasticity of any focal individual.

456 Finally, if females and males have different mean liability intercepts and hence show
457 different phenotype frequencies (i.e. phenotypic sexual dimorphism), then deceptive patterns of
458 phenotypic variation could arise, which could be incorrectly interpreted to imply sex-specific
459 genetic architectures or other causes of phenotypic variation (e.g. Lynch and Walsh 1998 Ch.25).
460 For example, individuals of whichever sex has mean liability intercept closer to the threshold

461 could be more phenotypically plastic, even without any sex-specific effects on liability-scale
462 reaction norm slopes. Evidence of apparent sex-specific genetic dominance reversals at large-
463 effect loci could also arise, even in the absence of such effects. This is because genetic effects
464 that are purely additive on the liability scale, and identical in both sexes, can become non-additive
465 on the observed phenotypic scale, with forms that differ between the sexes if mean liabilities
466 differ (Supporting Information S4).

467

468 ***Discussion***

469 The potential for threshold traits to show distinctive properties of phenotypic plasticity
470 compared to traits that are continuously distributed on observed phenotypic scales, including
471 differing patterns of expression, genetic variation, selection and apparent inheritance, has
472 numerous implications for rationalising and predicting phenotypic, population and evolutionary
473 dynamics in the contexts of environmental variation and change. Core premises of theory
474 concerning continuously distributed traits include that genetic variation in phenotypic plasticity
475 equates to genetic variation in reaction norm slopes, constituting GxE; that directional selection
476 for or against plasticity will cause evolutionary changes that respectively increase or decrease
477 reaction norm slopes; that fixation of phenotypic canalization or of some degree of plasticity
478 implies erosion of GxE; and that observed degrees of plasticity are directly inherited following
479 standard (additive) quantitative genetic expectations (Table 2). Such properties underpin
480 mathematical and verbal explorations of how combinations of plasticity and micro-evolution can
481 allow mean values of continuously distributed traits to re-match changing environmentally-
482 determined optima, and thereby ‘rescue’ declining populations by restoring the previous

483 ecological status quo (Nussey et al. 2007; Lande 2009; Ashander et al. 2016; Chevin and Hoffmann
484 2017; Arnold et al. 2019a; Kelly 2019). But, such properties and outcomes do not necessarily
485 apply to threshold traits, where inherited reaction norms are postulated to act on latent liability
486 scales.

487 For such traits, genetic variation in phenotypic plasticity does not necessarily require
488 genetic variation in liability-scale reaction norm slopes; evolution of the degree of phenotypic
489 plasticity could potentially occur through changing intercepts rather than necessarily slopes;
490 strong directional selection on phenotypic plasticity could conceivably generate rather than
491 erode complex forms of liability-scale GxE; and substantial phenotypic plasticity could readily re-
492 emerge in offspring of highly phenotypically canalized parents, generating persistent population-
493 wide variation in plasticity (Table 2). New theory will consequently be required to rationalise and
494 predict joint phenotypic, population and evolutionary dynamics involving plastic threshold traits,
495 and thereby discern how such traits could act to rescue populations by flexible switching between
496 alternative phenotypic and ecological states rather than by restoring the status quo.

497 Some progress can be achieved through mathematical theory, aiming to formalise basic
498 principles that are currently outlined verbally (Table 2) and identify conditions under which they
499 apply (e.g. Hazel et al. 2004). For example, population frequencies of phenotypically plastic
500 versus canalized individuals, and resulting opportunities for selection, will presumably depend
501 on relative magnitudes of additive genetic means and (co)variances in liability-scale reaction
502 norm intercepts and slopes alongside micro-environmental variances. Evolved intercepts and
503 slopes, and resulting environmental variances, will in turn affect the impact of selection and the
504 consequent maintenance of (cryptic) genetic variation. However, the fact that existing

505 evolutionary theory involving plasticity explicitly focuses on linear phenotypic reaction norms to
506 facilitate mathematical tractability (e.g. Lande 2009, 2019; Ashander et al. 2016) implies that
507 dynamics involving threshold traits will be less readily tractable. Advances may consequently
508 require numerical or individual-based simulations, which can more readily encompass key
509 features such as intrinsically dynamic impacts of selection and genetic (co)variances in relation
510 to phenotype frequencies, and dependence of plasticity on forms of assortative mating.
511 Simulations have previously been used to examine basic properties of threshold traits, such as
512 the maintenance of substantial additive genetic variation in liability through selection-mutation-
513 drift balance despite strong directional selection (Roff 1998a), evolution of threshold traits from
514 continuously varying traits (Chevin and Lande 2013), and interacting effects of indirect selection,
515 environmental variation and assortative mating (de Zoeten and Pulido 2020). However, such
516 approaches have not yet been applied to explicitly consider evolutionary dynamics of threshold
517 trait plasticity.

518

519 **Applicability of the threshold trait model**

520 Justification for developing theory for dynamic threshold traits requires that key traits that show
521 discrete alternative phenotypes do reasonably conform to the threshold trait model. While latent
522 liabilities cannot, by definition, be directly observed, the basic adequacy of the threshold trait
523 model has been well demonstrated through quantitative genetics studies based in animal
524 breeding and medicine, alongside experiments in evolutionary biology, which show that
525 observed patterns of phenotypic variation and micro-evolution concur with theoretical
526 predictions (Gianola 1982; Falconer and Mackay 1996; Roff 1994b, 1996; Lynch and Walsh 1998).

527 However, such work has predominantly focused on initial development, not on labile phenotypic
528 plasticity (but see Negussie et al. 2012). Formalising theory and predictions for labile plasticity
529 could therefore provide opportunities to evaluate the applicability of the threshold model to
530 dynamic discrete traits in wild populations, and highlight pertinent parameters that need to be
531 estimated. Such theory could then provide relatively straightforward explanations for complex
532 observed patterns of phenotypic variation that are otherwise puzzling or require some specific
533 or idiosyncratic explanation.

534 As one broad example, dichotomous expression of seasonal migration versus year-round
535 residence in partially migratory systems is a critical trait in the context of understanding
536 population responses to environmental variation and change. Here, any change in phenotype
537 frequencies, whether due to micro-evolution, plasticity and/or micro-evolution of plasticity, will
538 directly alter seasonal population dynamics and distributions (Reid et al. 2018). Migration versus
539 residence has long been conceptualised as a threshold trait, underpinned by combinations of
540 genetic and environmental effects (Berthold 1988; Pulido 2011; Dodson et al. 2013). Classic work
541 on blackcaps (*Sylvia atricapilla*) used breeding designs and artificial selection to show that liability
542 for migration (as expressed in captivity) is highly heritable and positively genetically correlated
543 with measures of migratory activity, and hence that phenotypic expression of migration or
544 residence could be rapidly eliminated and regained (Berthold 1988; Pulido 1996, 2011; de Zoeten
545 and Pulido 2020). Recent analyses of partially-migratory European shags (*Phalacrocorax*
546 *aristotelis*) revealed patterns of among-individual and within-individual phenotypic variation (i.e.
547 labile plasticity) that are also highly consistent with verbal predictions from the threshold trait
548 model. Specifically, focal populations comprise mixtures of individuals that are non-breeding

549 season migrants or residents (representing two alternative phenotypes), alongside individuals
550 that switch between resident and migrant states part-way through the non-breeding season
551 which can be viewed as expressing within-season phenotypic plasticity (Reid et al. 2020; Acker et
552 al. in review). High between-year repeatability is evident, such that individuals that migrate,
553 remain resident or switch within one non-breeding season are highly likely to do the same again
554 in subsequent non-breeding seasons, with the expected positive associations between
555 phenotype frequency and repeatability (Reid et al. 2020; Acker et al. in review). Yet, between-
556 year plasticity also occurs and is correlated with within-season plasticity, such that individuals
557 that switch between residence and migration within any one non-breeding season are more likely
558 to switch to residence or full-season migration in subsequent non-breeding seasons. This concurs
559 with the expected correlation in plasticity across temporal scales (Acker et al. in review). These
560 analyses also revealed episodes of selection for or against within-season plasticity, that varied
561 substantially among years in relation to environmental conditions. Such fluctuating selection
562 implies variable costs of plasticity, and resulting episodes of directional, stabilising and disruptive
563 selection on underlying liability (Reid et al. 2020; Acker et al. in review).

564 Other partially-migratory systems also show mixtures of phenotypically canalized and
565 plastic residents and migrants, with different levels of individual variation and repeatability
566 across timescales, for example regarding diel feeding movements in burbot (*Lota lota*, Harrison
567 et al. 2017), and seasonal migration versus residence in roach (*Rutilus rutilus*, Brodersen et al.
568 2014). Such patterns are commonly discussed in the broad context of the threshold trait model
569 (e.g. Dodson et al. 2013), but not explicitly tested against qualitative or quantitative predictions.
570 For example, resident elk (*Cervus elaphus*) were more likely to switch to migration across years

571 than vice versa in a population where residence was the more frequent tactic, and some
572 individuals switched repeatedly (Eggeman et al. 2016). These patterns concur with expectations
573 given the threshold trait model, yet were not explicitly considered in that context.

574 Further, apparent non-additive genotypic effects on migration (and associated age at
575 reproductive maturity) have been documented in Atlantic salmon (*Salmo salar*), and interpreted
576 as sex-specific genetic dominance reversals at a large-effect locus which serve to resolve sexual
577 conflict (Barson et al. 2015; Czorlich et al. 2018). However, since migration timing shows
578 substantial sexual dimorphism, similar patterns of phenotypic variation could readily arise given
579 a predominantly quantitative genetic threshold trait with sex-specific mean liability intercepts
580 and sex-independent co-dominance at the large-effect locus, and hence without requiring any
581 sex-specific dominance reversal (Supporting Information S4). Finally, while assortative mating
582 has been suggested to facilitate evolution of distinct migratory types within sympatric breeding
583 populations (Bearhop et al. 2005; de Zoeten and Pulido 2020), the implication that such mating
584 could reduce phenotypic plasticity in offspring has not been discussed. There is consequently
585 considerable scope for tighter quantitative interpretation, or re-interpretation, of diverse
586 empirical results in the context of the threshold trait model, regarding seasonal migration, and
587 regarding numerous other labile dichotomous traits.

588

589 **Estimation of key parameters**

590 Given that observed patterns of phenotypic variation broadly conform to expectations for
591 threshold traits, the next challenge is to explicitly estimate key quantitative genetic parameters
592 comprising additive genetic (co)variances in intercepts and slopes of liability-scale reaction

593 norms. Such estimates have sometimes been obtained by considering other relevant and directly
594 observable continuously distributed phenotypic traits as proxies of the (unobserved) liability. For
595 example, juvenile hormone titres have been interpreted as liability to develop winged versus
596 wingless forms in hemimetabolous insects (Roff 1994b), and body size has been interpreted as
597 liability to produce particular morphological forms or enact particular reproductive strategies in
598 fish (Dodson et al. 2013). However, such observable proxy traits are unlikely to simply equate to
599 liability, and are best viewed as additional traits that could be genetically correlated with liability
600 (Roff and Fairbairn 2007; Debes et al. 2020). In general, such correlated traits could induce or
601 constrain multivariate evolution, including evolution of overall plasticity (e.g. Lande 2019).
602 Resulting indirect selection on threshold trait liabilities could have particularly important effects,
603 by effectively exposing otherwise cryptic genetic variation to selection (e.g. de Zoeten and Pulido
604 2020).

605 Indeed, it is not necessary to measure any observable proxy trait in order to infer key
606 quantitative genetic parameters for the latent liability underlying a threshold trait (Falconer and
607 Mackay 1996). Rather, parameters representing liability-scale reaction norm intercepts and
608 slopes can in principle be directly estimated given observations of dichotomous phenotypes
609 expressed by relatives across environments. This can be achieved by utilizing statistical
610 machinery that is now well established in the form of generalized linear mixed models (de
611 Villemereuil et al. 2016). Here, a specified function links observations of discrete phenotypes to
612 underlying latent values, which could in turn be modelled as any function (i.e. reaction norm) of
613 environmental variables or other covariates of interest. Such formulations of the threshold trait
614 model are well established in statistical and quantitative genetics theory, and are explicitly

615 enacted using a probit link (i.e. representing an inverse cumulative normal distribution, Gianola
616 1982; Hadfield 2015; de Villemereuil et al. 2016; Germain et al. 2018; Debes et al. 2020). Yet, the
617 implications and interpretations of such analyses for concepts of latent versus phenotypic
618 plasticity are still surprisingly infrequently explicitly discussed.

619 Rather, evolutionary ecologists interested in environment-dependent expression of
620 dichotomous traits have reformulated the standard threshold trait model into the '(latent)
621 environmental threshold model' (Hazel et al. 2004; Tomkins and Hazel 2007; Pulido 2011; Buoro
622 et al. 2012; Buzatto et al. 2015). Here, the focal evolving trait is defined as the point on some
623 known environmental axis (or 'cue') at which each individual or lineage's phenotype changes
624 state, envisaged as a genetically controlled threshold value. Hence, in contrast to the standard
625 threshold trait model, the environmental threshold model assumes that the environmental axis
626 exerts equal effects across individuals and lineages, while the threshold value can show additive
627 genetic variation and evolve (Tomkins and Hazel 2007; Buoro et al. 2012; Buzatto et al. 2015).
628 The standard threshold trait model and the environmental threshold model are equivalent (i.e.
629 re-parameterisations of the same conceptual model) in the special case where there is zero
630 liability-scale GxE given the standard threshold model, and hence a cross-environment genetic
631 correlation of 1 (i.e. zero variation in latent plasticity, Roff 1994b; Hazel et al. 2004; Tomkins and
632 Hazel 2007). The point at which an individual or lineage's liability crosses the fixed threshold (i.e.
633 its observed threshold value), is then directly related to its liability intercept (e.g. Figure 2D).
634 Consequently, the environmental threshold model formulation has motivated empirical
635 investigations of whether the condition of zero GxE in liability (or in some proxy trait) is
636 approximately valid (Roff 1994b).

637 However, if one ambition is to rationalise and predict evolutionary dynamics of plasticity,
638 then it seems highly restrictive to formulate analyses and conceptual developments through a
639 model that assumes zero liability-scale GxE. In fact, there is no need to make such an assumption,
640 which arises because the environmental threshold model considers environmental and genetic
641 effects on separate orthogonal axes of cues versus thresholds. This structure can be eliminated
642 by considering joint genetic and environmental effects on the same latent liability, by formulating
643 liability-scale reaction norms that could include GxE (Figure 2C). Indeed, the possibility of both
644 environmental and genetic effects on liability was already fully embedded in the original
645 quantitative genetic threshold trait model, for example yielding theory on heritability on latent
646 liability (and observed phenotypic) scales (Dempster and Lerner 1950; Lynch and Walsh 1998
647 Ch.25). Here, the heritability represents the ratio of genetic to total variance, and the total
648 variance typically includes a substantial component of environmental variance (Roff 1996).
649 Formulation of a distinct (latent) environmental threshold model is consequently not really
650 necessary, and has invoked additional restrictive assumptions (Roff 1994b; Hadfield 2015).
651 Meanwhile, some papers that are written in terms of the environmental threshold model in fact
652 approximately implement the standard threshold model, including interacting latent-scale
653 genetic and environmental effects (e.g. Ostrowski et al. 2000).

654

655 **Interpretations and implications**

656 Given that intrinsic properties of phenotypic plasticity and plasticity evolution could differ
657 markedly between threshold traits and continuously distributed traits (Table 2), it is important
658 that traits of biological interest are not mis-conceptualised (e.g. true threshold traits treated as

659 continuously distributed traits), at least without considering the implications of such conversions.
660 It might seem implausible that true discrete and continuous traits could be confused or inter-
661 changed. However, given labile phenotypic plasticity, the distinction between the two may not
662 always be clear and may be a matter of biological interpretation.

663 For example, the seasonal timing of key life-history events, such as breeding, is now a
664 major focus for theoretical and empirical work on plasticity and evolutionary dynamics in relation
665 to environmental change (Nussey et al. 2007; Lof et al. 2012; Inouye et al. 2019; Radchuk et al.
666 2019). Here, the focal trait is commonly defined, measured and analysed as the observed date of
667 event (e.g. egg laying in birds, parturition in mammals, flowering date in plants), which is
668 continuously distributed (e.g. Arnold et al. 2019a,b; Inouye et al. 2019; de Villemereuil et al.
669 2020). However, biologically, these observed events represent the dates on which individuals
670 switch between approximately discrete phenotypic states (e.g. ‘non-breeding’ and ‘breeding’).
671 They could consequently be viewed as manifestations of a threshold trait with labile plasticity,
672 where most or all individuals cross the threshold for reproduction at some point during a season.
673 Quantitative genetic analyses that treat observed date as the focal trait are then effectively using
674 the environmental threshold model, implicitly invoking the assumption of zero liability-scale GxE.
675 This could hinder appropriate evolutionary inference, especially when the objective in studying
676 breeding date is to test for, or evaluate the implications of, non-zero GxE (e.g. Nussey et al. 2007;
677 Charmantier and Gienapp 2014). Further, ‘date’ is unlikely to be the primary driving
678 environmental variable; indeed mean breeding dates commonly vary substantially among years,
679 implying that liability-scale reaction norms shaping the transition to breeding respond to other
680 environmental variable(s) (e.g. Lof et al. 2012; Inouye et al. 2019; de Villemereuil et al. 2020).

681 Micro-evolutionary analyses that treat observed event dates as continuously distributed traits, if
682 in fact the true underlying biology is a threshold trait with labile plasticity, might consequently
683 give incomplete or erroneous predictions of evolutionary dynamics, at least under some
684 circumstances. Indeed, breeding dates often do not show expected micro-evolutionary
685 responses to observed directional selection, which has been suggested to reflect additional
686 environmental or genetic constraints (de Villemereuil et al. 2020). Yet, while studying phenology
687 in terms of time to event and associated reaction norms rather than simply observed events has
688 been advocated (Gienapp et al. 2005; Inouye et al. 2019), the merits and practicalities of treating
689 events as manifestations of a plastic threshold trait have scarcely been explicitly considered.

690 Overall, therefore, future empirical ambitions should be to fully exploit recent conceptual
691 and empirical developments in evolutionary quantitative genetics to explicitly estimate key
692 parameters defining liability-scale reaction norms and resulting expression of threshold traits,
693 and estimate genetic covariances with other traits and components of fitness. Such analyses will
694 require substantial data on discrete phenotypes of relatives and non-relatives distributed across
695 representative environments, and will therefore require appropriate multivariate axes of
696 environmental variation driving developmental and/or labile plasticity to be measured or
697 imposed. Such advances will be challenging, but will be necessary in order to predict how
698 complex dynamics of discrete traits can drive phenotypic, population and evolutionary responses
699 to environmental variation and directional change.

700

701

702

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917 **Table 1.** Summary of key terminology.

Term	Definition
Phenotypic plasticity	Ability of single genotypes to produce different phenotypes in different environments, resulting in directly observable phenotypic variation across environments.
Developmental plasticity	Plasticity in traits that are permanently and non-reversibly expressed once in an individual’s life, through environment-dependent initial development. Directly evident when individuals from the same lineage are exposed to different initial environmental conditions, resulting in permanent <i>among-individual</i> variation.
Labile plasticity	Plasticity in traits that are repeatedly and hence potentially reversibly re-expressed multiple times through an individual’s life. Directly evident when individuals experience changing environmental conditions, resulting in longitudinal <i>within-individual</i> variation.
Threshold trait	A trait that shows two (or more) discrete phenotypic states, where phenotypic expression directly depends on the value of an underlying ‘liability’ relative to a threshold.
Liability	A latent quantitative genetic trait that can comprise genetic and environmental components, and that translates deterministically into expression of alternative discrete phenotypes when above versus below a threshold.

Latent plasticity	Environmentally-induced variation in liability. Such latent plasticity is not necessarily manifested as observable phenotypic plasticity, depending on whether it causes the liability to cross the threshold. Latent plasticity can be developmental and/or labile.
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935 **Table 2.** Summary of key differences between typically assumed properties of traits that are
 936 continuously distributed on observed phenotypic scales (left column) versus properties of
 937 discrete threshold traits (right column), regarding (A) genetic variation in phenotypic plasticity,
 938 (B) phenotypic variation in phenotypic plasticity; (C) selection on phenotypic plasticity; and (D)
 939 apparent inheritance of phenotypic plasticity.

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	Continuously distributed traits	Threshold traits
(A)	<ul style="list-style-type: none"> • Genetic variation in phenotypic plasticity requires genetic variation in reaction norm slopes, and hence requires gene-by-environment interactions (GxE) on the observed phenotypic scale. • Such GxE, and hence genetic variation in phenotypic plasticity, will not necessarily be present. • GxE could be eroded by directional or stabilising selection on phenotypic plasticity, and hence on reaction norm slope. Long-term maintenance of additive genetic variation (and hence phenotypic variation) in phenotypic plasticity may therefore require further explanations. 	<ul style="list-style-type: none"> • Genetic variation in phenotypic plasticity could result from genetic variation in liability-scale reaction norm intercepts. It does not necessarily require genetic variation in reaction norm slopes, or hence require gene-by-environment interactions (GxE), on the liability scale. • If there is genetic variation in liability intercept, and phenotypic variation, there is likely to be genetic variation in phenotypic plasticity. • Substantial additive genetic variation in intercepts and/or slopes of liability-scale reaction norms could potentially be maintained even given consistent strong directional selection. Genetic variation in phenotypic plasticity may therefore be revealed given environmental variation or change, and require little further explanation.

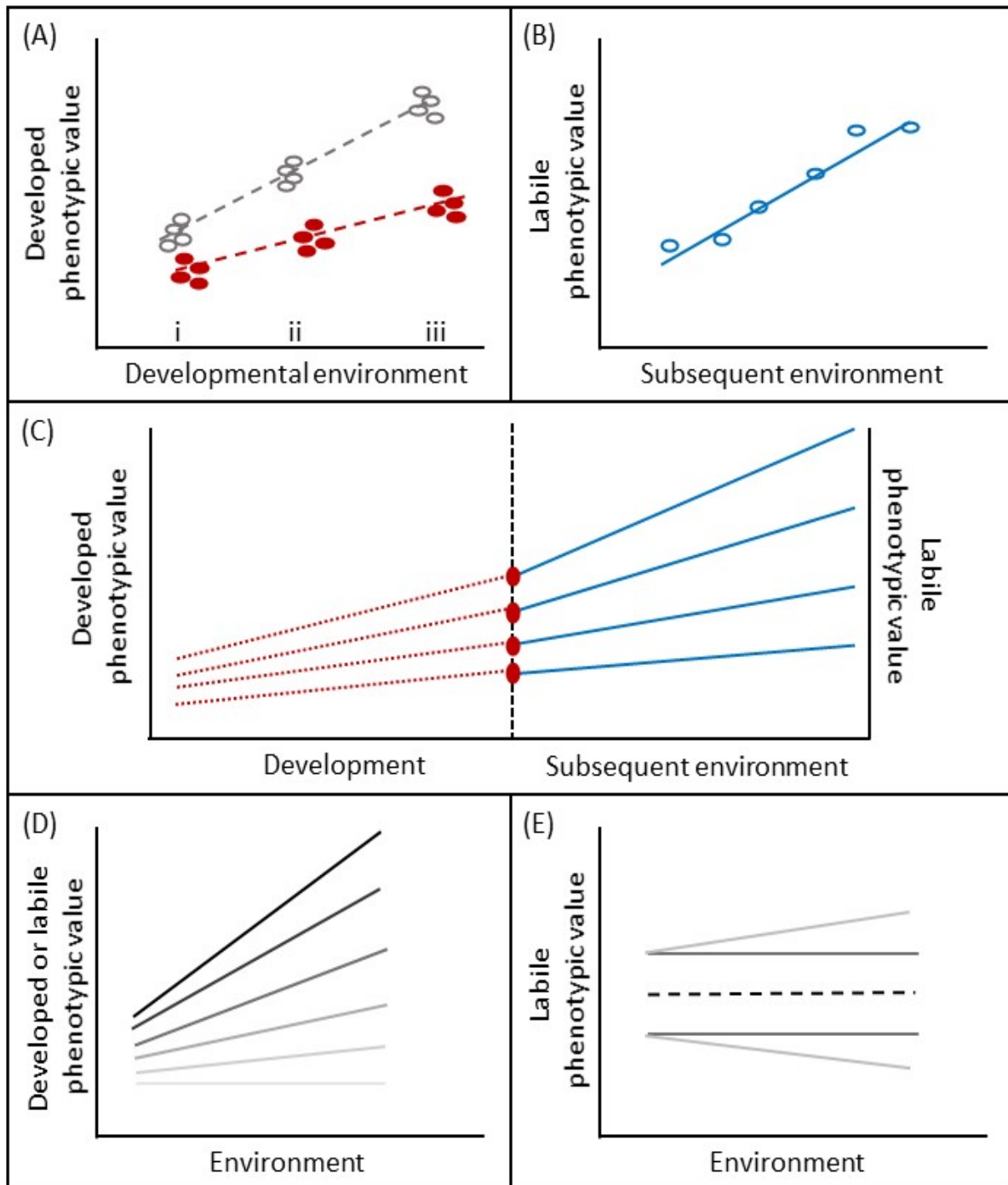
	<ul style="list-style-type: none"> •With non-zero GxE and linear reaction norms and stabilizing selection on phenotypes in typical environments, additive genetic variation in phenotype can readily be greater in extreme environments, facilitating rapid evolutionary responses to selection. 	<ul style="list-style-type: none"> •Genetic variation in phenotype will not necessarily increase, and could easily decrease towards zero, in extreme environments.
(B)	<ul style="list-style-type: none"> •A persistent mixture of highly phenotypically plastic and strongly environmentally canalized genotypes or individuals requires some further explanation (e.g. disruptive or negative frequency-dependent selection on reaction norm slope). •The degree of phenotypic plasticity or canalization defined by the reaction norm slope can, in principle, be independent of the reaction norm intercept, and hence of population mean phenotype. 	<ul style="list-style-type: none"> •A persistent mixture of highly phenotypically plastic and strongly environmentally canalized genotypes or individuals is likely. It requires little further explanation beyond some mechanism maintaining variation in liability that spans the threshold, and resulting expression of each alternative phenotype. •The mean degree of canalization (and hence repeatability) of a particular discrete phenotype is linked to the mean liability-scale reaction norm intercept, and is expected to increase with phenotype frequency.
(C)	<ul style="list-style-type: none"> •Consistent directional selection for or against phenotypic plasticity will cause consistent directional selection on reaction norm slope. 	<ul style="list-style-type: none"> •Consistent directional selection for or against phenotypic plasticity could potentially cause stabilising or disruptive selection on liability intercept. The form of selection on liability could change as evolution progresses.

	<ul style="list-style-type: none"> •Such selection could gradually erode GxE. 	<ul style="list-style-type: none"> •Such selection could potentially drive evolution of complex forms of liability-scale GxE and intercept-slope covariances.
(D)	<ul style="list-style-type: none"> •Reproduction between highly canalized parents, or parents with opposite reaction norm slopes, will typically result in highly phenotypically canalized offspring. Highly canalized parents cannot readily produce highly phenotypically plastic offspring. •Mutation or gene flow would be required to regenerate plasticity in canalized populations. 	<ul style="list-style-type: none"> •Reproduction between highly phenotypically canalized parents with different fixed phenotypes can readily result in highly phenotypically plastic offspring. Selection for or against plasticity may consequently impose indirect selection on mate choice. •Phenotypic plasticity (or canalization) could be hard to eradicate even given strong selection against it.

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953 **Figure 1.** Illustrations of phenotypic plasticity in continuously distributed quantitative traits
954 conceptualised as: (A) the change in mean phenotype when different individuals from split
955 families or clones are exposed to different discrete environments (labelled i-iii), typically
956 focussing on developmental plasticity. Red and grey points depict individuals from two different
957 lineages. Dashed lines depict the lineage reaction norm for developmental plasticity, assumed to
958 be effectively linear. Here, the grey lineage has a higher reaction norm intercept (and hence mean
959 phenotypic value) and also a steeper reaction norm slope, implying greater developmental
960 plasticity; (B) the change in phenotype when a single individual is exposed to different
961 environments within a continuous range of variation, representing labile plasticity. Blue points
962 depict repeat observations of the individual, and the solid line depicts the individual reaction
963 norm for labile plasticity inferred from linear regression of phenotype on environment, with
964 micro-environmental deviations; (C) overall reaction norm intercepts, slopes and their covariance
965 measured among and within four individuals. Red points depict individuals' developed
966 phenotypes in a reference environment (as in A, shown here as the intercepts of individuals'
967 overall reaction norms, but could be standardised to a mean environment). Red dotted lines
968 depict the development process, shaped by the intercept and slope of the underlying reaction
969 norm for developmental plasticity. Blue lines depict individuals' reaction norms for labile
970 plasticity (as in B). Non-parallel lines could indicate gene-by-environment interactions (GxE,
971 Supporting Information S2). Slopes of reaction norms for developmental and labile plasticity
972 could also be correlated. (D) Scenario of directional selection on reaction norm slope, where
973 lineages or individuals with steep positive slopes have higher (or lower) fitness than those with
974 shallow slopes, with relative fitness denoted by differing shades of grey. Lower fitness lineages

975 would gradually be selected out, reducing GxE. In the depicted example, directional selection on
976 slope could also cause or be caused by indirect selection through correlated intercepts. (E)
977 Expected patterns of additive genetic inheritance, where pairs of parents with different reaction
978 norm intercepts and slopes close to zero (dark grey lines) or slopes with opposite signs (light grey
979 lines) produce offspring with intermediate intercepts and slopes close to zero (dashed line).



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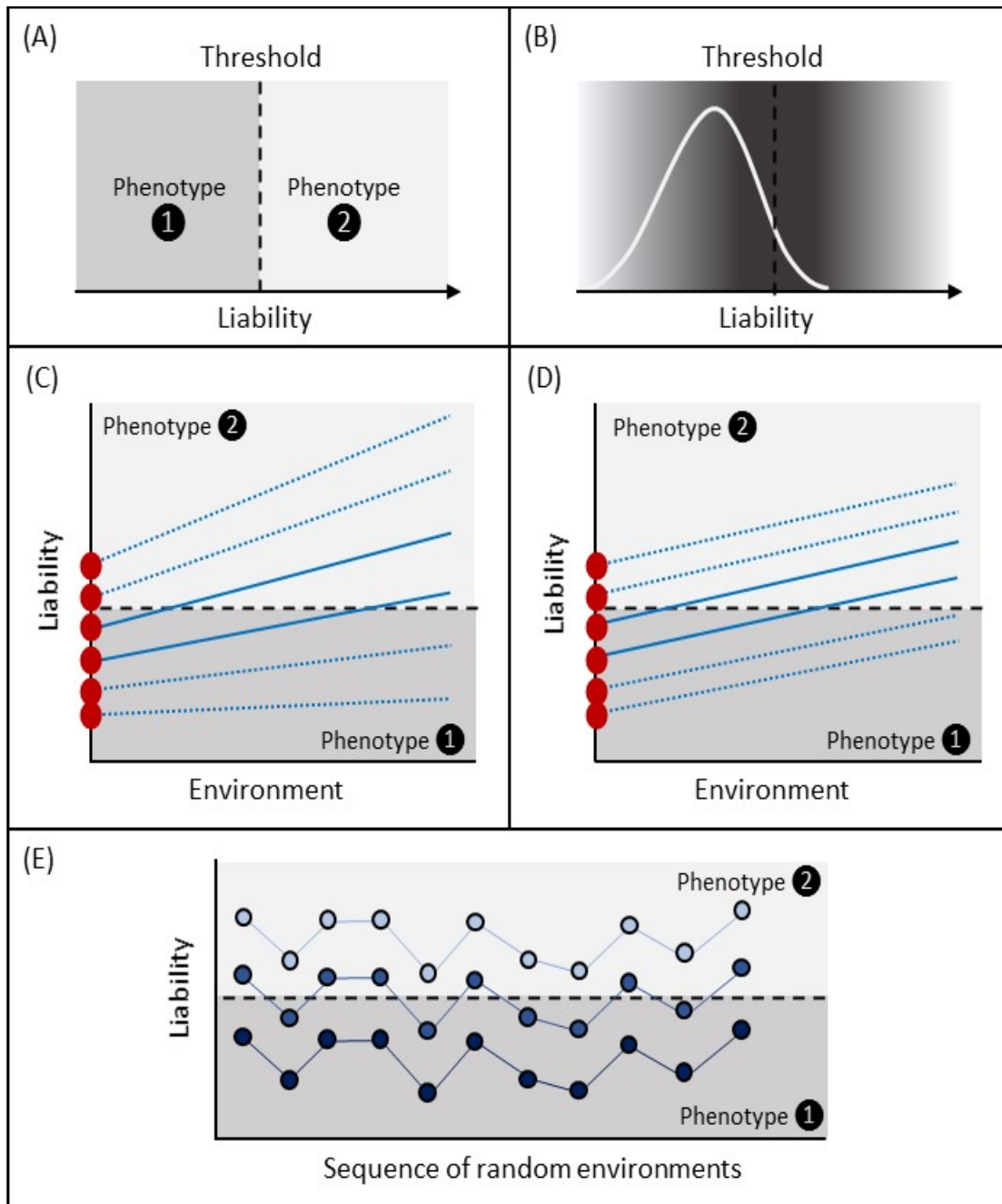
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985 **Figure 2.** (A) Basic concept of a threshold trait, where liability values below and above a threshold
986 (dashed line) translate deterministically into discrete phenotypes ① and ② (zones of lighter
987 and darker grey shading) respectively. This concept can be extended to traits with multiple
988 discrete phenotypes, given further thresholds. (B) Individuals with initial liabilities near the
989 threshold (dark grey shading) are likely to be phenotypically plastic, while individuals with initial
990 liabilities far from the threshold (light grey shading) are likely to be phenotypically canalized.
991 Given an approximately Gaussian distribution of liabilities centred away from the threshold
992 (white curve) the more frequently expressed phenotype will include more individuals with
993 liabilities further from the threshold, which are therefore more likely to be phenotypically
994 canalized (i.e. repeatable). (C and D) Individual liabilities in relation to environmental variation
995 (i.e. liability-scale reaction norms), comprising intercepts (red points, which can reflect outcomes
996 of developmental plasticity in liability) and slopes (blue lines, representing labile plasticity in
997 liability). These attributes are analogous to those for continuous phenotypic traits (Figure 1C).
998 Black dashed lines demarcate thresholds distinguishing expression of discrete phenotypes ①
999 and ②. Individuals with reaction norms that cross the threshold within the observed range of
1000 environmental variation show phenotypic plasticity (solid blue lines), while individuals with
1001 reaction norms that do not cross the threshold are phenotypically canalized (dotted blue lines).
1002 There might or might not be among-individual variation in reaction norm slopes for labile
1003 plasticity in liability, representing liability-scale GxE (C versus D). (E) Illustration of high
1004 repeatability of both alternative phenotypes and of phenotypic plasticity. Dark, mid and light blue
1005 points represent liability values, and resulting observed phenotypes (① and ②), across a
1006 timeseries (sequence of occasions) for three different individuals with different liability

1007 intercepts. All three individuals experience similar regimes of environmental variation across
1008 occasions and hence show similar variation in liability, representing responses through similar
1009 liability-scale reaction norm slopes. Nevertheless, the light and dark blue individuals are
1010 repeatable (i.e. canalized) for phenotypes ① and ② respectively, while the mid blue individual
1011 is repeatably phenotypically plastic (i.e. regularly switches between alternative phenotypes
1012 between consecutive occasions).



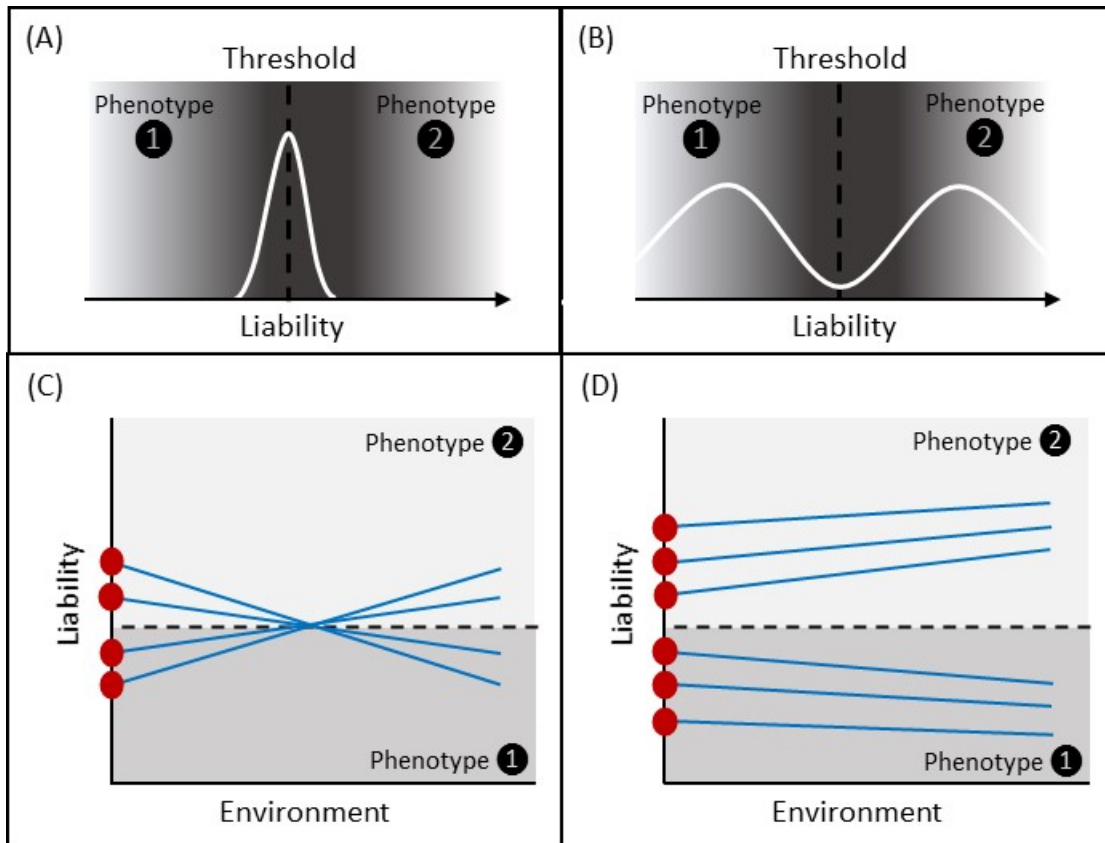
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1018 **Figure 3.** Potential consequences of selection (A and C) for and (B and D) against expression of
1019 labile phenotypic plasticity in a threshold trait for evolution of liability-scale reaction norm (A and
1020 B) intercepts and (C and D) slopes. On A and B, dark and light grey shading respectively indicate
1021 zones where individuals are likely to be phenotypically plastic or canalized respectively. White
1022 curves depict potential distributions of liability-scale reaction norm intercepts following strong
1023 selection (A) for and (B) against phenotypic plasticity, resulting in stabilising and disruptive
1024 selection on intercept respectively. On C and D, phenotypic plasticity occurs when an individual's
1025 liability-scale reaction norm crosses the threshold (black dashed line), causing changed
1026 expression of phenotype ① versus ② (darker versus lighter grey zones). Reaction norm
1027 intercepts and slopes (depicted by red points and blue lines) could become (C) negatively or (D)
1028 positively correlated due to selection for or against phenotypic plasticity. Intercepts might in turn
1029 be shaped by the intercept and slope of the reaction norm for developmental plasticity, and
1030 reaction norms for labile and/or developmental plasticity could also be non-linear.



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Supporting Information

Properties of phenotypic plasticity in discrete threshold traits

Jane M. Reid and Paul Acker

Appendix S1. Basic quantitative genetic formulation of a trait showing both developmental and labile plasticity

Basic formulation of developmental plasticity

In evolutionary quantitative genetics, researchers focusing on developmental plasticity (Table 1, sometimes termed ‘fixed plasticity’ or ‘one-shot plasticity’) commonly formulate the observed value of a focal trait as:

$$z_{Di} = g_{0Di} + g_{1Di} \cdot \epsilon_D + e_{Di} \quad \text{Equation 1}$$

Here, z_{Di} is the developed (i.e. observed) trait value for individual i , and g_{0Di} is individual i 's breeding value for the trait (i.e. the elevation, giving the expected developed phenotype in some reference environment). The slope g_{1Di} describes the change in breeding value when individual i is exposed to some early-life developmental environment ϵ_D , representing a reaction norm for developmental plasticity (assumed to be linear for simplicity). In addition, e_{Di} is a random deviate affecting development and the resulting trait value (e.g. Gavrillets and Scheiner 1993a; de Jong and Gavrillets 2000; Lande 2009, 2015; Chevin and Lande 2010). This deviate is itself a compound effect, which could reflect non-additive genetic effects and/or micro-environmental impacts, and could equally be envisaged as the single phenotypic outcome of any deviation in reaction norm

slope from the breeding value g_{1Di} (e.g. Tonsor et al. 2013). Across a population, g_{0D} , g_{1D} and e_D are typically assumed to be normally distributed with variances that can be estimated. The genetic parameters g_{0D} and g_{1D} could covary, but e_D is assumed to be independent of both.

Basic formulation of labile plasticity

Researchers focusing on labile plasticity (Table 1) commonly formulate observed values of a focal trait as:

$$z_{Lit} = b_{0Li} + b_{1Li} \cdot \epsilon_{Lt} + e_{Lit} \quad \text{Equation 2}$$

Here, z_{Lit} is the observed labile trait value for individual i at time t , and b_{0Li} is individual i 's intercept or elevation for the focal trait (again typically standardised to some reference environment). Meanwhile, b_{1Li} is individual i 's reaction norm slope for labile plasticity and describes the change in trait value when the individual is exposed to some post-development environment ϵ_{Lt} at time t , again representing a linear reaction norm for simplicity (e.g. Dingemans et al. 2010; Arnold et al. 2019). In addition, e_{Lit} is a random deviate affecting post-development trait expression at time t , reflecting micro-environmental impacts.

Given repeated observations on individuals and their relatives, both the intercept and the slope of individuals' reaction norms for labile plasticity can be partitioned into additive genetic and broadly-defined environmental effects, giving:

$$z_{Lit} = (g_{0Li} + e_{0Li}) + (g_{1Li} + e_{1Li}) \cdot \epsilon_{Lt} + e_{Lit} \quad \text{Equation 3}$$

Here, g_{0Li} and g_{1Li} are individual i 's breeding values for the reaction norm intercept and slope, while e_{0Li} and e_{1Li} are individual i 's environmental deviations for the intercept and slope, which

could include non-additive genetic effects and/or permanent environmental effects resulting from the individual's developmental environment. Across a population, reaction norm intercepts and slopes could therefore covary due to genetic covariance (i.e. between g_{0L} and g_{1L}) and/or due to environmental covariance (i.e. between e_{0L} and e_{1L}). Further, there could potentially be gene-by-environment interactions, such that additive genetic effects on the reaction norm slope for labile plasticity (g_{1L}) partly depend on the environmental deviation for the intercept (e_{0L}).

Joint formulation of both developmental and labile plasticity

The standard conceptualisation of labile plasticity (above) assumes that genetic and environmental effects on the reaction norm intercept are additive, with no gene-by-environment interactions. Yet in practice, the full process of initial development, as represented by a developmental reaction norm, could determine the intercept of the reaction norm for labile plasticity. Observed individual reaction norm intercepts could therefore reflect complex underlying additive genetic and environmental effects manifested through developmental plasticity (see also Figure 1C).

In the simplest form, such effects of developmental plasticity on the intercept of the reaction norm for subsequent labile plasticity can be considered by substituting equation 1 into the intercept of equation 3 to give:

$$z_{Lit} = z_{Di} + (g_{1Li} + e_{1Li}) \cdot \epsilon_{Lt} + e_{Lit}$$

$$z_{Lit} = (g_{0Di} + g_{1Di} \cdot \epsilon_D + e_{Di}) + (g_{1Li} + e_{1Li}) \cdot \epsilon_{Lt} + e_{Lit} \quad \text{Equation 4}$$

Equation 4 represents an expression for the value of individual i 's labile phenotype at time t that explicitly encompasses genetic effects on developmental plasticity. Now, the quantitative genetic architecture of trait z is underpinned by a three-parameter G-matrix, comprising additive genetic effects on the intercept and slope for developmental plasticity and the slope for labile plasticity and their covariances, such that:

$$\begin{bmatrix} \sigma_{g0D}^2 & \sigma_{g0D,g1D} & \sigma_{g0D,g1L} \\ \sigma_{g1D,g0D} & \sigma_{g1D}^2 & \sigma_{g1D,g1L} \\ \sigma_{g1L,g0D} & \sigma_{g1L,g1D} & \sigma_{g1L}^2 \end{bmatrix}$$

Here, σ_x^2 and $\sigma_{x,y}$ represent the variance in x and the covariance between x and y respectively.

In addition, there could be gene-by-environment interactions such that additive genetic effects on the reaction norm slope for labile plasticity (g_{1L}) partly depend on the full environmental deviation for the intercept stemming from developmental plasticity (given by $g_{1D} \cdot \epsilon_D + e_D$). There can be no gene-by-environment interactions such that additive genetic effects on the intercept and slope for developmental plasticity (g_{0D} and g_{1D}) depend on environmental deviations for labile plasticity, since such deviations occur after development has been completed. However, the environmental deviation for the reaction norm slope for labile plasticity (e_{1L}) could also potentially depend on the environmental deviation stemming from developmental plasticity.

Extension from current typical treatments

This three-parameter conceptualisation of overall plasticity extends previous quantitative genetic conceptualisations of linear reaction norms, which are effectively two-parameter models. Specifically, numerous theoretical and empirical studies effectively consider intercepts and slopes of reaction norms for developmental plasticity, but do not consider slopes for labile plasticity at all (Gavrilets and Scheiner 1993a,b; Scheiner 2002; Lande 2009). Meanwhile, studies that consider labile plasticity typically consider the overall reaction norm intercept and slope as two parameters, and do not explicitly consider parameters describing the form of developmental plasticity that could underlie the intercept (e.g. Nussey et al. 2007; Dingemanse et al. 2010; Arnold et al. 2019a; but see Lande 2019). They thereby implicitly assume zero additive genetic variation in developmental reaction norm slope, such that developmental effects on overall reaction norm intercepts can be captured as purely additive genetic and environmental effects across individuals. This assumption may sometimes be biologically appropriate, and certainly generates tractable theoretical and statistical models (e.g. Lande 2014; Morrissey and Liefing 2016). However, it contradicts considerable empirical evidence that there is often non-zero additive genetic variance in reaction norm slopes for developmental plasticity (Scheiner 1993, 2002; Pigliucci 2005). It also excludes the possibility of explicitly considering non-zero genetic covariance between reaction norm slopes for developmental and labile plasticity. Fully understanding overall phenotypic and evolutionary dynamics involving plasticity is therefore ultimately likely to require joint consideration of both developmental and labile plasticity and any shared quantitative genetic basis. Equations 3 and 4 also indicate that estimates of g_{0D} and g_{1L} could potentially be biased in empirical quantitative genetic analyses where g_{1D} is not explicitly

modelled. Such effects, and the form of any bias, will depend on the form of the full G-matrix, and on patterns of developmental environmental experiences across relatives.

Application to threshold traits

The reaction norm formulations for developmental plasticity (Equation 1), labile plasticity (Equations 2 and 3) or both (Equation 4) could be envisaged to directly act on the observed phenotypic scale for any continuously distributed focal trait z , or on the latent liability scale of a threshold trait. In the latter case, alternative phenotypes P_1 and P_2 arise when an individual's value of z is less than or greater than some defined threshold value T (which is typically taken as zero). Formally:

If $z_i < T$ then P_1

If $z_i \geq T$ then P_2

Expression of the alternative phenotypes P_1 and P_2 is therefore deterministic given the liability value z_i . Consequently, unlike other conceptual models that directly consider dichotomous traits as outcomes of Bernoulli trials given some underlying probability, the threshold trait model does not necessarily directly envisage probabilistic outcomes or associated intrinsic phenotypic variances. Specifically, if the underlying environmental variable ϵ varies highly predictably, for example reflecting strong seasonality, then phenotypic expression of P_1 versus P_2 will also vary highly predictably conditional on the liability-scale reaction norm parameters. But, if the underlying environmental variable ϵ varies stochastically and can be taken as a random variable with some mean and variance, then each genotype can be envisaged as having a probability of

expressing phenotypes P_1 or P_2 at any time, which can be calculated given parameters describing reaction norms and environmental variation.

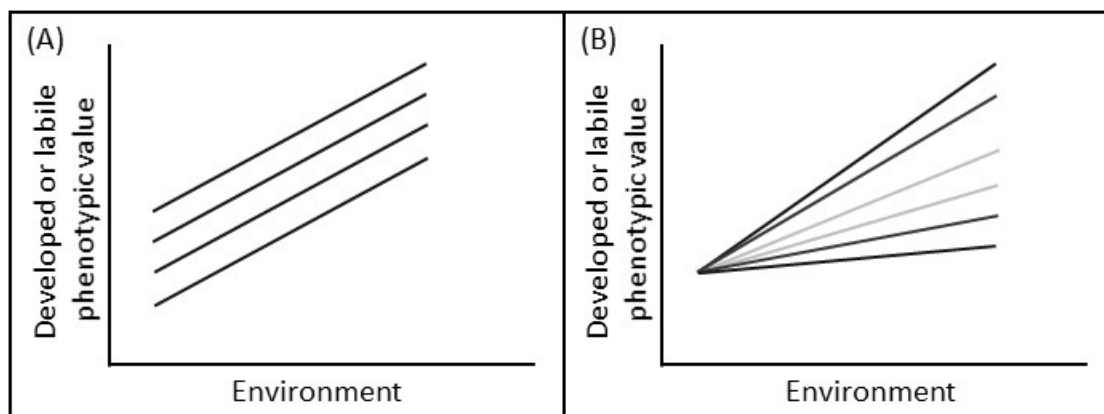
Complexities of conceptualisation and estimation

Equations 1-4 set out a basic framework to conceptualise overall individual reaction norms in terms of both developmental and labile plasticity. However, in practice, numerous complexities could arise in terms of conceptualising overall reaction norms, and estimating key parameters. Reaction norms for developmental and/or labile plasticity might not be simply linear, requiring extra parameters to describe environmental response functions (e.g. Gavrillets and Scheiner 1993; Arnold et al. 2019) which could in turn show genetic covariances. The key environmental variables driving developmental and labile plasticity (ϵ_D and ϵ_L) might or might not be the same and/or could be multivariate, yielding multi-dimensional plasticity (e.g. Westneat et al. 2019) that could affect both the intercept and slope of the overall reaction norm. The intercept (and hence elevation) could be mean-centred, as is standard statistical practice. However, it might make more biological sense to define the intercept as the initial trait expression following development. This could particularly apply if there is autocorrelation in successively expressed values of a labile trait, such that the current value depends partly on previous value(s) (as could arise due to multiple forms of cognitive learning and/or physiological memory). Such alternative definitions of intercepts could substantially affect estimates of intercept-slope covariances. Further, the slope of the reaction norm for labile plasticity might not be fixed across an individual's life but, for example, could be partly age-dependent and/or experience-dependent (e.g. Schaeffer 2011). Finally, regarding transformation of reaction norms from latent to observed

phenotypic scales for threshold traits, the form of the threshold function could potentially also vary and evolve over time (e.g. Chevin and Lande 2013). Future challenges will be to develop appropriate protocols for such analyses, which might need to include methods for reducing dimensionality.

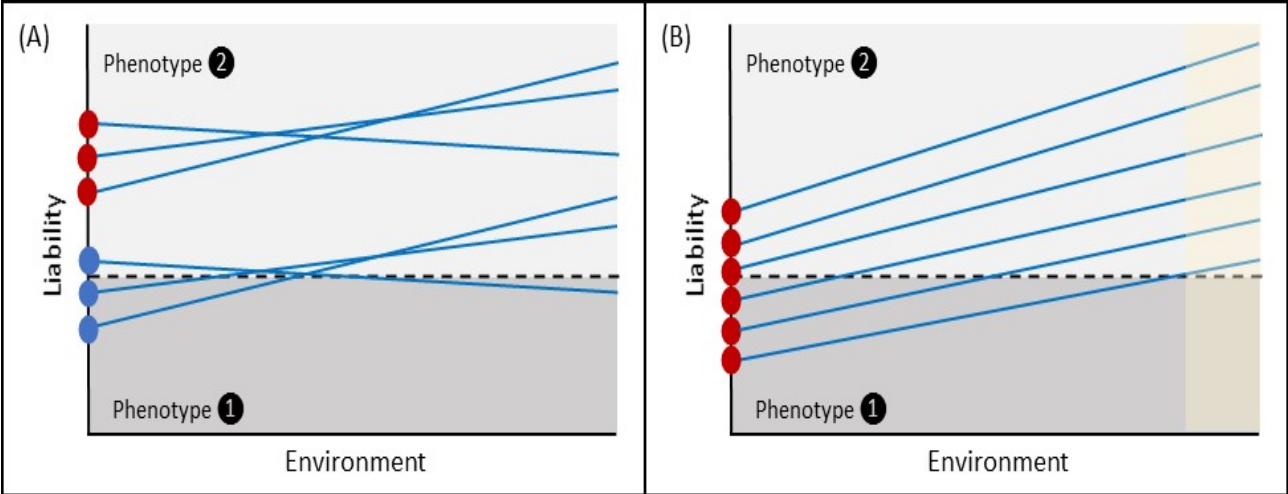
Appendix S2. Additional illustrations of forms of phenotypic plasticity in continuously distributed traits

Figure S1. (A) If linear reaction norms for developmental or labile plasticity in a continuously distributed trait are parallel with no genetic variation in slope, then there is no GxE and hence no immediate potential for further evolution of plasticity. [Note that in wild populations non-zero GxE could potentially exist even with zero phenotypic variation in slope, since genetic variation could in principle be completely masked by counteracting environmental variation (Nussey et al. 2007).] (B) Substantial genetic variation in reaction slopes, and mixtures of environmentally canalized and highly plastic individuals, could in principle be maintained by disruptive selection on slopes such that entities with slopes close to or far from zero have higher fitness (dark grey lines) than entities with intermediate slopes (light grey lines). Similarly, disruptive selection could in principle act to favour entities with very positive or negative reaction norm slopes against individuals with slopes close to zero. Either way, such disruptive selection could potentially generate bimodal distributions of phenotypes in extreme environments, but is likely to require some additional mechanism to favour alternative phenotypes.



Appendix S3. Additional illustrations of forms of latent plasticity and phenotypic plasticity in threshold traits

Figure S2. (A) Further illustration that variation in phenotypic plasticity in a threshold trait can arise solely due to variation in liability-scale reaction norm intercepts rather than necessarily slopes. Two groups of individuals have different mean liability intercepts (red and blue), but identical slopes (blue lines). Nevertheless, all blue individuals are phenotypically plastic and express both alternative phenotypes across the observed range of environmental variation, while all red individuals are canalized for phenotype ② across the same range of variation. The presence of latent plasticity, and variation in latent plasticity, consequently does not necessarily translate into phenotypic plasticity. (B) Illustration that for a threshold trait with GxE manifested as variation in linear reaction norm slopes on the liability scale, phenotypic variation (and hence genetic variation in phenotype) can decrease rather than increase in extreme environments. Here, all individuals express phenotype ② once the environment becomes sufficiently extreme (yellow shaded zone).



Appendix S4. Illustration of apparent sex-specific genetic dominance reversal

Wright (1934) highlighted that spurious evidence of apparent genetic dominance can arise from observed phenotypic variation in a developmental threshold trait in offspring of crosses between different inbred parental lines. Specifically, patterns of phenotypic resemblance that are consistent with genetic dominance can arise without any strict dominance because mean offspring liability could fall above or below the threshold, generating different phenotypes, depending on the mean liabilities of the two parental lines. Offspring phenotypes will then resemble one parental line more than the other, even with purely additive genetic effects. Here, we illustrate circumstances where spurious evidence of sex-specific genetic dominance reversals at a large effect locus could potentially arise.

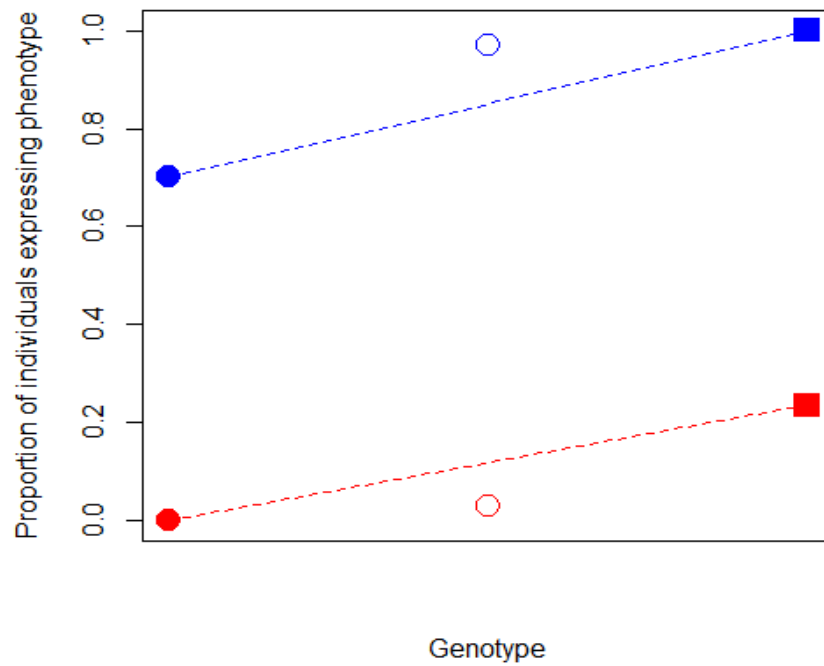
Consider a dichotomous threshold trait where the underlying liability is polygenic, and hence can be represented by a breeding value and environmental deviation, but is also affected by an additional locus of large effect with two alleles. Such a system has been broadly described for migration timing (and hence maturation) in Atlantic salmon. Here, observed patterns of phenotypic variation are consistent with sex-specific genetic dominance reversal at the large-effect locus, such that phenotypes of heterozygotes resemble phenotypes of opposite homozygotes in females and males. Such dominance reversals have been suggested to resolve sexual conflict over migration and maturation timing (Barson et al. 2015; Czorlich et al. 2018).

Yet, simple simulations that assume additive effects of alleles at the large-effect locus (i.e. representing sex-independent co-dominance) in combination with sex-specific mean breeding

value for liability can readily yield patterns of phenotypic variation that are consistent with sex-specific genetic dominance reversals, even though such reversals have not been simulated (Figure S3, Box S1). These patterns arise because the same additive effects of alleles at the large effect locus can have different effects on the phenotypic expression of the threshold trait in the two sexes, causing differences in mean phenotype in heterozygotes versus each homozygote due to the difference in mean breeding value relative to the threshold. Similar patterns could also arise given some forms of sex-independent partial dominance. Sexual conflict could then in fact be effectively resolved by sexual dimorphism, without any strict sex-specific dominance.

Further, apparent evidence of sex-specific dominance reversal can potentially appear or disappear depending on environmental effects on mean sex-specific phenotype. Apparent genetic architecture could therefore potentially differ between populations (e.g. Czorlich et al. 2018), even with no real difference in genetic architecture.

Figure S3. Proportions of individuals of each sex (blue and red) expressing a discrete phenotype given homozygosity for each allele (filled symbols) or heterozygosity (open symbols) at a large effect locus alongside sexual dimorphism in mean breeding value. Given the example parameterisations specified in Box S1, resulting patterns of phenotypic variation could be interpreted to imply sex-specific dominance reversal (i.e. where heterozygotes resemble opposite homozygotes in the two sexes), even though no such dominance reversal was simulated. Dashed lines link the sex-specific homozygotes, to help visualise the deviation of the heterozygote.



Box S1. Simple R Code for simulating a quantitative genetic threshold trait affected by a large-effect locus

#Code set with arbitrary parameter values, which can be adjusted

#Set number of individuals of each sex and genotype

n <- 200

#Set additive genetic and environmental variances in liability

#Assume they are the same in both sexes (which could be relaxed)

Va <- 0.16

Ve <- 0.01

```
#Set liability values for the two homozygotes at a large effect locus

#Allele 1 decreases liability to express the trait relative to allele 2

g.hom.1 <- -1

g.hom.2 <- 0

#Set liability value for a heterozygote at the large effect locus

#Value set half-way between the two homozygotes effectively sets additive effects of each allele (i.e.
codominance)

#This could be adjusted to examine scenarios of partial dominance

g.het <- -0.5

#Assume that effects of heterozygosity are the same in both sexes

#(i.e. no explicit sex-specific dominance)

#Set mean breeding values for females and males

#Generates sexual dimorphism in mean liability

#Values arbitrarily set relative to a threshold at zero

fem.mean <- -0.3

male.mean <- 1.2

#Note that mean environmental deviations are currently taken as zero

#This could be adjusted, for example to consider effects of different environmental conditions

#Create females of each genotype - values for liability and phenotype as a threshold trait

#Female homozygote allele 1
```

```

fem.hom.1.liab <- rnorm(n, fem.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.hom.1
fem.hom.1.phen <- ifelse(fem.hom.1.liab<0, 0, 1)

#Female heterozygote
fem.het.liab <- rnorm(n, fem.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.het
fem.het.phen <- ifelse(fem.het.liab<0, 0, 1)

#Female homozygote allele 2
fem.hom.2.liab <- rnorm(n, fem.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.hom.2
fem.hom.2.phen <- ifelse(fem.hom.2.liab<0, 0, 1)

#Create males of each genotype - values for liability and phenotype as a threshold trait
#Male homozygote allele 1
male.hom.1.liab <- rnorm(n, male.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.hom.1
male.hom.1.phen <- ifelse(male.hom.1.liab<0, 0, 1)

#Male heterozygote
male.het.liab <- rnorm(n, male.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.het
male.het.phen <- ifelse(male.het.liab<0, 0, 1)

#Male homozygote allele 1
male.hom.2.liab <- rnorm(n, male.mean, sqrt(Va)) + rnorm(n, 0, sqrt(Ve)) + g.hom.2
male.hom.2.phen <- ifelse(male.hom.2.liab<0, 0, 1)

```

```

#Plot probability of trait expression (i.e. phenotypic mean) against genotype for each sex
#Given the set parameterisations, the pattern of phenotypic variation looks like there is sex-specific
dominance, but in fact the simulations specify sex-independent codominance
plot(c(mean(fem.hom.1.phen), mean(fem.het.phen), mean(fem.hom.2.phen)) ~ c(1, 2, 3),
     col = "red", pch=c(19,1,15), cex = 2, ylim=c(0,1), xaxt="n",
     ylab = "Proportion of individuals expressing phenotype",
     xlab = "Genotype")
points(c(mean(male.hom.1.phen), mean(male.het.phen), mean(male.hom.2.phen)) ~ c(1, 2, 3),
       col = "blue", pch=c(19,1,15), cex = 2)
segments(x0=1, y0=mean(fem.hom.1.phen), x1=3, y1=mean(fem.hom.2.phen), col = "red", lty = 2)
segments(x0=1, y0=mean(male.hom.1.phen), x1=3, y1=mean(male.hom.2.phen), col = "blue", lty = 2)

```


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