

1 **Regulatory factors controlling muscle mass: competition between innate**  
2 **immune function and anabolic signals in regulation of atrogen-1 in Atlantic**  
3 **salmon.**

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26 **Abstract**

27 Atrogin-1 is a conserved ubiquitin E3 ligase that is central to the early stages of skeletal and  
28 cardiac muscle wasting and degradation following starvation and inflammatory diseases. The  
29 control of protein turnover is different between endothermic and ectothermic animals  
30 reflecting the body energy requirements. Here we have characterised the promoter of the  
31 atrogin-1 gene in a phylogenetically diverse group of vertebrates and show conserved FOXO  
32 elements are present in all species examined. We have examined the gene expression  
33 responses in primary muscle cell culture to key immune modulators (IL-1 $\beta$ , interferon type 1  
34 and interferon  $\gamma$ ) and to the anabolic hormone insulin like growth factor (IGF-1). We show  
35 that the IL-1 $\beta$  and interferon type 1 increased atrogin-1 mRNA expression whereas IGF-1  
36 suppressed atrogin-1 expression. The proximal promoter of salmon atrogin-1 was used to  
37 transfect primary muscle cell cultures and we found all three cytokines increased promoter  
38 activity whereas there was a decrease caused by IGF-1 exposure. We hypothesise that the  
39 main drivers for atrogin-1 expression are via the conserved FOXO site, but other transcription  
40 binding sites such as NF $\kappa$ B, STAT and IRFs may also be involved in a synergistic manner  
41 following immune stimulation when free amino acids need to be released for muscle protein  
42 reserves.

43 **Introduction**

44 Skeletal muscle is the largest body protein reserve and is under dynamic regulation to  
45 control the rate protein of deposition and degradation. Muscle atrophy occurs during fasting  
46 and in a variety of diseases such as sepsis, cancer and chronic viral infection (Hasselgren et  
47 al., 2005; Lecker et al., 2006; Gonnella et al., 2011). Loss of muscle mass occurs by both  
48 increased protein breakdown and decrease in protein synthesis. There are three key pathways  
49 of protein degradation, these include lysosomal proteases, calpains and the ubiquitin  
50 proteasome route of protein degradation (Ubp). In muscle tissue the Ubp is responsible for  
51 the vast majority of protein turnover (Mitch & Goldberg, 1996; Gomes et al., 2001). The Ubp  
52 has also been shown to be involved in increased protein degradation during muscle atrophy in  
53 fish as in mammals (Seilliez et al., 2008; Tacchi et al., 2011; Fuentes et al., 2012). During the  
54 Ubp pathway proteins are targeted for destruction by the proteasome, three enzymatic  
55 components are required to link chains of ubiquitin monomers onto proteins which targets  
56 them for degradation in the proteasome (Glickman & Ciechanover, 2002) and subsequent  
57 release of peptides and free amino acids that can either be used for recycling or further  
58 oxidation and gluconeogenesis (Fuentes et al., 2012). E1 (Ub-activating enzyme) and E2s  
59 (Ub-carrier proteins) prepare ubiquitin for conjugation but the key enzyme in the process is  
60 the E3 (Ub-protein ligase) (Bonaldo and Sandri, 2013; Lecker et al., 2006) which confers  
61 specificity to the system. E3 ubiquitin ligases are now recognised as an extended family of  
62 proteins that regulate many different cellular processes (Berndsen and Wolberger 2014).

63 Atrogin-1 has been identified as a key ubiquitin E3 ligase, a protein central in  
64 regulation of skeletal muscle mass in both mammals (Gomes et al., 2001) and fish (Tacchi et  
65 al., 2010, Bower et al., 2010, Cleveland et al 2010). In mammals the expression of atrogin-1  
66 is suppressed by growth factors such as IGF-1 and insulin via a mechanism involving the  
67 AKT/FOXO transcription factor and AKT/mTOR pathways (Tesseraud et al., 2007). When  
68 transcriptional suppression is released atrogin-1 expression is increased and results in atrophy  
69 in the muscle tissue. During viral and bacterial infection the control of protein deposition is  
70 altered, most likely to release amino acids for synthesis of immune related genes or for  
71 gluconeogenesis. Viral infection triggers interferon (IFN) production, which activates  
72 targeted genes enabling the host to prevent further viral replication and induce an antiviral  
73 state (Robertsen, 2006; Berg et al., 2009; Zou & Secombes, 2011). IFN type-1 is one of the  
74 main innate antiviral cytokines and is essential for eliciting an effective immune response to  
75 viral infection whereas IFN- $\gamma$  is involved with the development of the acquired immune

76 response. During both bacterial and viral infections IL-1 $\beta$  is released as a major  
77 proinflammatory cytokine and induces a large number of responsive genes via conserved  
78 signalling pathways often via adaptor molecules such as MyD88 and the transcription factor  
79 NF $\kappa$ B. In fish atrogen-1 responds to both starvation (Bower et al., 2010; Cleveland and  
80 Evenhuis 2010) and the immune response (Tacchi et al., 2010) by increasing in expression.  
81 However, the regulation of this response has not been examined in lower vertebrates, as these  
82 animals will have different energy requirements than endothermic mammals.

83 In this paper we have characterised the proximal promoter of the Atlantic salmon  
84 (*Salmo salar*) atrogen-1 gene and identified evolutionary conserved transcription factor  
85 binding sites, we have also examined the promoter activity in primary muscle cell culture.  
86 Transfected primary myocytes with an atrogen-1 luciferase reporter construct were stimulated  
87 with salmonid recombinant cytokines IFN type 1, IFN- $\gamma$  and IL-1 $\beta$ , in parallel we also used  
88 recombinant salmon IGF-1 as an anabolic hormone. We show that the immune regulating  
89 cytokines increased atrogen-1 activity whereas IGF-1 has a suppressive effect on the atrogen-1  
90 gene.

91

## 92 **Materials and methods**

### 93 **Sequence identification, analysis and generation of reporter plasmid**

94 The proximal promoter of the Atlantic salmon atrogin-1 gene was identified following a  
95 BlastN search of the Atlantic salmon genome using the salmon atrogin-1 cDNA sequence  
96 (accession number, NM\_001185027.1) as query. A contig sequence (accession number,  
97 AGKD00000000.3, contig AGKD03111157.1) was identified that had 100% identity of the  
98 query sequence. This sequence was analysed for the putative promoter and the transcription  
99 start sites. DNA repeats present in the sequence were analysed by DNA Repeats Finder  
100 (Benson, 1999) (<http://tandem.bu.edu/trf/trf.html>). The DNA regulatory sequence motifs  
101 were predicted by the Genomatix Software tools “common TFs” and “Matbase TFs”  
102 (Cartharius et al., 2005 PMID: 15860560). For comparison to other species the flanking  
103 regions were obtained from species with published genomes from Ensemble.

104 Salmon genomic DNA was extracted from muscle tissue using a genomic extraction  
105 kit (Promega). To clone the proximal promoter, primers were designed that included  
106 restriction enzyme sites to allow for directional cloning (Table 1). PCR was performed using  
107 salmon genomic DNA (20 ng) as template with 2500 U/μl of Taq DNA polymerase (BioTaq,  
108 Bioline), 50 μM of each dNTP and 200 nM of each primer in a final volume of 50 μl. The  
109 cycling protocol was: initial denaturation of 94 °C for 5 min; 35 cycles of 94 °C for 30 s, 55  
110 °C for 30 s and 72 °C for 30 s; with a final extension of 72 °C for 5 min. Ten μl of the PCR  
111 product was separated on a 2% agarose gel, stained with web green (Genetics) and analysed  
112 in a UV image analysis system. PCR products were digested with the appropriate restriction  
113 enzymes, *Kpn* I and *Xho* I (Promega), for 1 h at 37 °C, following the manufacturer’s  
114 instructions, and purified using a PCR Purification Kit (Invitrogen). The purified PCR  
115 products were ligated into pre-digested pGL4.10 luciferase reporter vector (Promega), using  
116 T4 DNA ligase (Promega) at 4 °C overnight, the ligation reaction was used to transformation  
117 of *E. coli* TAM1 cells (Active Motif, Belgium) following the manufacturer’s instructions.  
118 The plasmid insert sequence was confirmed by PCR using pGL4 RV primer 3 (Promega).  
119 Plasmids were purified from overnight bacterial cultures using an Endotoxin Free Plasmid  
120 Maxi Kit (Qiagen). Plasmid concentrations were determined by spectrophotometry using a  
121 nanodrop machine (Labtech International) and stored at -20 °C.

122

### 123 **Expression and purification of recombinant salmon IGF-1 (saIGF1)**

124 The putative mature peptide of the Atlantic salmon (saIGF-1) (GenBank accession number:  
125 NP\_001117095.1) was predicted by the SignalP:4.0 (Petersen et al., 2011). The cDNA

126 fragment encoding the mature peptide saIGF-1 was amplified with primers F1 and R1 (Table  
127 1) by PCR as described above and subcloned into the *Bam* HI and *Hind* III sites of pQE30  
128 expression vector (Qiagen). The resultant plasmid was sequenced to confirm the open reading  
129 frame and transformed into the *E. coli*. JM109 cells (Promega). Induction and purification of  
130 the recombinant proteins under native conditions were performed as described previously  
131 (Hong et al., 2001). To eliminate the potential contamination of bacterial endotoxins such as  
132 LPS, the purified recombinant protein was loaded onto a polymyxin B column (Sigma-  
133 Aldrich) and the collected samples were stored at -80°C before use. The purified recombinant  
134 saIGF-1 was analysed by a 4 –12% precast SDS-PAGE gel (Invitrogen Life Technologies)  
135 stained with Brilliant Blue G (Sigma-Aldrich) (Fig. S1), and the concentration measured by  
136 comparison of the protein band density with a standard protein (trypsin inhibitor; Sigma-  
137 Aldrich) in the same SDS-PAGE gel using an Ultra Violet Products gel imaging system and  
138 Image Quant TL ver. 3.0 software. To confirm the activity of the saIGF-1 a dose response of  
139 the recombinant protein was used to examine the expression of atrogin-1 mRNA which is  
140 known to be negatively regulated by IGF-1. A dose response is shown in Fig. S2 which  
141 shows a significant response at IGF-1 concentrations >40 ng/ml.

142

#### 143 **RNA extraction and real time PCR**

144 Total RNA was extracted from primary muscle cell culture by lysis in Tri Reagent (1 ml)  
145 (Invitrogen), followed by addition of 200 µl of chloroform and vortexing. The aqueous phase  
146 (RNA) separated by centrifugation (15 min, 13,000 g at 4 °C) was precipitated with equal  
147 volume of isopropanol. The RNA pellet was washed twice with 500 µl 80% ethanol, dried  
148 and resuspended in RNase / DNase free H<sub>2</sub>O (Sigma). Total RNA concentration was  
149 determined by spectrophotometry (Nano drop) and RNA integrity determined by Agilent  
150 bioanalyser 2100. The RNA was kept frozen at -80 °C until use. For gene expression studies  
151 complementary DNA (cDNA) was synthesised from 1 µg total RNA. RNA was denatured at  
152 70 °C for 5 min in the presence of 1 µl of Oligo dT<sub>17</sub> (500 ng/µl) and RNase free water in a  
153 total volume of 11 µl, and cooled at room temperature for 5 min. The first strand cDNA was  
154 synthesized by adding 1 µl of Bioscript reverse transcriptase (200 U/µl, Bionline), 5 µl of 5x  
155 Bioscript reaction buffer, 1 µl of dNTP (10 mM each) and 7 µl RNase free H<sub>2</sub>O and  
156 incubated at 42 °C for 1.5 h. The cDNA was diluted to a final volume of 50 µl of  
157 RNase/DNase free H<sub>2</sub>O (Sigma) and stored at -20 °C. Real time PCR was performed using 3  
158 µl of cDNA template, 2 µl of primers (each 10 µM) (Table1), 10 µl of 2x iQ SYBR Green

159 supermix (Bio-Rad) and 5  $\mu$ l RNase/DNase free water. Real time PCR amplifications were  
160 performed in white 96 well sealed plates with the following program: initial denaturation at  
161 95 °C for 5 min, then 40 cycles of 95 °C for 5 sec, 55 °C for 30 sec, 72 °C for 30 sec, 78 °C  
162 for 5 sec. The melting curve was checked by fluorescence reading from 79 °C to 94 °C, to  
163 confirm that a single product was amplified. Three housekeeping genes were used for  
164 normalization, including elongation factor 1- $\alpha$  (EF1- $\alpha$ ), hypoxanthine phosphoribosyl  
165 transferase 1 (HPRT1) and  $\beta$ -actin. The real time PCR was carried out with 3 biological  
166 replicates. A dilution series of cDNA (1x, 10 x, 100 x and 1000 x) was made to determine  
167 the efficiency of primers. The expression of genes was normalized to the mean arbitrary units  
168 of the three housekeeping genes for statistical analysis.

169

### 170 **Primary muscle cell culture and stimulation by cytokines and IGF-1**

171 Atlantic salmon (approximately 25 g) were maintained in the aquarium facility at University  
172 of Aberdeen, UK, under the national ethical guidelines. Fish were kept in fresh water and fed  
173 a commercial diet at 1.5% body weight per day and fish were killed using the schedule one  
174 method. Muscle tissue (above the mid line of the fish) was removed sterilely with a scalpel  
175 and forceps. Primary muscle cell cultures were performed as previously described (Pooley et  
176 al., 2013). The isolated primary muscle cells were cultured in L15 medium supplemented  
177 with 10% (v/v) foetal calf serum (FCS, Labtech International), and P/S. Cells were  
178 maintained for 7 days in a 12 well plates (Nunc<sup>TM</sup>) at 22 °C until 80% confluence. Cells  
179 were either used for direct stimulation or were transfected. Cells were stimulated with  
180 recombinant salmonid cytokines IFN- $\gamma$  (Zou et al, 2005), IFN-1 (Zou et al, 2007), IL-1 $\beta$   
181 (Hong et al, 2001), and recombinant Atlantic salmon IGF-1 and maintained for either 6 h  
182 (IGF-1) or 24 h (cytokines) before RNA extraction. The times for stimulations were based on  
183 previous findings for cytokines (Martin et al. 2007a, 2007b) and for IGF-1 (Cleveland and  
184 Weber 2010).

185

### 186 **Transfection of primary muscle cell cultures**

187 To confirm the transfection efficiency prior to performing promoter analysis, cells ( $2 \times 10^6$ )  
188 were transfected with 3  $\mu$ g pTurbo-GFP (Evrogen) using lipofectamine (Life technologies).  
189 FACS analysis was performed to determine the efficiency of transfection of the primary  
190 muscle cells. For this, following transfection, cells were detached with trypsin and counted  
191 with Trypan blue and  $10^6$  cells were pelleted by centrifugation for 5 min at 250 g. Cells were  
192 resuspended in 250  $\mu$ l of immunofluorescence medium (0.05% sodium azide + 2% FCS)

193 before incubation for 30 min at 4 °C. Finally cells were centrifuged for 5 min at 250 g and  
194 supernatant was removed. One hundred µl of immunofluorescence medium was added to the  
195 cell pellet before reading. A FACSCanto II flow cytometer (Becton Dickinson, San Jose, CA,  
196 USA) was used to measure the proportion of cells expressing GFP protein. The data were  
197 analysed using FACSDiva software (Becton Dickinson). For the atrogen-1 promoter assay, a  
198 similar transfection assay was performed with 2.5 µg of the reporter plasmid and 0.5 µg of  
199 the internal control reporter vector pRL-TK by using lipofectamine for each well. Cells were  
200 incubated overnight at 22 °C. At 24 h post-transfection, cells were stimulated with IL-1β,  
201 IFN-1, IFN-γ or IGF-1. . Following 6 or 24 h the cells were harvested for luciferase reporter  
202 activity (Castro et al., 2010). Three replicate wells were used for each experiment and each  
203 well measured three times. For transfection analysis both firefly and Renilla luciferase  
204 activities were measured using the Dual Luciferase Reporter assay system (Promega).  
205 Atrogen-1 firefly luciferase activity was normalized to Renilla luciferase activity and  
206 expressed as fold change (mean ± se) by comparison between the promoter plasmid  
207 transfected cells with control cells transfected with the Renilla plasmid. Each set of  
208 experiments was repeated three times using the same protocol.

209

## 210 **Statistics**

211 Data were analysed by t-test and all analysis was performed using IBM SPSS statistic  
212 21software package. Differences between means were considered significant if the P value  
213 was <0.05.

214

## 215 **Results**

### 216 **Atrogen-1 gene promoter analysis cloning and sequence analysis**

217 The blastN search of the Atlantic salmon genome (NCBI version releaseAGKD000000000.3)  
218 identified a contig (accession number, AGKD03111157.1) 8185bp in length which contained  
219 the first 4 exons of the atrogen-1 gene and the putative promoter sequence. Sequence  
220 alignment of the contig sequence (reverse complement sequence) with the reported mRNA  
221 sequence (accession number, GU456729.1) revealed an upstream region of beyond the  
222 transcription start site of 3153 bp, this region was composed of 5' flanking DNA and also a  
223 number of repeat elements until the end of the contig. The promoter region contained a  
224 predicted TATA box located 57 bp upstream of the start of mRNA transcript and two DNA  
225 repeat sequences, one with 25 copies of CATAACACATCACATCATAACACAT followed

226 by 103 copies of GA and then repeating GAAGTGTACATTTGACTGG to the end of the  
227 sequence. Therefore, in this study we used non repeating 590 bp region of the 5' flanking  
228 DNA as proximal promoter region for further analysis. The atrogen-1 gene proximal promoter  
229 region was analysed for transcription factor binding sites using Genomatix Software. This  
230 revealed a number of highly conserved sites that may be involved in regulation of gene  
231 transcription (Fig.1). The promoter region contained several well conserved transcription  
232 factor binding sites, these included a highly conserved FOXO site that was located 51 bp  
233 upstream of the predicted transcription start site, other conserved sites include a TATA box at  
234 -23 bp and several forkhead binding sites as represented by FOXP1 (3 elements), FOXJ and  
235 FHXB. We also found several TF binding sites associated with inflammatory and interferon  
236 responses including several STAT binding sites which can be defined as gamma interferon  
237 activated sites (GAS) and interferon regulatory factor binding elements (IRF). Also present  
238 was a conserved NF $\kappa$ B site. When the promoter sequence and predicted transcription factor  
239 binding sites were compared across other vertebrate atrogen-1 proximal promoters we find a  
240 highly conserved location of the FOXO site in all species examined (Fig 2a.). In all the fish  
241 and the amphibian the conserved sequence is GATAACA, with the mammals having a single  
242 bases change at the 5' base, which is recognised as being a FOXO element. In all the species  
243 there is also a CEBP site located at -122 bp from the transcription start site (TSS) in salmon,  
244 in all species these two sites are 10-20bp apart and in the same orientation. All the species  
245 examined have varying numbers of forkhead binding sites, STAT elements and most have at  
246 least one IRF site, the position of these is conserved between Atlantic salmon and rainbow  
247 trout, but there is no detectable conservation of location between the more distantly related  
248 species.

#### 249 **Atrogen-1 mRNA responses to cytokine and IGF-1 stimulation**

250 Our next step was to examine the gene expression response of the salmon primary muscle  
251 cells to the recombinant proteins. The initial part of this was to validate the response of genes  
252 known to respond to the cytokines or IGF-1 in other cell types as confirmation of  
253 responsiveness in our primary muscle cell system. For saIGF-1 activity, expression of IGF-1  
254 mRNA was examined as a negative feedback, we found that concentrations of 50 and 200 ng  
255 of the recombinant protein significantly reduced IGF-1 mRNA expression. For activity of IL-  
256 1 $\beta$  we chose to use IGF binding protein 6 (IGFBP6) previously shown to be highly  
257 responsive to IL-1 $\beta$  in salmon muscle cells (Pooley et al 2013), this gene was highly  
258 increased in expression in response to the IL-1 $\beta$ . For the interferons, the classically

259 responsive genes Mx and chemokine CXCL11\_L1 were used to assess response to IFN-1 and  
260 IFN- $\gamma$  respectively (Fig. 3) showing large increases in expression 24 h following stimulation.

261 Following confirmation of the response in the muscle cells to our recombinant  
262 proteins we examined the expression of the atrogin-1 mRNA following the same stimulation.  
263 Atrogin-1 mRNA expression was significantly decreased following 6 h saIGF-1 exposure but  
264 not 24 h (data not shown), whereas both IL-1 $\beta$  and IFN-1 resulted in an increase in atrogin-1  
265 gene expression following 24 h, however we did not detect a significant change in expression  
266 in response to IFN- $\gamma$  (Fig. 4).

267

### 268 **Analysis of atrogin-1 gene promoter in primary muscle cell culture**

269 To initiate the transfection studies, preliminary experiments were performed with a control  
270 plasmid to determine the transfection efficiency as there are few protocols for transfection  
271 into primary myocytes. Our protocol showed we obtained approximately 20% transfection  
272 efficiency when the pturboGFP plasmid was used (Fig. S3).

273 To examine the luciferase activity of the atrogin-1 promoter construct transfected  
274 cells were cultured for under similar regime as for gene expression studies. All three  
275 cytokines induce a significant increase in luciferase activity driven by the atrogin-1  
276 promoter, however the response is only significant at the higher recombinant protein  
277 concentrations (200 ng/ml for IL-1 $\beta$  and 80 ng/ml for both interferons). The saIGF-1  
278 resulted in a small decrease in activity compared to the unstimulated control (Fig. 5).

279

## 280 **Discussion**

281 The Atlantic salmon atrogin-1 promoter was used to examine the regulation of this key gene  
282 that can be regarded as a marker for catabolic activity in muscle tissue. The proximal  
283 promoter was identified from the Atlantic salmon genome and used as a starting point to  
284 generate a luciferase reporter plasmid. The plasmid was used for transfections using primary  
285 muscle cell cultures, following this the cells were exposed to three key cytokines, IL-1 $\beta$ ,  
286 IFN-1, and IFN- $\gamma$  and, in addition the cells were stimulated with IGF-1 which is a well  
287 characterised anabolic hormone. We showed that the three cytokines increased luciferase  
288 activity following 24 h exposure whereas the IGF-1 caused a marginal decrease in reporter  
289 assay compared to control. Gene expression of atrogin-1 was increased by IL-1 $\beta$  and IFN-1,  
290 but was unaffected by IFN- $\gamma$ , whilst IGF-1 resulted in a large decrease in atrogin-1 mRNA  
291 expression. Although the mRNA levels were not significantly increased by the IFN- $\gamma$   
292 stimulation we did find an increase in the reporter assay. This potentially could be a reflection  
293 of the dynamics of the IFN- $\gamma$  response and could be with either mRNA / protein turnover or  
294 due to the presence of negative regulator elements in the upstream region of the atrogin-1  
295 promoter analysed in the present study. The control of atrogin-1 expression will help explain  
296 the interactions between immune stimulation and anabolic signals. The cytokines used in the  
297 experiments are all salmonid recombinant proteins and have been previously characterised  
298 (Zou et al., 2005, 2007 and Hogen et al., 2001) whereas we produced the salmon IGF-1 as a  
299 recombinant protein during this work and confirm its activity by the effect on atrogin-1 gene  
300 expression as has previously been shown in mammals (Sandri et al., 2004).

301 Rapid muscle protein loss occurs in mammals under a variety of physiological  
302 circumstances including sepsis (Lecker et al., 1999), cancer cachexia (Evans et al., 2008;  
303 Tisdale, 2009), and starvation (Lecker et al., 1999; Jagoe and Goldberg, 2001), with the  
304 animal releasing amino acids from the muscle protein stores. The regulation of these  
305 biological processes is becoming more understood and a number of key factors regulate the  
306 reallocation of energy stores during transition from normal to immune response (Lochmiller,  
307 2000). During infection especially an inflammatory response, an acute phase response occurs,  
308 during this time cytokines are responsible for reprogramming the transcriptional activity of  
309 the liver to produce high levels of acute phase reactants such as complement and serum  
310 amyloid proteins. In parallel, muscle tissue proteins are broken down by controlled  
311 proteolysis to provide amino acid substrates for protein synthesis in the liver. In mammals  
312 this occurs rapidly within 24 h (Bonaldo and Sandri, 2013), and believed to be driven by IL-

313  $1\beta$  and  $TNF\alpha$ , however the action within the muscle tissue is not fully elucidated as yet. It is  
314 hypothesised that signalling targeting genes such as atrogen-1 which identifies specific  
315 proteins to be ubiquitinated and destroyed by the proteasome. During cancer cachexia, where  
316 there is sustained muscle mass loss  $TNF\alpha$  is believed to be a principal driver of proteolysis  
317 (Donohoe et al., 2011). On the converse, during periods of anabolic growth and rapid  
318 deposition of muscle mass atrogen -1 expression is very low, indicating little protein  
319 degradation / turnover (Nakashima et al., 2006 and 2013).

320 During anabolic growth there is a decrease in Ubp pathways and is regulated by the  
321 growth hormone/ IGF system. In fish the dynamics of the response is slower than in  
322 mammals probably as a result of the energy requirements of ectotherms compared to warm  
323 blooded mammals. A number of recent reports have described how atrogen-1 is altered during  
324 starvation (Tacchi et al., 2012), hormonal (Cleveland and Weber., 2010) and viral infection  
325 (Heidari et al 2015) in salmonids, however these papers have not examined the promoter  
326 region of the gene and speculated on the regulatory control.

327 The promoter used in this paper was identified from the recently released salmon  
328 genome, a single contig (8185bp) contained the 5' end of the gene including 590 bp upstream  
329 flanking DNA from the transcription start site. Upstream of this 590 bp was a series of repeat  
330 sequences (>1800bp) that continued to the very end of the assembled contig, we made several  
331 unsuccessful attempts to walk along the flanking DNA by cloning approaches (Castro et al.,  
332 2008), in case the repeat was a sequencing artefact. We also observed in the closely related  
333 rainbow trout genome that the atrogen-1 promoter was at the end of a contig, most potentially  
334 because it too had a repeating element. From this we concluded the proximal promoter may  
335 have most of the key transcription binding factors for gene regulation. One of the key  
336 transcription factors controlling protein synthesis and degradation are members of the  
337 forkhead transcription factors, especially the FOXO family and are regarded as central to the  
338 regulation of muscle atrophy. In mammals the FOXO transcription factors are increased in  
339 parallel to catabolic stimuli (Sandri et al., 2004) and transfection of FOXO transcription  
340 factors results in increased expression of atrogen-1 mRNA (McLoughlin et al., 2009). Akt  
341 signals negatively regulate FOXO by phosphorylating them and promoting export to the  
342 cytoplasm and thus preventing binding to gene promoters. The IGF/Akt/mTOR pathway  
343 enhances anabolic muscle phenotype and decreases protein degradation, this pathway also  
344 phosphorylates the FOXO protein. Catabolic signals result in dephosphorylation of FOXO  
345 and translocation to the nucleus and activation of target genes. We carried out *in silico*

346 analysis of common TF binding sites for several teleosts, amphibian and mammals and show  
347 that a conserved FOXO site is located within 400 bp of the translation start site. The  
348 consensus sequence for FOXO is D<sub>(T/A/G)</sub>R<sub>(G/A)</sub>W<sub>(T/A)</sub>M<sub>(A/C)</sub>AACA we find this TF binding  
349 site in all the promoters we examined with the most common sequence of GATAACA  
350 which is completely conserved for all teleosts and the amphibian *Xenopus*. In Atlantic  
351 salmon and rainbow trout there are three other closely conserved sites but do not fully adhere  
352 to the consensus sequence. It is of interest that this conserved FOXO site is consistently 3'  
353 (within 50 bp) to a conserved CEBP transcription factor binding site, hence it may be that  
354 there is selection to maintain these sites in close proximity. The conservation of the FOXO  
355 site strongly suggests evolutionary selection for its maintenance. This can be further seen as  
356 in mammals there is evidence that both FOXO1 and CEBP are required for expression of  
357 genes involved in gluconeogenesis such as G6Pase and PEPCK, with promoter elements for  
358 both FOXO and CEBP being required for promoter activity of these genes (reviewed by  
359 Gross et al., 2008), suggesting these promoter element positions may be conserved across  
360 other genes.

361 In addition to the forkhead binding sites we also found other TF binding sites that are  
362 often targeted following immune activation following viral and bacterial infection.  
363 Specifically we find NFκB binding sites in most of the species, these are the final effectors  
364 following cytokine and toll like receptor activation that occurs via intermediates such as  
365 MyD88 and TRAF 6 (Bonaldo and Sandri, 2013) which could be an additional mechanism by  
366 which the proinflammatory cytokine IL-1β regulates atrogen-1. Interferon regulatory factor  
367 binding sites are found in the teleost and *Xenopus* flanking regions and could contribute to  
368 regulation by the interferon molecules. Finally we found STAT binding sites, these often  
369 represent binding elements for IFN-γ and for interferon gamma activated sequences (GAS)  
370 that are highly conserved and key regulatory sites for responses in salmonid fish (Castro et  
371 al., 2008 and 2010). The positioning of these TFs is not as conserved as the FOXO and the  
372 closely linked CEPB site. So we would hypothesise that the key drivers for expression are  
373 via the FOXO site with additional levels of regulation by other factors directly downstream of  
374 the classic cytokine signalling.

375 The control of anabolic signalling occurs at different levels. Recent work shows that  
376 IGF binding protein 6 (IGFBP-6) is strongly up regulated in primary muscle cell cultures of  
377 salmon in response to IL-1β (Pooley et al., 2013), so an additional level of control could be  
378 suppression of IGF activity by up regulation of the IGFBP6. Here we show that IGFBP6

379 expression is also increased following IL-1 $\beta$  stimulation, but decreased following IGF-1  
380 stimulation at 50 ng/ml<sup>-1</sup>. With this in mind additional control could be that the IL-1 $\beta$   
381 interferes with IGF signalling (i.e. prevents IGF-1 / receptor binding) and hence the PI3K,  
382 AKT/ FOXO pathway resulting in FOXO being de phosphorylated and binding to the  
383 atrogin-1 promoter. Further work using these models would be required to determine how  
384 the IL-1 $\beta$  affects the atrogin-1 gene.

385 In conclusion we show that in vertebrates from teleosts to mammals there are  
386 conserved FOXO transcription factor binding sites of the proximal atrogin-1 promoter, in all  
387 cases this site is closely linked to a CEBP binding site. We show that the cytokines IL-1 $\beta$  and  
388 interferons type I and  $\gamma$  all increase atrogin-1 promoter activity whereas IGF-1 stimulation  
389 decreases both gene expression of atrogin-1 and reduces the luciferase reporter activity.  
390 These results add to the growing evidence linking the immune response to the control of  
391 anabolic and catabolic signalling in muscle cells. Further experiments will target specific  
392 sites within the promoter to clarify the regulatory pathways.

393

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397

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549

550 **Figure legends**

551

552 **Figure 1**

553 Nucleotide sequence of Atlantic salmon atrogenin-1 determined from genomic contig  
554 AGKD03111157.1. The key transcription factor core binding sites as determined by  
555 Genomatrix TF search (Cartharius et al., 2005) are in bold and underlined. The name of the  
556 TF binding site is above the sequence. The sequence in grey indicates the beginning of the  
557 repeat units that continue to the end of the sequence contig. The sequence highlighted in  
558 yellow represents the 5' untranslated region of the mRNA. TSS indicates the transcription  
559 start site and the ATG for translation are both shown by arrows.

560

561 **Figure 2**

562 Transcription factor binding sites in the 5' flanking proximal promoter of atrogenin-1 genes  
563 from different vertebrate groups. All number are given from 1 which represent the ATG  
564 translation start site, this was done as the precise transcription start site is not known for all  
565 the genes. The sequences were obtained from ensemble for Stickleback  
566 (ENSGACT00000008171), Fugu (ENSTRUG00000005123), Xenopus  
567 (ENSXETG00000023228), Mouse (ENSMUSG00000022358) and Human  
568 (ENSG00000156804). Rainbow trout promoter was obtained from the rainbow trout genome  
569 and Atlantic salmon from NCBI as described above.

570

571 **Figure 3**

572 mRNA expression in primary muscle cell culture of IGFBP-6, MX and CXCL11 in response  
573 to 24h stimulation with (a) IL-1 $\beta$ , (b) IFN-1 (c), IFN- $\gamma$ , and IGF-1 following 6 h stimulation  
574 with saIGF-1 (d). All genes were normalized to 3 housekeeping genes: ELF-1 $\alpha$ ,  $\beta$  actin and  
575 HPRT. The expression is presented as arbitrary units with unstimulated control given a value  
576 of 1.00. The bars represent mean  $\pm$  se (n=3), asterisks indicate a significant response  
577 compared to non-stimulated cells (\*p<0.05, \*\*p<0.01 and \*\*\*p<0.001).

578

579 **Figure 4:**

580 Gene expression response of atrogenin-1 to (a) IL-1 $\beta$ , (b) IFN-1, (c) IFN- $\gamma$  after 24 h and to  
581 IGF-1 (d) following 6h stimulation in primary muscle cell culture. All genes were normalized  
582 to 3 housekeeping genes: ELF1,  $\beta$  actin and HPRT. The expression is presented as arbitrary  
583 units with unstimulated control given a value of 1.00. The bars represent mean  $\pm$  se (n=3),  
584 asterisks indicate a significant response compared to non-stimulated cells (\*p<0.05, \*\*p<0.01  
585 and \*\*\*p<0.001).

586

587 **Figure 5:**

588 Luciferase production of primary muscle cells transfected with the atrogenin-1 reporter  
589 construct and vector containing the Renilla luciferase gene in response to (a) IL-1 $\beta$ , (b) IFN-  
590 1, (c) IFN- $\gamma$  for 24h and (d) saIGF-1 for 6h. Data are representative of three independent  
591 experiments and show the mean RLU $\pm$ se. (n= 3). Asterisks indicate a significant response  
592 compared to non-stimulated cells (\*p<0.05, \*\*p<0.01 and \*\*\*p<0.001).

593

594 **Supplementary Figures**

595 **Figure S1:**

596 Production and purification of recombinant saIGF-1 from the *E. coli*. JM109 cells. Purified  
597 SaIGF-1 protein (300 ng) was separated on a SDS-PAGE gel under denaturing conditions.

598

599 **Figure S2:**

600 Does response effect of recombinant saIGF-I on the expression of atrogen-1 mRNA in  
601 primary muscle cells. The cells were incubated with increasing doses of recombinant saIGF-I  
602 (0-200 ng/ml) for 6 h. The expression is presented as arbitrary units and the bars indicated  
603 mean  $\pm$  se (n=3). Atrogen-1 expression was normalized to 3 housekeeping genes: ELF-1 $\alpha$ ,  $\beta$   
604 actin and HPRT. Asterisks indicate a significant response compared to non-stimulated cells  
605 (\*p<0.05).

606

607 **Figure S3:**

608 A. Efficiency of primary muscle cells transfection as determined by FACS. The images are  
609 representative of two independent experiments. B. Detection of GFP expression was  
610 observed under fluorescence microscopy 24 h after transfected primary muscle cell culture.

611

612

Table 1: Primers used for Atlantic salmon atrogenin-1 expression and promoter construction.

Primer name	Sequence 5'-3' <sup>a</sup>	Accession No <sup>b</sup>	size (bp) <sup>c</sup>
<b>Cloning into pGL4</b>			
Atrogenin-1_PF	<i>GGTACC</i> ATTATACCTGGGAAGAAAATACTT	AGKD03111157.1	590
Atrogenin-1_PR	CTCGAGT <i>GATGTGTTGTCTGGTATTGTGAC</i>		
<b>IGF-1 recombinant protein</b>			
sa IGF-1_RF	<i>CGCGGATCC</i> GGGCCCCGAGACCCTGTGTGG	NM_001123623.1	213
sa IGF-1_RR	CCCAAGCTTTCAAGCTGCCTTGCCAGAC		
<b>Real time PCR</b>			
EF1- $\alpha$ _QF	CAAGGATATCCGTCGTGGCA	AF321836	327
EF1- $\alpha$ _QR	ACAGCGAAACGACCAAGAGG		
$\beta$ -actin_QF	TGACCCAGATCATGTTTGAGACC	AF012125	146
$\beta$ -actin_QR	CTCGTAGATGGGTACTGTGTGGG		
HPRT1_QF	CCGCCTCAAGAGCTACTGTAAT	EG866745	255
HPRT1_QR	GTCTGGAACCTCAAACCTATG		
CXCL11_QF	AAGGCCAAGTGGGGTCATTCTAA	DR696064	320
CXCL11_QR	AACGTATTCAGGCAGTCTTCAGG		
MX_QF	TGAGGACTCGGCAGAAAGGATGTA	U66475.1	415
MX_QR	CTTCGCGGATTTTCAGGAGGAGGTTAGG		
IFN- $\gamma$ _QF	AGGACACGTTTGAGGACAGTGA	AJ841811.1	198
IFN- $\gamma$ _QR	CTCAGGTATCCTCTTCAGGA		
IL-1 $\beta$ _QF	GCTGGAGAGTGCTGTGGAAGAACATATAG	AJ223954.1	179
IL-1 $\beta$ _QR	CCTGGAGCATCATGGCGTG		
IGF-1_QF	CCTGTTTCGCTAAATCTCACTT	EF432852.2	185
IL-1 $\beta$ _QR	TACAGCACATCGCACTCTTGA		
IGF-BP6_QF	GCTCAATAGTGTTCTGCGTGG	DQ190459.2	118
IGF-BP6_QR	CTTGGAGGAACGACACTGCTT		
Atrogenin-1_QF	CGAGTGCTTCCAGGAGAATCTG	GU456729.1	384
Atrogenin-1_QR	CCATCAAGGAGCTCCTTCAGAC		

The restriction sites added to sequence are in italics: <sup>a</sup>Atrogenin-1-KpnI (GGTACC), atrogenin-1-XhoI (CTCGAG), saIGF- BamHI (GGATCC) and saIGF1-HindIII (CCCAA). <sup>b</sup>Accession number are from NCBI. <sup>c</sup>Product size (bp).