

1 **Using qualitative models to define sustainable management for the commons in data**  
2 **poor conditions.**

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12

13 **Abstract**

14 Nearly 50 years after Hardin's "tragedy of the commons", we have not yet found an analytical  
15 solution to the issue of governing common-pool resources (CPR). We often have a good  
16 understanding of the qualitative relationships between the principal actors in socioecological  
17 systems (SESs), but classical quantitative approaches require a tremendous amount of data to  
18 understand the drivers of SESs sustainability. Here we show that qualitative modelling  
19 approaches can provide important governance insights for SESs that are understood but not  
20 quantified.

21 We used Loop Analysis to test the outcomes of different management regimes on a simple  
22 nature-based tourism SES described by economic, social and environmental variables. We  
23 tested the sustainability of different management scenarios on this system and we identified  
24 the necessary conditions to achieve it. Here, sustainability is defined as the presence of a  
25 stable equilibrium and the maintenance of economic profitability of the industry,  
26 environmental quality and social justice (triple bottom line- TBL- sustainability).

27 We found that hybrid management strategies have higher potential for sustainable  
28 development than exclusively market-based or centralised governance structures.  
29 Management regimes where property rights and responsibilities are shared between different  
30 stakeholders are more likely to be successful. However, the system is generally highly unstable  
31 and it is important to tune each strategy to each particular situation. The conditions for  
32 sustainability found across the different systems tested were: a low reinvestment rate of  
33 tourist revenues into new infrastructures and a low growth rate of the environment.

34 Management strategies based on maximum sustainable yield, which keep the environment far  
35 from its carrying capacity, have less chance to be sustainable.

36 Qualitative models of SESs are powerful diagnostic tools; they can help identifying variables  
37 that play an important role in determining socioecological sustainability in data-poor  
38 circumstances and guide the design of efficient data collection programmes. Our results  
39 highlight the importance of careful planning when designing management strategies for  
40 nature-based tourism. The application of one-size-fits-all solutions to every situation is likely to  
41 lead to the failure of the commons; however tourism-based SESs can be sustainable if  
42 management strategies are tuned to each particular case.

43 **Keywords:** common-pool resources, loop analysis, nature-based tourism, press-pulse  
44 dynamics, socioecological sustainability, sustainable development.

45

## 46 **1. Introduction**

47 Natural resources are usually considered public goods. However, they can become common  
48 pool resources (CPRs) when overexploitation leads to degradation and when it is impossible or  
49 difficult to exclude some individuals from using the resource (Ostrom et al., 1999). There are  
50 two main approaches to dealing with the “commons dilemma”. The “panacea” approach  
51 applies simplified and general models to all situations. Advocates of this approach propose one  
52 particular governance structure as the only possible solution to the tragedy of the commons  
53 (Hardin, 1968). The other approach consists in deriving from empirical case studies the  
54 characteristics that guarantee sustainable governance (Ostrom, 1990). The first approach does  
55 not recognise the importance of the particular circumstances that characterise each different  
56 situation (Ostrom et al., 2007), while the second has to deal with all the issues associated with  
57 obtaining observations and data from these complex socioecological systems (SESs)(Hilborn  
58 and Ludwig, 1993). As a result, attempts to manage CPRs have often failed (Acheson, 2006).

59 Commons are SESs, which are composed of different, relatively separable, subsystems that  
60 interact in a complex and, sometimes, unknown way (Ostrom, 2009). The inherent complexity  
61 of SESs requires an integrated approach to predict the outcomes of management strategies  
62 (Ostrom, 2007). However, we do not yet have analytical tools to accurately predict these  
63 outcomes in data-poor circumstances. These systems are difficult to study empirically, because  
64 the scope for experimental work is limited and replication, control and randomisation are  
65 difficult to achieve (Hilborn and Ludwig, 1993). Therefore, a simulation approach could offer  
66 insights on the outcomes of different management regimes. However, little is known about the  
67 relationships between the ecological and socio-economic components of these systems and,  
68 often, we cannot quantify important variables in the model.

69 Qualitative approaches have proven advantageous to model complex systems in data-poor  
70 circumstances (Puccia and Levins, 1985). Qualitative models sacrifice the precision of  
71 quantitative predictions and focus on the generality and realism of the qualitative relationships  
72 between model variables (Levins, 1974). Although we cannot measure some variables, we can  
73 still include them in the model as long as we are able to determine the direction of the effect  
74 of one variable on the other. Qualitative models can show which variables and relationships in  
75 the system are crucial for system stability and to obtain favourable predictions, thus helping to  
76 prioritise management strategies.

77 Recreation is one of the cultural ecosystem services that the environment provides. Tourism is  
78 often a primary income for local communities, it can dominate national economies and play a  
79 key role in nations' macroeconomics (O'Connor et al., 2009). While nature-based tourism has  
80 been welcomed by conservation and environmental organisations as an eco-friendly  
81 alternative to other consumptive activities, such as hunting and fishing (Tisdell and Wilson,  
82 2002), there is growing evidence that nature-based tourism, if not managed properly, can have  
83 negative effects on the environment (De'ath et al., 2012; Meletis and Campbell, 2007; Pirota  
84 and Lusseau, 2015). Therefore, the issue of managing nature-based tourism becomes a CPR  
85 issue.

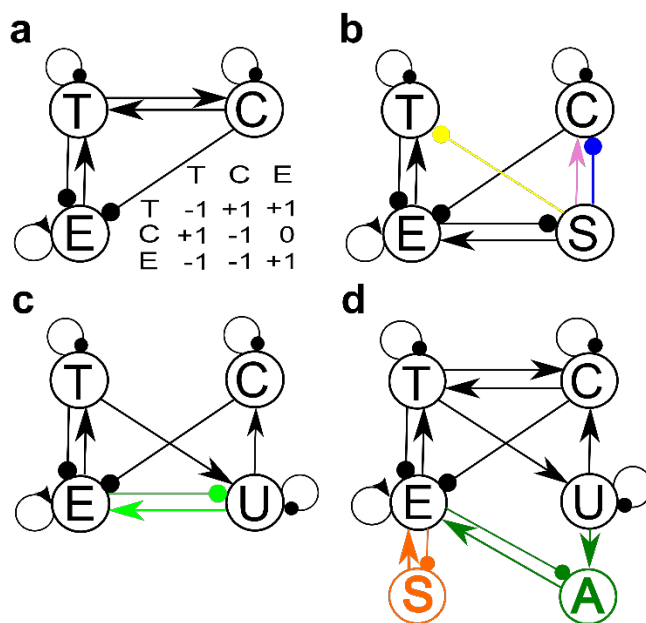
86 In this study, we tested the sustainability of management regimes on qualitative  
87 representations of nature-based tourism SESs using Loop Analysis (Puccia and Levins, 1985).  
88 SESs are subjected to press-pulse dynamics (Collins et al., 2011) and in order to understand  
89 what drives their sustainability we need to investigate their responses to both press and pulse  
90 perturbations. Pulse perturbations are sudden events such as droughts or fire, while press  
91 perturbations are sustained and slow, such as climate change or economic growth. We define  
92 sustainability in terms of responses of the SES to pulse and press perturbations. For each

93 different management strategy applied to a simple nature-based tourism system we asked  
94 three questions: Does the system's equilibrium lose stability after a pulse perturbation? Under  
95 which conditions could the system remain stable? How does the system behave after a press  
96 perturbation? In order to answer the first question, we conducted a stability analysis of the  
97 qualitative systems. Secondly, we identified the necessary conditions for stability by  
98 conducting a sensitivity analysis of the stability criteria. In order to answer the third question,  
99 we obtained tables of predictions for the responses of the systems to press perturbations. If an  
100 increase (a positive press perturbation) in one component of the system causes the other  
101 components to increase (a positive response), then the SES can maintain economic  
102 profitability, social justice and environmental quality, in other words, triple bottom line (TBL)  
103 sustainability (Elkington, 1998).

## 104 **2. Materials and Methods**

105 Here we briefly describe the theory of Loop Analysis, for detail see (Puccia and Levins, 1985).  
106 Model construction can start with a simple pictorial form, the signed digraph (Fig.1). The nodes  
107 represent the variables in the system. The links connecting the nodes represent the qualitative  
108 relationships between the variables. Positive relationships (an increase in the first variable  
109 produces an increase in the abundance of the second variable) are represented by links with  
110 an arrow-end, while the links with a circle-end represent negative relationships. Links that  
111 start and end on the same variable are called self-effects, and they represent self-regulation  
112 (e.g. density dependence) or reliance on factors external to the modelled system. A path is  
113 defined as a series of links starting at one variable and ending on another without crossing any  
114 variables twice and a path that starts and ends at the same variable is called a loop. Loops in  
115 the same system are defined as either conjunct or disjunct: two conjunct loops have at least  
116 one variable in common, while two disjunct loops have no variables in common.

117 Fig. 1. Signed digraph of all the scenarios tested. The nodes represent the variables in the  
 118 model. T: tourists; C: capital; E: environment; S: state intervention; U: users; A: external  
 119 agency. The links connecting the nodes represent the relationships between the variables:  
 120 arrow-ended links indicate positive relationships, circle-ended links represent negative  
 121 relationships. The links starting and terminating on the same variable represent self-effects. a)  
 122 Signed digraph of the open access scenario and its matrix representation. Each entry in the  
 123 matrix corresponds to a link in the graph. b) State ownership scenarios. The pink, blue and  
 124 yellow links represent the three alternative scenarios, respectively, subsidies, licencing and  
 125 access fee. c) User group ownership scenarios. In the first scenario (in black) the users  
 126 implement a system of individual transferable quotas, in the second one users are also  
 127 involved in monitoring and managing environmental quality (green links). d) Hybrid scenarios.  
 128 In the first scenario the government intervenes to monitor and manage environmental quality  
 129 (in orange), in the second one users invest in an external agency to monitor and manage  
 130 environmental quality (in green). For detailed description of the models see text.



131

132 The qualitative relationships represented in the graph can be entered into a matrix:

$$133 \quad A = \begin{bmatrix} a_{11} & \cdots & a_{1n} \\ \vdots & \ddots & \vdots \\ a_{n1} & \cdots & a_{nn} \end{bmatrix} \quad (1)$$

134 where element  $a_{ij}$  represents the effect of variable  $j$  on variable  $i$ . The matrix represents  
135 qualitative relationships (negative, positive or 0), without specifying the magnitude of the  
136 effects.

137 We can now analyse system stability in terms of the feedbacks at each level of the system. A  
138 system has as many feedback levels as variables in the system and feedback at each level  $k$  is  
139 calculated using the following equation:

$$140 \quad F_k = \sum_{m=1}^k (-1)^{m+1} L(m, k), \quad (2)$$

141 where  $L(m, k)$  means  $m$  disjunct loops with  $k$  elements. So feedback at level  $k$  is given by the  
142 sum of all the loops of length  $k$  and the sum of the products of disjunct loops that have  
143 combined length  $k$ . Feedback at the different levels also corresponds to the coefficients of the  
144 characteristic polynomial of the system's matrix.

145 Loop Analysis considers two criteria for stability, the Routh-Hurwitz criteria (Hurwitz, 1895;  
146 Routh, 1877). The first criterion states that feedback at all levels is negative (Routh, 1877). The  
147 second criterion is satisfied by the Hurwitz determinants (Hurwitz, 1895) being positive and it  
148 asserts that negative feedback of long loops cannot be stronger than negative feedback of  
149 shorter loops. This can be represented by a series of inequalities, the first of which is:

$$150 \quad F_1 * F_2 + F_3 > 0. \quad (3)$$

151 Eq. 3 defines the second Hurwitz determinant, which is used as second condition for stability  
152 for loop models with three and four variables (Puccia and Levins, 1985). For loop models with  
153 five variables the formula for the third Hurwitz determinant applies:



154 
$$-(F_1 * F_2 + F_3) * F_3 + (F_1 * F_4 + F_5) * F_1 > 0. \tag{4}$$

155 It is also possible to conduct a sensitivity analysis of each feedback level and Hurwitz  
156 determinant to each element in the matrix (Hosack et al., 2009). The procedure counts how  
157 many times each direct effect in the model appears in stabilising (negative) and destabilising  
158 (positive) elements (feedback cycles) in the calculation of Hurwitz determinants or feedback  
159 levels and divides it by the total number of feedback cycles in which the same direct effect  
160 appears. The index takes values from -1 to 1; for sensitivities of feedback levels, values close to  
161 -1 indicate that the direct effect appears only in stabilising feedback cycles, a value of 0  
162 indicates that the direct effect appears in the same number of stabilising and destabilising  
163 feedback cycles, while a value close to +1 indicates that the direct effect has a highly  
164 destabilising effect on the system. The opposite is true for sensitivities of Hurwitz  
165 determinants. For a detailed description of this method see (Hosack et al., 2009).

166 For any loop model with  $n$  variables there are  $n$  possible points of entry for a press  
167 perturbation, one for each variable; a table of predictions can be built to show how the  
168 equilibrium value of each variable changes in response to a press perturbation in itself or in  
169 any other variable. The matrix of predictions is given by the adjoint of the system's matrix.  
170 Each prediction is the result of the sum of all direct and indirect paths from the perturbed  
171 variable to the response variable and the feedback of their complementary subsystems, which  
172 are the subsystems of variables and links not included in a given path. The change in the  
173 equilibrium value (\*) of the variable  $X_j$  due to a change in the parameter  $c$  in the variable  $X_i$  is  
174 given by Eq. 5.

175 
$$\frac{\partial X_j^*}{\partial c} = \frac{\sum_{i,j} \left( \frac{\partial X_i}{\partial c} \right) (p_{ij}) (F^{\text{comp}})}{F_n} \tag{5}$$

176 The variable that is subjected to the press perturbation is  $X_i$ , each possible path from  $X_i$  to  $X_j$  is  
177  $p_{ij}$  and the feedback of the complementary subsystem is  $F^{comp}$ , while  $F_n$  is the overall feedback  
178 of the system. The sum of the products  $\left(\frac{\partial X_i}{\partial c}\right) (p_{ij})(F^{comp})$  for each possible path ( $p_{ij}$ )  
179 determines the overall effect of the press perturbation acting on  $X_i$  on the variable  $X_j$ . Each  
180 element in the sum can be positive, negative or 0 and the magnitudes of the effects are not  
181 specified. Therefore, the prediction can have a certain degree of sign indeterminacy that can  
182 range from completely undetermined to uncertain predictions. Each prediction in the adjoint  
183 matrix can be weighted by the total number of cycles contributing to it, which is called the  
184 absolute feedback; the ratio between the absolute value of each element of the adjoint matrix  
185 and the corresponding value of absolute feedback gives the weighted-prediction matrix  
186 (Dambacher et al., 2002). Weighted predictions are a measure of uncertainty and range from 0  
187 to 1; values near 0 represent predictions that are highly indeterminate, while values of 1  
188 indicate that the prediction is completely reliable in terms of its sign.

### 189 2.1. Property rights scenarios

190 In the resource management literature property is mainly considered as owned or affected by  
191 private individuals, local communities or governments (Acheson, 2006; Hoffmann, 2013). In  
192 this study we consider an open access scenario in which there are no rules governing property  
193 rights, and scenarios where property rights are owned by a central authority or the local  
194 community of users. In order to represent both marine and terrestrial systems, we do not  
195 consider private property, which is often not possible in a marine context where boundaries  
196 are difficult to define and wildlife is highly mobile. Some studies have highlighted the  
197 importance of nesting and institutional variety in governance structures (Dietz et al., 2003),  
198 showing how mixed strategies can determine the success of CPRs (Pirotta and Lusseau, 2015).  
199 Following these studies we also considered hybrid scenarios, where property rights are shared

200 between the users and a third party. Within these property rights regimes we also considered  
201 different management tools.

202 *2.1.1. Open access*- This scenario (Fig. 1a) describes an unregulated system where access and  
203 use of the resource are unregulated. This core model builds on previous work on sustainable  
204 tourism by (Casagrandi and Rinaldi, 2002); the equations presented by Casagrandi and Rinaldi  
205 were converted into a signed digraph and all the following scenarios are derived from this core  
206 model by adding feedbacks representing governance structures. This simple model represents  
207 all main system components: tourists (T), the capital (C), intended as structures available for  
208 tourism activities, and the environment (E). Resource users, tour operators, are included in C in  
209 this model. All the links to the variable T (Fig. 1) represent the attractiveness of the site;  
210 tourists are attracted by the presence of amenities and environmental quality, while the  
211 attractiveness of the site decreases with overcrowding. The infrastructure degrades and  
212 investment is needed to renew it. Tourists generate revenues that are invested in new  
213 infrastructures. Tourism infrastructures, such as hotels, vehicles for wildlife or sightseeing  
214 tours, roads etc., negatively impact the environment as do the tourists (Casagrandi and Rinaldi,  
215 2002). The environment is assumed to have a carrying capacity with density-dependence  
216 effects (Casagrandi and Rinaldi, 2002) and it is not assumed to be in pristine conditions in  
217 absence of tourism. Therefore the environment exploited by human activities is kept far from  
218 its carrying capacity and will exhibit a positive self-regulation. We do not assign magnitudes to  
219 the effects just described and, therefore, they can range from negligible, to very strong ones.

220 *2.1.2. State ownership* – We investigated the outcomes of different state-ownership property  
221 rights scenarios on the same tourism-based system described in the open access model by  
222 adding a variable for state intervention (S) (Fig. 1b). We developed three scenarios. State  
223 intervention is stimulated by a reduction in environmental quality in all the models and the

224 state always implements measures to improve environmental quality. This negative loop  
225 between S and E represents an adaptive management strategy. The subsidies scenario (pink  
226 link in Fig. 1b) represents a situation in which the state subsidises the industry to build new  
227 infrastructures. In the licensing scenario (blue link in Fig. 1b), the state holds property rights on  
228 the resource and limits the expansion of the infrastructure by issuing licences to a restricted  
229 number of users. In the access fee scenario (Fig. 1b, yellow link), state intervention controls  
230 the number of tourists allowed in the area (e.g., entrance fee for a national park).

231 *2.1.3. User group ownership* – In these two scenarios (Fig. 1c) property rights are owned by the  
232 users' group, which becomes an explicit variable in the model, U. Users have the right to  
233 access and use the resource, exclude other individuals from the resource and have alienation  
234 rights. Users could own a quota of time to spend with wildlife, or a quota of trips they can  
235 make, and they can sell or lease their quota to other users. The positive links from T to U and  
236 from U to C represent this market-based system of individual transferable quotas (ITQ);  
237 according to the flow of tourists in a year, the users can decide to retain or sell their quotas,  
238 thus increasing or decreasing the number of structures available to the tourists (for example  
239 the number of boats available for trips). In the second scenario the users also implement an  
240 adaptive management strategy (green links in Fig. 1c).

241 *2.1.4. Hybrid* – The hybrid scenarios (Fig. 1d) are a combination of the last two. Here property  
242 rights are shared between the users' group and a third party. The users still have access, use,  
243 exclusion and alienation rights, but the government (Fig. 1d, in orange) or an agency funded by  
244 the users (Fig. 1d, in green) is in charge of monitoring and managing environmental quality.

245 For each of these systems we used the Routh-Hurwitz criteria to determine whether the  
246 system's equilibrium was stable or unstable to pulse perturbations. Given the qualitative  
247 nature of the relationships described in the models, equations 2, 3 and 4 may have uncertain

248 results due to the sum of positive and negative quantities with no specified magnitude. We  
249 built 10000 quantitative matrices, drawing values for the relationships between variables from  
250 random uniform distributions ( $a_{ij} \sim U(0, 1)$ ) keeping the same sign pattern as the original  
251 qualitative model. We repeated the stability analysis on these matrices and the proportion of  
252 quantitative systems that met the stability criteria was used as a measure of the system's  
253 potential for stability. Secondly, we conducted the sensitivity analysis (Hosack et al., 2009) of  
254 the stability criteria to identify which relationships in the system predominantly drive the  
255 scope for the system to achieve sustainability. Lastly, we obtained predictions of the system's  
256 behaviour after a press perturbation to determine whether the system has potential to  
257 achieve TBL sustainability.

258 The R package "LoopAnalyst" (Dinno, 2013; R Core Team, 2015) was used for conducting  
259 stability analysis and producing prediction tables, while sensitivity analysis was conducted in  
260 MATLAB (version 8.3.0.532, release 2014a, The MathWorks, Inc., Natick, Massachusetts,  
261 United States). R and MATLAB code are available as online supporting information (Appendices  
262 A & B respectively).

### 263 **3. Results**

#### 264 *3.1. Potential and conditions for stability to pulse perturbations*

265 None of the systems was unconditionally stable (Table 1). The two users' group ownership  
266 scenarios presented the highest potential for stability, followed by the open-access scenario;  
267 after a pulse perturbation, these systems have the highest chance to go back to their  
268 equilibrium state. A tourism SES under all the other scenarios has a good chance to be  
269 displaced from its equilibrium state after a small perturbation and either move to a different  
270 equilibrium, or present oscillatory instability (Levins, 1974; Puccia and Levins, 1985).

271 Table 1. Potential for stability for all the models expressed as the proportion of quantitatively  
272 specified systems that met all stability criteria

Model	Potential for stability
Open access	10.48%
Subsidies	4.24%
Licensing	7.98%
Access fee	7.17%
User group ownership 1	21.42%
User group ownership 2	18.72%
Hybrid 1	5%
Hybrid 2	2%

273

274 The self-effect of E was consistently destabilising in all the scenarios (Appendix C). The  
275 environment needs to be at or close to its carrying capacity, where its rate of change is at its  
276 minimal. The positive loop between T and C was also crucial in determining stability in all the  
277 scenarios (Appendix C). In order for the system to be stable, infrastructures should not be a  
278 strong attractor for tourists and only a small proportion of tourists' revenues should be  
279 reinvested in building new infrastructure.

280 Some management strategies were destabilising for the system. In the subsidies scenario, the  
281 state intervention to subsidise the industry decreased potential for stability (Table C.2), while  
282 in the other two state ownership scenarios, the limiting strategies put in place by the  
283 government (licences and access fee) stabilised the system by creating negative feedback  
284 (Tables C.3 and C.4). However, the second stability criteria was usually sensitive to these

285 negative links (Tables C.3 and C.4); these strategies tend to create long negative feedbacks that  
286 can potentially overwhelm short ones, thus decreasing potential for stability.

287 In both the users' group ownership and the hybrid scenarios, the positive path from T to C  
288 through U, which represents the system of ITQ, was crucial in determining sustainability  
289 (Tables C.5, C.6, C.7 and C.8). These links add positive feedback to the system, which tends to  
290 move the system away from its equilibrium state after a perturbation; however, they also  
291 create positive long feedbacks that counterbalance negative short ones, thus decreasing the  
292 probability of oscillatory instability of the system after a perturbation (Puccia and Levins,  
293 1985).

294 The adaptive management strategy implemented by the government (state ownership and  
295 first hybrid scenarios; Tables C.2, C.3, C.4 and C.7), the users (second user group ownership  
296 scenario; Table C.6) or by the agency funded by the users (second hybrid scenario; Table C.8)  
297 to maintain environmental quality always increased the potential for sustainability.

### 298 3.2. Predictions and Triple Bottom Line sustainability

299 The open access scenario did not present any potential for TBL sustainability; most of the  
300 predictions (Table 2) showed negative responses of the variables to positive press  
301 perturbations to the system.

302

303 Table 2. Predictions of responses to press perturbations for the open access scenario. In  
304 response to an increase in the column variable, the equilibrium value of the variable in the

305 corresponding row either increased (green), decreased (red), or we could not determine the  
306 response qualitatively (white). T: tourists; C: capital; E: environment

	T	C	E
T	Red	Red	Green
C	Red	White	Green
E	Red	Red	White

307

308 One common result among the three state ownership scenarios (Table 3) was the absence of  
309 response of the environment to any press perturbation in the system, except for perturbations  
310 to S. State intervention then acted as a buffer of the environment, absorbing all the press  
311 perturbations that enter the system (Puccia and Levins, 1985). This result highlights the  
312 importance of an adaptive strategy to natural resource management. Only the subsidies  
313 scenario was not compatible with the concept of TBL sustainability, while a licencing scenario  
314 offered scope for the industry to grow sustainably (Table 3). However, in this scenario, it is  
315 uncertain how the capital will respond to an increase in the number of tourists. There are two  
316 ways T can influence C (Fig. 1b, blue link): the direct effect is positive, while the indirect path is  
317 negative (an increase in T has a negative effect on E, which will stimulate S to reduce C). When  
318 the direct positive feedback cycle is stronger than the indirect negative one, the response of  
319 the capital will be positive and TBL sustainability achievable. This condition is opposite to the  
320 conditions for stability; among the simulated quantitative systems, most of the stable ones  
321 showed a negative response of C to increases in T, even though positive responses were also  
322 possible (Fig. D.1). This indicates that TBL sustainability is possible, but very difficult to achieve  
323 in a licencing scenario. The same was true for the “access fee” scenario (Table 3).



324 Table 3. Predictions of responses to press perturbations for state ownership scenarios. The  
 325 equilibrium value of the variable in the corresponding row either increased (green), decreased  
 326 (red), or was not affected (yellow) in response to an increase in the column variable. Some  
 327 responses could not be determined qualitatively (white) and for ambiguous responses (shaded  
 328 green or red) we provide values of weighted feedback. Values of 0.5 give a sign determination  
 329 that exceeds 90% (Dambacher, Li & Rossignol 2003). T: tourists; C: capital; E: environment; S:  
 330 state intervention

Responses	Inputs to			
<i>Subsidies</i>	T	C	E	S
T		Green	Red	(0.3)
C	Green	Green	Red	(0.3)
E	Yellow	Yellow	Yellow	(0.5)
S	Green	Green	White	(0.5)
<i>Licensing</i>	T	C	E	S
T	Green	Green	Green	Green
C	White	Green	Green	(0.3)
E	Yellow	Yellow	Yellow	(0.5)
S	Green	Green	White	(0.5)
<i>Access fee</i>	T	C	E	S
T	Green	White	Green	Green
C	Green	Green	Green	Green
E	Yellow	Yellow	Yellow	(0.5)
S	Green	Green	White	(0.5)

331

332 Group property rights regimes, which showed higher resilience to pulse perturbations, had no  
 333 potential for TBL sustainability (Table 4). In the first scenario, there is a high number of  
 334 negative responses to positive inputs to the system. The second scenario showed a very high  
 335 degree of indeterminacy (values of weighted feedback < 0.5 (Dambacher et al., 2003)) and  
 336 some negative responses, which means that TBL sustainability is not likely to be achieved.

337 Table 4. Predictions of responses to press perturbations for users' group ownership scenarios.  
 338 The equilibrium value of the variable in the corresponding row either increased (green) or  
 339 decreased (red) in response to an increase in the column variable. Some responses could not  
 340 be determined qualitatively (white) and for ambiguous responses (shaded green or red) we  
 341 provide values of weighted feedback. Values of 0.5 give a sign determination that exceeds 90%  
 342 (Dambacher, Li & Rossignol 2003). T: tourists; C: capital; E: environment; U: users

Responses	Inputs to			
	T	C	E	U
<i>Scenario 1</i>				
T	Red	Red	Green	Red
C	Red	White	Green	White
E	Red	Red	(0.3)	Red
U	Red	Red	Green	(0.5)
<i>Scenario 2</i>				
T	(0.3)	(0.3)	White	(0.3)
C	White	White	(0.3)	(0.3)
E	(0.5)	(0.3)	(0.3)	(0.5)
U	(0.3)	White	(0.3)	(0.5)

343

344 In contrast, the two hybrid scenarios, had predictions compatible with the concept of TBL  
345 sustainability. There was only one negative response in the first scenario (Table 5): following  
346 an increase in state intervention, the environment could degrade. This counter-intuitive  
347 response was uncertain (weighted feedback = 0.3; Table 5). Moreover, the conditions for this  
348 response to be positive were the same as the conditions for sustainability and this response  
349 was always positive in quantitatively stable systems (Fig. D.2a). The undetermined predictions  
350 of the response of users to an increase in the number of users could potentially be a problem  
351 for social justice. If the negative self-loops of T, C and U are weaker than the positive loop  
352 between T and C, then the number of users decreases, with a potential for monopolisation.  
353 This condition is never satisfied in stable systems, so the response of U to inputs to U is always  
354 positive in stable systems and TBL sustainability achieved (Fig. D.2b). The second scenario  
355 showed more uncertainty (Table 5). An increase in tourism structures gave an undetermined  
356 response of the capital itself. Conditions for this response to be positive were the same as  
357 conditions for stability and the capital always responded positively to positive inputs to the  
358 capital in quantitative stable systems (Fig. D.3a). The same was true for the response of the  
359 environment and users to an increase in users (Fig. D.3b & c) and the response of the  
360 environment to an increase in the management effort of the agency (Fig. D.3c). These  
361 responses were always positive in quantitative stable systems. Therefore, this scenario  
362 guarantees sustainability according to the TBL sustainability concept in presence of conditions  
363 for stability to pulse perturbations.

364 Table 5. Predictions of responses to press perturbations for hybrid scenarios. The equilibrium  
365 value of the variable in the corresponding row either increased (green), decreased (red), or  
366 was not affected (yellow) in response to an increase in the column variable. Some responses  
367 could not be determined qualitatively (white) and for ambiguous responses (shaded green or  
368 red) we provide values of weighted feedback. Values of 0.5 give a sign determination that

369 exceeds 90% (Dambacher, Li & Rossignol 2003). T:tourists, C: capital, E: environment, U: users,  
 370 A: external agency

Responses	Inputs to				
<i>Scenario 1</i>	T	C	E	U	S
T	Green	Green	Yellow	Green	Green
C	Green	Green	Yellow	Green	Green
E	Yellow	Yellow	Yellow	Yellow	(0.3)
U	Green	Green	Yellow	White	Green
S	Green	Green	(0.3)	Green	(0.7)
<i>Scenario 2</i>	T	C	E	U	A
T	Green	Green	Yellow	Green	Green
C	Green	White	Yellow	Green	Green
E	Green	Green	Yellow	White	(0.3)
U	Green	Green	Yellow	White	Green
A	(0.5)	White	(0.5)	(0.7)	(0.7)

371

#### 372 4. Discussion

373 A qualitative approach to SESs modelling provided a way to test alternative governance  
 374 structures and assess whether they would influence the sustainability of nature-based tourism.  
 375 SESs are subjected to press-pulse dynamics (Collins et al., 2011) and in order to predict the  
 376 outcomes of different management strategies we need to investigate their responses to both  
 377 press and pulse perturbations. In order to be sustainable, a SES needs to be resilient to pulse  
 378 perturbations and, in presence of a press change, such as economic growth, the system needs

379 to maintain economic profitability of human activities, environmental quality and social justice  
380 (TBL sustainability).

381 Here we showed that in instances when nature-based tourism systems can be considered  
382 exploiting a common good (Pirota and Lusseau, 2015) then they are most likely to be  
383 unstable, regardless of the management strategy adopted. A small pulse perturbation can  
384 potentially drive the system away from its equilibrium and either move it to a new equilibrium  
385 state or cause oscillations. However, all the systems tested in this study had some potential for  
386 local stability to pulse perturbations.

387 Some management scenarios exhibited higher potential for stability than others. However, this  
388 potential for stability to pulse perturbations did not always correspond to the potential for  
389 sustainable development of the industry. For instance, open access and user group ownership  
390 scenarios showed the highest potential for stability (Table 1), but they had no potential to  
391 achieve TBL sustainability (Tables 2 & 4). In open access commons, overexploitation of the  
392 resource happens because the perceived benefits of overuse are always higher than the  
393 perceived losses (Hardin, 1968) and users have no incentives to invest in the resource or  
394 conserve it for the future (Acheson, 2006). Therefore, without any regulation, a CPR is doomed  
395 to degradation and human activities to failure. Local knowledge of user groups can confer  
396 more resilience to user-managed SESs (Berkes et al., 2003), but it does not guarantee  
397 sustainable growth (Table 4) (Ostrom, 1990).

398 State ownership scenarios were very sensitive to pulse perturbations (Table 1), but two of  
399 them offered a better outlook for TBL sustainability. The licensing and the access fee scenario  
400 could potentially lead to a stable system that has scope for sustainable growth, but this  
401 outcome was possible only in a very narrow range of parameter space. Conditions for stability  
402 (Appendix C) contrasted with conditions for TBL sustainability (Table 3), therefore only a few

403 quantitative stable systems had scope for sustainable growth (Fig. D.1). Moreover, links that  
404 were stabilising at low levels, formed long negative loops that can overwhelm shorter ones  
405 and cause oscillations in system's behaviour. These results indicate that it might be very  
406 difficult to find a balance between all these conditions and design effective rules. These  
407 management strategies are very difficult to design because of a high degree of uncertainty  
408 surrounding the number of licences that should be issued or the price of the access fee  
409 (Acheson, 2006). In a perfectly designed system, these strategies would guarantee a stable SES  
410 that can grow sustainably. However, perfectly designed management strategies are rarely  
411 achieved, therefore, in SESs governed by centralised institutions, sustainable development is  
412 possible only by trading off some of the system's robustness to pulse perturbations.

413 Nonetheless, locally user-defined market-based strategies can fail too. The ITQ strategy,  
414 represented in our models by the positive links between the tourists, the users and the capital  
415 (Fig. 1c & d), was highly destabilising for the system (Appendix C). Introducing positive  
416 feedback into the system contributed to destabilisation. Previous studies have suggested that  
417 simple strategies, where the market or the government alone have complete control over the  
418 resource, often fail and that a combination of different institutional arrangements creates  
419 better conditions for sustainable governance (Dietz et al., 2003; Meinzen-Dick, 2007; Pirotta  
420 and Lusseau, 2015). We showed that in a management regime where property rights and  
421 responsibilities are shared between the users and a third party there is a good potential for  
422 sustainable development of the industry (Table 5). In these strategies, users still retain their  
423 rights of access and use, exclusion and alienation, but the management of the resource is left  
424 to the government (Fig. 1d, in orange) or an external agency funded by the users (Fig. 1d, in  
425 green). However, these scenarios are very sensitive to pulse perturbations, which means that  
426 there is a very narrow range of parameter space where these systems can be sustainable and

427 grow. ITQs need to be very carefully designed in order to promote sustainable use of the  
428 resource, social equity and economic efficiency (McCay, 1995).

429 We conclude that sustainability is very hard to achieve in our SES. Casagrandi and Rinaldi  
430 (2002) showed that in open access tourism SESs, sustainability is often at risk because small  
431 perturbations can have dramatic effects on profitability of the industry and on the  
432 environment. We generalise this finding to the main governance structures available for  
433 common goods. We also found mechanisms consistently influencing SESs sustainability. First, it  
434 is important to understand what attracts tourists to a site, because a strong demand for  
435 tourism infrastructures is very likely to lead to instability. Also, in order to maintain  
436 sustainability, a higher proportion of the tourism revenues should be invested in renewing old  
437 infrastructures, instead of investing in new ones.

438 Secondly, the exploited common resource needs to be maintained in a state where its rate of  
439 change is minimal; for example, keeping a wildlife population close to its carrying capacity. The  
440 self-enhancing effect that results from the resource being exploited to the point that it is far  
441 from its 'pristine' abundance/density strongly affects the resilience of the system. This result  
442 discourages the use of Maximum Sustainable Yields (MSY) in wildlife management. Many  
443 studies have discouraged the application of the MSY concept in the management of harvested  
444 populations and ecosystems, on the basis that it would lead to extinction of some species  
445 instead of guaranteeing a sustainable use (Geček and Legović, 2012; Larkin, 1977; Legović et  
446 al., 2010). Our results confirm that exploitation of natural resources to the point that they are  
447 far from their carrying capacity decreases the sustainability of the harvesting and not the  
448 contrary.

449 Using an integrated qualitative approach that takes into account economic profitability,  
450 environmental quality and some form of social justice, we have identified which management

451 regimes have the highest potential for sustainability, and the conditions necessary for them to  
452 achieve it. We agree with Ostrom's Law that one-size-fits-all solutions fail in most real  
453 situations. This happens because SESs are highly unstable and sustainability is only possible in  
454 very narrow regions of parameter space. We have showed that some management strategies  
455 have higher potential for sustainability than others, but each strategy must be carefully tuned  
456 to each particular situation. Although our models of a tourism-based system are extremely  
457 simplified, they are representative of all the main components of Ostrom's conceptual map  
458 (Ostrom, 2007): resource system, users, governance system and their interactions. More  
459 detailed SESs can now be explored, by unpacking these highest-tier conceptual variables  
460 (Ostrom, 2007). We propose that this qualitative approach can be a powerful diagnostic tool to  
461 identify variables and their combinations that affect sustainability of different governance  
462 systems in common-pool resource management.

#### 463 **Acknowledgments**

464 This work was funded by the University of Aberdeen and Scottish Natural Heritage (SNH) and  
465 their support is gratefully acknowledged. We thank MASTS (the Marine Alliance for Science  
466 and Technology for Scotland) for their role in funding this work and B. Leyshon and F. Manson  
467 (SNH) for fruitful discussion.

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