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Cobalamin concentrations in fetal liver show gender differences: a result from using an HPLC-ICP-MS as an ultra-trace cobalt speciation method

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4 **1 Cobalamin concentrations in fetal liver show gender**
5 **2 differences: a result from using an HPLC-ICP-MS as**
6 **3 an ultra-trace cobalt speciation method**
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3 **22 ABSTRACT**
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24 Maternal diet and lifestyle choices may affect placental transfer of cobalamin (Cbl) to
25 the fetus. Fetal liver concentration of Cbl reflects nutritional status with regards to
26 vitamin B12, but at these low concentration current Cbl measurement methods lack
27 robustness.

28 An analytical method based on enzymatic extraction with subsequent RP-HPLC
29 separation and parallel ICP-MS and ESI-Orbitrap-MS to determine specifically Cbl
30 species in liver samples of only 10-50 mg was developed using 14 pig livers.
31 Subsequently 55 human fetal livers were analyzed. HPLC-ICP-MS analysis for cobalt
32 (Co) and Cbl gave detection limits of 0.18 ng/g and 0.88 ng/g d.m. in liver samples
33 respectively with a recovery of >95%. Total Co (Co_t) concentration did not reflect the
34 amount of Cbl or vitamin B12 in the liver. Cbl bound Co contributes only 45 +/- 15 %
35 to Co_t. XRF mapping and μ XANES analysis confirmed the occurrence of non-Cbl
36 cobalt in pig liver hot spots indicating particular Co. No correlations of total cobalt
37 nor Cbl with fetal weight or weeks of gestation were found for the human fetal livers.
38 Although no gender difference could be identified for total Co concentration, female
39 livers were significantly higher in Cbl concentration (24.1 +/- 7.8 ng/g) than those
40 from male fetuses (19.8 +/- 7.1 ng/g) (p=0.04). This HPLC-ICP-MS method was able
41 to quantify total Co_t and Cbl in fetus liver and it was sensitive and precise enough to
42 identify this gender difference.

45 **INTRODUCTION**

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47 Vitamin B12 or cobalamin (Cbl) is an essential vitamin stored in the liver.¹ Cbl can
48 occur in different molecular forms of which only two, methyl-cobalamin (Me-Cbl)
49 and adenosylcobalamin (Ado-Cbl), are physiologically active. Me-Cbl is a cofactor
50 for enzymes in the carbon-1 metabolism, while Ado-Cbl is a cofactor for enzymes
51 involved in 1,2 H-shifts and transfer of an electronegative group to the neighboring
52 carbon atom. Although the majority of vitamin B12 is stored in the liver, the
53 concentrations are at the ultra-trace level.² The methods routinely used to determine
54 vitamin B12 status are either based on microbiological or immunoenzymatic
55 determination of Cbl in serum and have been criticized for their overestimation or
56 failure to determine low levels of Cbl and their lack of precision.^{3,4} Analytical
57 methods for Cbl determination based on chromatography coupled to ICP-MS or ESI-
58 MS have been reported but so far mainly used for food-supplements.^{5,6,7,8} An
59 analytical method based on thermal acidic denaturation with liquid/liquid extraction
60 of beef liver with subsequent RP-HPLC separation of the main four Cbl species with
61 ESI-MS detection showed promising results for the determination of Cbl in liver
62 samples.⁹ The sensitivity and specificity of this method though needs improving due
63 to the small size of tissue samples available from the human fetus and the extraction
64 needs to be confirmed by using a complementary direct speciation method such as
65 EXAFS and XANES.¹⁰

66
67 The wider aim of this study was to develop a method for Cbl quantitation which is
68 robust but sensitive enough to detect low background levels in liver samples. This
69 method was then applied to human fetal liver samples to identify whether vitamin
70 B12 status varies with body weight, gestation age or gender.

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72 This was achieved by the following objectives:

- 73 - To test whether it was possible to determine quantitatively the physiologically
74 active forms of Cbl (Me-Cbl and Ado-Cbl) besides cyano-cobalamin (CN-
75 Cbl), and hydroxyl-cobalamin (HO-Cbl) individually when spiked to liver in
76 order to evaluate the full conversion of those active forms into CN-Cbl.
- 77 - To evaluate the quantitative extraction and determination of vitamin B12 and
78 if possible the physiologically active forms of Me-Cbl and Ado-Cbl from pig

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3 79 liver samples using HPLC with parallel detection of using ICP-MS for Co and
4 80 ESI-MS for the individual Cbl forms.
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6 81 - To confirm whether extraction was altering the Cbl content by using a direct
7 82 speciation method for which no extraction is necessary by XRF (X-ray
8 83 fluorescence) mapping with subsequent μ XANES (x-ray absorption near edge
9 84 spectroscopy).
10 85 - To apply the protocol to 55 human fetal livers and quantify the Cbl
11 86 concentration and Co_t concentration in fetal livers and evaluate the results with
12 87 regards to liver weight, sex and gestation age.
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90 **EXPERIMENTAL SECTION**

92 **Chemicals and Material**

93 Water used throughout the experiments was of 18 M Ω cm quality (Elga, UK). The
94 different cobalamin (Cbl) standards, methyl-cobalamin (Me-Cbl), hydroxy-cobalamin
95 (HO-Cbl), adenosyl-cobalamin (Ado-Abl) and cyano-cobalamin (CN-Cbl) (98%,
96 Sigma-Aldrich Germany) were dissolved in water at a concentration of 1 mg Co/mL
97 and stored in the dark. The eluents for the HPLC were 0.1% formic acid (Analytical
98 reagent grade, Fisher Scientific UK) in water (eluent A) and 0.1% formic acid in
99 methanol (HPLC grade S, Rathburn UK) (eluent B). Co standards (High purity
100 standards, UK) for calibration were prepared based on a stock solution of 1000 mg
101 Co/L diluted with 1% HNO₃ conc. (supra pure, BDH UK). A Rh solution (Specpure,
102 Alfa Aesar Germany) served as internal standard. For the sample preparation
103 different organic solvents were used, including methanol (Laboratory reagent grade,
104 Fisher Scientific UK) and acetone (Laboratory reagent grade, Fisher Scientific UK).
105 For the liver extraction acetate buffer (pH 5) (acetic acid: extra pure, Sigma-Aldrich
106 Germany), Papain (from Carica Papaya, Sigma Aldrich Germany), potassium cyanide
107 (Fisher Scientific UK) and HCl (Laboratory reagent grade, Fisher Scientific UK) were
108 used. Nitric acid conc and hydrogen peroxide (Laboratory reagent grade, Fisher
109 Scientific UK) were used for the microwave-assisted digestion of liver samples prior
110 to total Co measurements by ICP-MS.
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3 **112 Pig Liver samples**
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5 113 For the method development 14 pig liver samples were used as a proxy for the human
6 114 liver samples. The pig livers were bought at a local butcher in Aberdeen and stored at
7 115 -20°C before analysis.
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12 **117 Human fetal liver**
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14 118 The collection of fetal material was approved by the NHS Grampian Research Ethics
15 119 Committees (REC 04/S0802/21). Women seeking elective, medical terminations of
16 120 pregnancy were recruited with full written, informed consent by nurses working
17 121 independently at Aberdeen Pregnancy Counseling Service. Only fetuses from
18 122 normally-progressing pregnancies (determined by ultrasound scan), from women over
19 123 16 years of age with a good grasp of English and between 11-21 weeks of gestation,
20 124 were collected.
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27 126 Fetuses were transported to the laboratory within 30 minutes of delivery, weighed,
28 127 crown-rump length recorded, and sexed. Livers were snap-frozen in liquid nitrogen
29 128 and stored at -85°C . All morphological data were from the same study as published in
30 129 Drake et al.¹¹ and are summarized in **Table 1**.
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35 131 **Table 1:** morphological data for mothers and fetuses (mean \pm SE)
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	Females	Males
Maternal age (yrs)	25.0 \pm 1.1	23.3 \pm 1.2
Maternal BMI (m^2/kg)	24.6 \pm 1.1	25.5 \pm 0.9
N	25	30
Fetal weight (g)	122.4 \pm 19.3	68.6 \pm 11.1
Fetal crown-rump length (mm)	111.2 \pm 6.3	95.1 \pm 4.5
Fetal age (weeks of gestation)	15.7 \pm 0.6	14.1 \pm 0.3

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54 **138 Experiments and methods**
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58 **140 Optimization of extraction method**
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3 141 All solutions were handled under dim light conditions. Cbl was extracted from
4 142 homogenized freeze dried liver samples using a method modified from Rappazzo et al.
5 143 (12). To 50 mg liver 10 μL potassium cyanide solution (1 % w/v), 500 μL buffer (50
6 144 mol L^{-1} sodium acetate pH 5.0) and varying amounts of papain were added. In the
7 145 optimized final method 5 mg papain was added. The solutions were incubated at
8 146 different temperatures and for different time periods and centrifuged after cooling in
9 147 order to optimize the extraction efficiency with regards to total Cbl. The supernatant
10 148 was stored at 4°C in the dark until analysis.
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18 150 **Total cobalt (Co_t) determination**

19 151 20-50 mg pig or human liver samples were weighed accurately in duplicate into
20 152 plastic centrifuge tubes. Subsequently 2.0 mL HNO_3 were added and left to stand
21 153 overnight at 25°C. Hydrogen peroxide (0.5 mL) and 0.250 mL of 20 mg/kg rhodium
22 154 as internal standard were added and the samples digested in a Mars 5 microwave oven
23 155 (Matthews Inc, USA). Blanks as well as the listed CRMs were digested in every
24 156 round of samples as well. Samples were cooled and diluted with deionised water to a
25 157 final concentration of 2% (v/v) nitric acid. Cobalt was measured by high-resolution
26 158 ICP-MS (Element 2, Thermo Fisher Scientific) at m/z 59 at low resolution ($R = 300$)
27 159 to gain more sensitivity in addition to m/z 103 for rhodium as the internal standard.
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37 161 **Cobalt speciation using HPLC-ICP-MS/ESI-MS**

38 162 The separation and determination of the 4 cobalamin species was carried out by
39 163 coupling a HPLC to an ESI-MS and ICP-MS using a reversed phase column with a
40 164 methanol gradient program. The ESI-MS was used in positive FTMS-mode of species
41 165 identification. The instrumental parameters are listed in **Table S1**. To allow
42 166 quantification the HPLC-ESI-MS was also linked to an ICP-MS. The HPLC flow was
43 167 split before the UV-detector with a ratio of 3:1 (ESI-MS: ICP-MS), the continuous
44 168 internal standard (Rh) used for ICP-MS was added via a T-piece before the ICP-MS
45 169 nebulizer to correct for matrix changes. Parameters are listed in **Table S1** and further
46 170 description of the split set up can be found by Bluemlein and co-workers.¹³
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55 172 **Synchrotron XRF mapping and μXANES speciation of Cobalt**

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3 173 Synchrotron based X-ray fluorescence (XRF) was used for mapping Co distribution in
4 174 shredded freeze-dried pig liver samples. The samples were prepared as thin pressed
5 175 pellets. Elemental maps were collected at beamline 20-ID (PNC/XOR) at the
6
7 176 Advanced Photon Source (APS), Argonne National Laboratory.
8
9 177 The electron storage ring operated at 7 GeV. A nitrogen cooled Si(111) double crystal
10 178 monochromator, calibrated using a cobalt metal foil, was used to generate the X-ray
11 179 beam. The fluorescence signal was collected using a 13-element Ge detector
12 180 (Canberra). Four maps of (1.5 x 1.5mm) were obtained by rastering the sample
13 181 through the 9700 eV beam of 10 x 6 μm with a step size of 20 μm and an integration
14 182 time of 0.3 s/step. The elemental mapping of trace levels of Co in a high Fe matrix
15 183 (hemoglobin) is challenging due to the large overlap between the Fe $\text{K}\beta$ emission line
16 184 (7,059 eV) and the Co $\text{K}\alpha$ emission line (6,915 eV). Therefore, a script was developed
17 185 to subtract the contribution of the Fe $\text{K}\beta$ signal from the sum of the Fe $\text{K}\beta$ plus Co $\text{K}\alpha$
18 186 signal based on the known ratio of Fe $\text{K}\beta$ relative to the collected Fe $\text{K}\alpha$ signal. Areas
19 187 on the maps, corrected for Fe interference, showing accumulation of Co were
20 188 investigated using μXANES in order to confirm the identification of Co and assess its
21 189 speciation. Three scans per point of interest were collected, averaged and normalized
22 190 using Athena.¹⁴ The spectra obtained were compared to cobalt standards of vitamin
23 191 B12 (CN-Cbl), coenzyme B12 (Ado-Cbl), methylcobalamin (Me-Cbl),
24 192 hydroxycobalamin (HO-Cbl) and also Co^{+I} and Co^{+II} salts.

193 194 **Quality controls and statistics**

195 Blanks as well as CRMs were measured with every batch of the liver digests for total
196 hepatic Co analysis. Certified standard reference materials (NIST RM8415, NRC
197 TORT-2) were used to check reproducibility and accuracy, with both better than +/-
198 5 %. Spiking experiments into the liver sample of Cbl-species were performed to
199 evaluate the integrity of the Cbl species and the accuracy and precision of the Cbl-
200 determination.

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202 Statistical analyses of data were performed using JMP 9.0.2 software (Thomas
203 Learning, London, UK). For method development ANOVA two way tests were
204 performed. For the human liver samples the normality of data distribution was tested
205 with the Shapiro-Wilk test and non-normally distributed data were log-transformed
206 and re-checked for normality prior to analysis by ANOVA and Tukey-Kramer HSD

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3 207 and *t*-tests, where data were not normalized, or the variances remained unequal, non-
4 208 parametric tests were performed (Wilcoxon Test).

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7 8 210 **Safety**

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10 211 Work with cyanide poses an extra level of risk, which needs to be assessed before
11 212 starting to work. Especially cyanide should not be poured in acidic solution below pH
12 213 5 to prevent the generation of volatile HCN.

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15 215 **RESULTS AND DISCUSSION**

16 216 **Separation and detection**

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21 217 A mixture of the 4 Cbl standards in water was measured by HPLC-ICP-MS. The 4
22 218 Cbl species were baseline separated on a C8 column with a methanol gradient. All
23 219 were well retained and separated within 14 min and were detected by their Co signal
24 220 on *m/z* 59 by ICP-MS and simultaneously by their molecular peaks $[M+H]^+$ and
25 221 $[M+2H]^{2+}$ by ESI-MS (**Figure 1a-b**). It can be seen that the ICP-MS Co response did
26 222 not change significantly during the chromatographic run although a gradient program
27 223 was used (**Figure S1**). This behavior is in contrast to what has been observed for
28 224 arsenic or Sulphur.¹⁵ Co does not benefit from the carbon enhancement effect, as
29 225 does As or Se, since it is already fully ionized in the plasma. The response factor for
30 226 the Orbitrap varied considerably depending on species as indicated by the different
31 227 peak heights (**Figure 1a**). Using the elemental calibration (**Figure S1a-b**) the amount
32 228 of cobalt can be calculated for each species using the ICP-MS signal, whereas when
33 229 solely the ESI-MS is used an individual calibration curve for every Cbl is required.
34 230 For quantification an external calibration was used with Co element standards (Co^{2+})
35 231 from 1 to 100 μg Co/L using the ICP-MS signal. The calculated detection limit for
36 232 aqueous solutions is about 0.05 μg Co/L based on 3 times standard deviation of the
37 233 background noise. This is more sensitive than the methods listed in a recent review.²

38 39 40 234 **Stability of the standards over time**

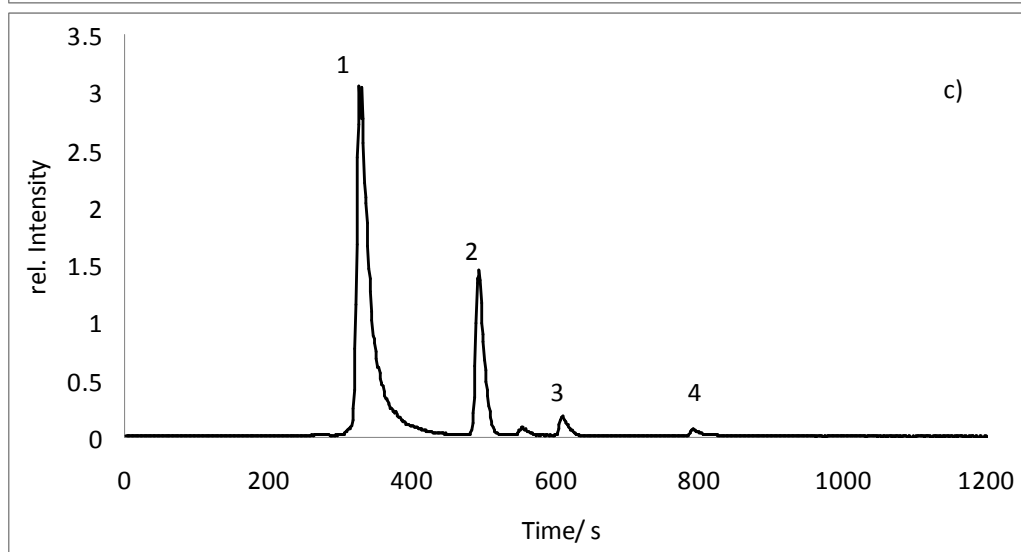
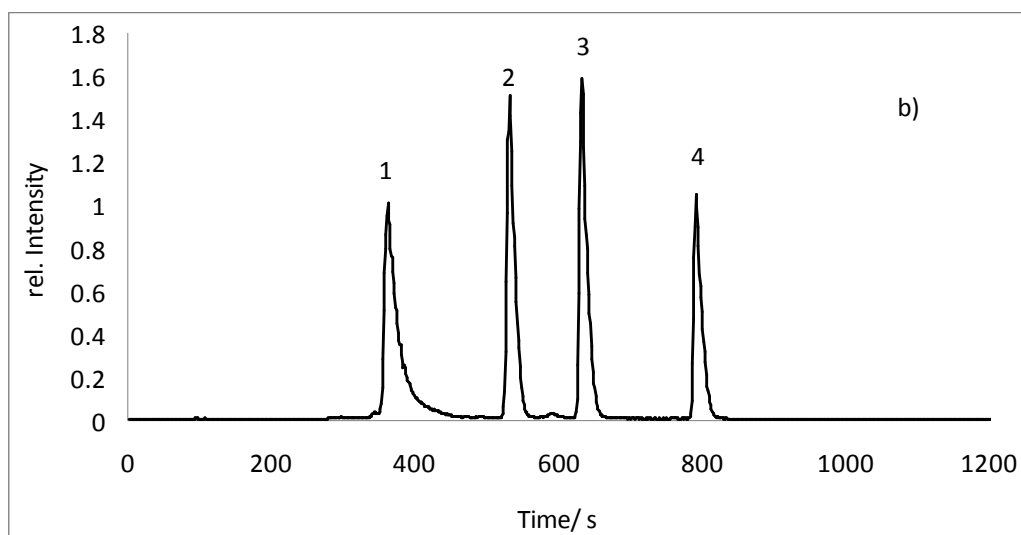
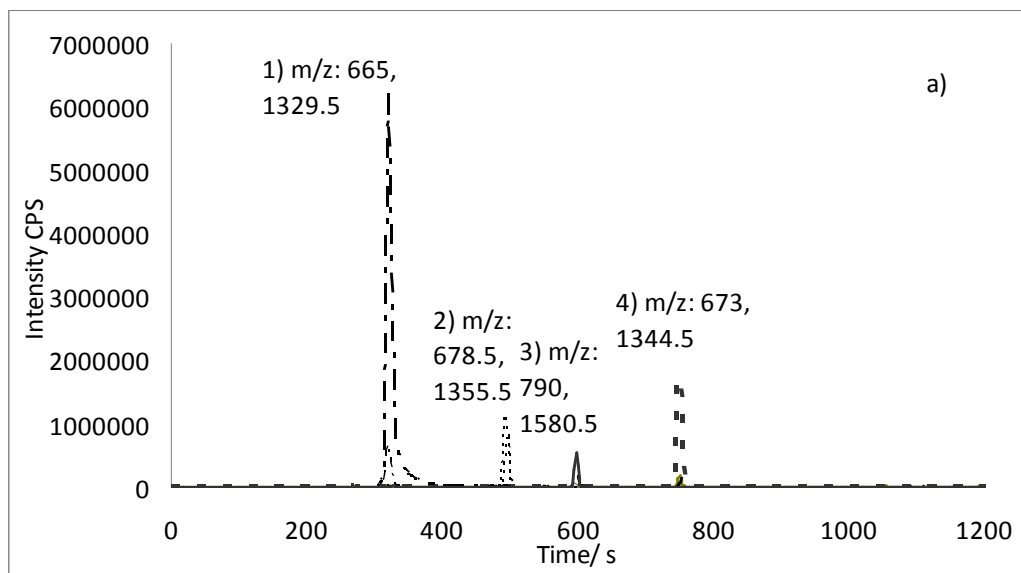
41 235 In order to assess the stability of cobalamins (objective 1), a comparison between
42 236 freshly prepared and stored (frozen) solutions was performed (**Figure 1b and 1c**).
43 237 When the standards were stored for more than a day in a freezer, species
44 238 transformation took place. CN-Cbl was stable, while Me-Cbl and Ado-Cbl showed

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3 239 recoveries of only 5.2 % and 10.6 % respectively. The overall recovery was however
4 240 around 90%, since the unstable species transformed to HO-Cbl, which almost tripled
5 241 in concentration (280%). This confirms the recent study of Szterk et al.⁹ who found
6 242 that these transformations may be through oxidation in air and UV radiation, which
7 243 result in the conversion of all physiologically important species to HO-Cbl. Hence,
8 244 the samples need to be measured immediately after extraction.

14 245 **Stability of cobalamin species in different extractant solutions**

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16 246 To extract the different Cbl species from liver, they have to be liberated from their
17 247 transport-proteins and transferred, unchanged, into the extract and the majority of the
18 248 matrix should be removed. Several possibilities were tested for their influence on Cbl-
19 249 speciation by spiking experiments using pig liver in order to address objective 1 and 2.
20 250 Treatment of Cbl-standards with papain, diluted nitric acid, methanol or acetone
21 251 resulted in species transformation. When all Cbl species were heated in acetone or
22 252 methanol in order to precipitate all proteins all Cbl species eluted in the void and did
23 253 not show the corrin-ring moiety (evident through missing $[M+H]^+$ data), this means
24 254 transformation to unbound polar Co species took place (early eluting Co compounds
25 255 close to the void volume). Hot water extraction at 50°C of the pig liver with
26 256 subsequent measurement of Co speciation showed that part of Ado-Cbl in the pig
27 257 liver was stable during this extraction (**Figure S2**). The majority of Co eluted
28 258 however in the void (**Figure S3**). Spiking of all four Cbl species into the pig liver
29 259 sample revealed also that the Me-Cbl and Ado-Cbl transferred mainly to HO-Cbl
30 260 rather than unbound non-retarded Co. Hence, the reliable quantification of the two
31 261 bioactive Cbl species was not possible. Since the aim is to have a sensitive method for
32 262 total Cbl in contrast to any non-Cbl (inorganic Co), we tested the CN-Cbl method
33 263 when all the Cbl species should be converted quantitatively to CN-Cbl (**Figure S4**).
34 264 This method was originally developed for the extraction of Cbl species from serum
35 265 (2). Quantitative conversion was tested by spiking pig liver with about 4 µg Co/g in
36 266 form of all four Cbl species in triplicates, and study their stability in the KCN liver
37 267 extracts.

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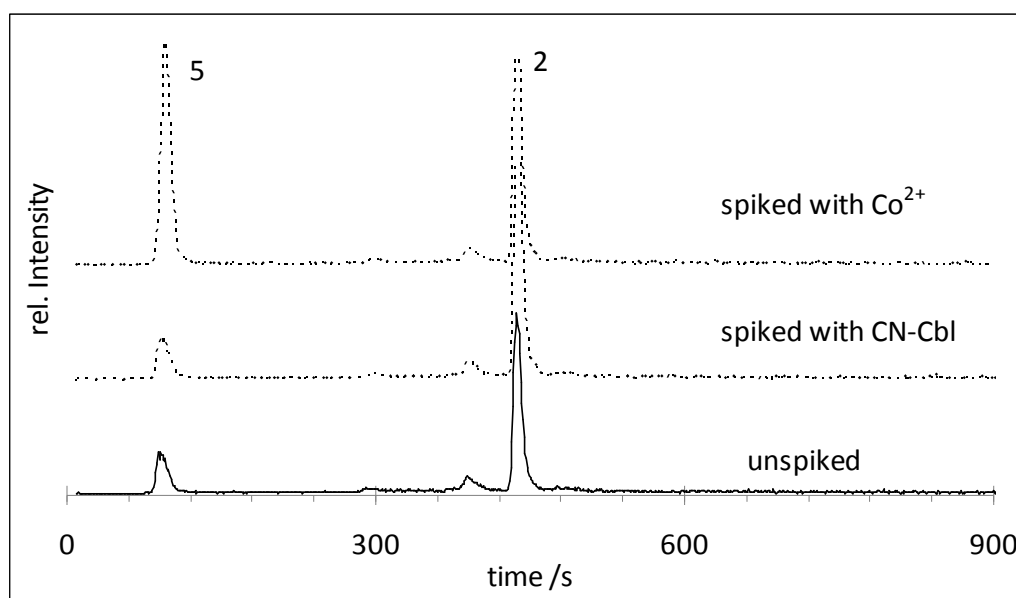
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3 **Figure 1a-c:** Chromatographic separation of four different cobalamin species using
4 reverse-phase HPLC detected on their $(M+H)^+$ and $(M+2H)^{2+}$ by ESI-Orbitrap MS (a)
5 and simultaneously on m/z 59 for cobalt by ICP-MS (b) within 13 minutes. Peaks are
6 1) HO-Cbl (m/z 665, 1329.5), 2) CN-Cbl (m/z 678.5, 1355.5), 3) Ado-Cbl (m/z 790,
7 1580.5), 4) Me-Cbl (m/z 673, 1344.5). The degradation of a standard under
8 oxygenated conditions at room temperature is shown in c).
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11 To minimize the risk of underestimation of Cbl in liver samples Ado-Cbl and Me-Cbl
12 were not determined as their individual species but rather quantitatively converted to
13 CN-Cbl by the addition of sufficient cyanide. Additionally only one peak needs to be
14 integrated which would make the SOP easier and lowers the error. When extracted
15 with the aid of cyanide the resulting chromatogram shows only two Co peak, one for
16 unbound early eluting Co and one for CN-Cbl as illustrated in **Figure 2**. None of the
17 Cbl species seems to loose Co under the tested conditions. The spiked pig liver did
18 not show an increase in the early eluting (unbound) Co, and only one prominent Co
19 peak, that of CN-Cbl (**Figure 2**). The column recovery was around 95 %. The
20 conversion of all spiked Cbl species to CN-Cbl was quantitative (94 +/- 2%; n=3)
21 which renders this method to be accurate. Although the recovery of the spiked Cbl
22 species was quantitative the extraction of Co_t was not (**Figure S5**). The Co_t
23 concentration of the unspiked pig liver was 57 +/- 4.7 ng Co g⁻¹ d.m. (**Figure S6**)
24 while the Co_t determined in the extract was only 32 +/- 1.7 ng Co g⁻¹ d.m., hence the
25 extraction efficiency of Co_t was only 56 %. Since the nature of the unaccounted Co
26 species was unknown the extraction method for Cbl was further optimized in order to
27 prevent potential loss of Cbl species in the liver samples by varying the papain
28 amount, the temperature and incubation time. The optimized extraction efficiency was
29 71 ± 28 % (n=4) of cobalt using between 10-50 mg liver 5 mg papain with 3 h
30 incubation at 37°C. (**Figure S5**). Although the spiked Cbl gave an excellent precision
31 of +/-2%, the precision of the intrinsic Co_t in the liver was higher (+/- 40 %) at the
32 level of 4 µg Co as Cbl/g. This indicates that the liver samples were not homogeneous
33 with regards to the Co_t when only 10-50 mg samples were used per digest. Hence, the
34 homogeneity of the sample was investigated by using the XRF mapping (objective 3).
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52 Using 3 times the standard deviation (SD) of the blank level, and a sample mass of 50
53 mg d.m., the method for has a detection limit of 0.18 ng/g d.m. for Co_t , while for the
54 speciation for total Cbl a detection limit of 0.88 ng Co/g d.m. was established. A
55 practical lower limit of quantification (10 times the SD of the blank) is therefore about
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3 309 3 ng Co as Cbl/g d.m. liver. This means that the described analytical method is
4 310 capable to detect between 10-50 pg Co as Cbl (depending on the weight of the
5 311 sample). This is superior to all so far described methods.^{2,9,12} This should be lower
6 312 than the expected levels of of Cbl in human fetal liver.
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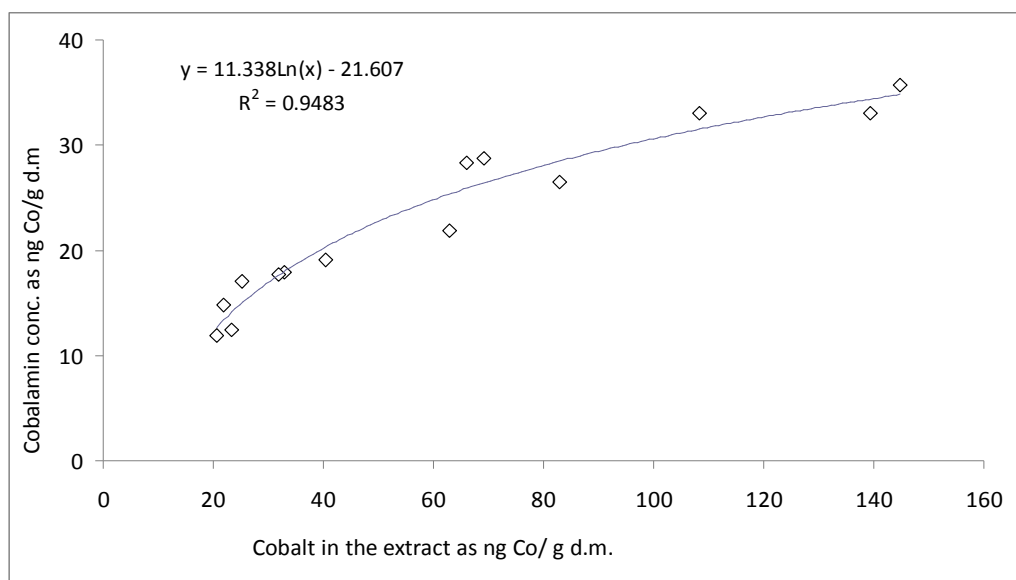
316
317 **Figure 2:** HPLC-ICP-MS chromatogram shows a pig liver extract using cyanide of an
318 unspiked and a CN-Cbl (peak 2) and Co²⁺ as nitrate spiked extracts (peak 5) gives the
319 inorganic cobalt in the extract, while peak 2 shows CN-Cbl.

323 Cobalt speciation in pig liver

324 The optimized method was applied to 14 pig liver samples. The amount of sample
325 used during this experiment was kept to below 50 mg per sample in order to evaluate
326 the suitability of the method for human fetal samples. Co_t varied significantly over
327 almost one order of magnitude (18-145 ng Co/g d.m.). The extraction efficiency was
328 measured for a subset (2 samples, n=3) and gave 89 ± 14 % with an outlier of only
329 43 % (**Figure S7**). All samples (n=14) were extracted for speciation analysis with the
330 optimized method. The extractable Co concentration ranged from 18 – 50 ng Co/g
331 d.m. Although the extraction efficiency was nearly quantitative, only a fraction of
332 total Co was in the form of Cbl measured as CN-Cbl (**Figure S8**). The Cbl fraction
333 accounted for 45 ± 15 % of Co_t, while non-specified unbound cobalt was nearly 55 %

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3 334 with little unaccounted non-extractable Co. While Co_t concentration was highly
4 335 variable the Cbl-concentration was remarkable constant with 23 ± 8 ng Co/g d.m
5 336 (n=14). Interesting is the variation between the different liver samples; the liver
6 337 sample CC-5 contained around 68 % of Co as Cbl in the extracted material, while L1F
7 338 had only 25 %. This variability has been seen in beef livers before.¹ Considering only
8 339 the extractable Co, Cbl shows a logarithmic trend when related to extractable Co
9 340 (**Figure 3**). That indicates that high total Co concentrations in pig livers might not be
10 341 the result of vitamin B12 accumulation but rather of Co which is not bound as Cbl.
11 342 This contradicts that the amount of Vitamin B12 linearly depends on the amount of
12 343 Co_t in liver reported elsewhere.¹ Hence, the Cbl concentration cannot be estimated
13 344 from the total Co concentration in pig liver. The amount of Cbl needs to be measured
14 345 directly in order to give a reliable account of the vitamin B12 concentration.

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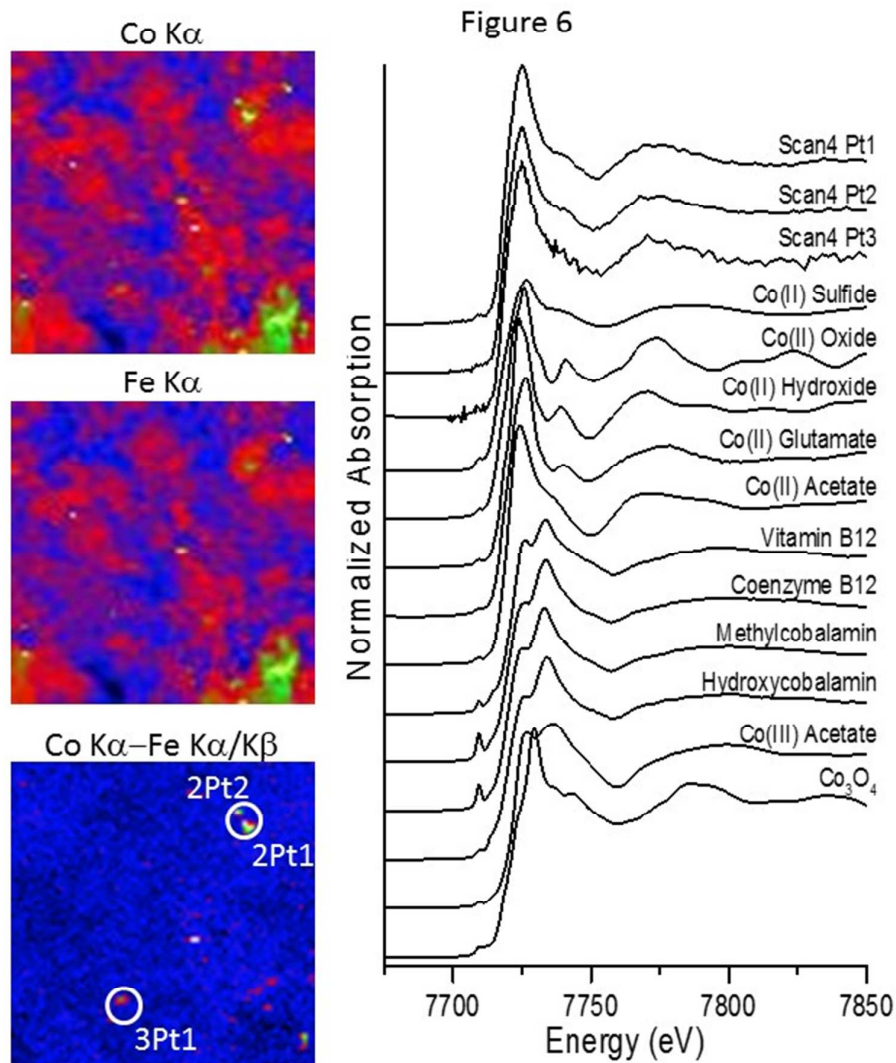
19 350 **Figure 3:** Correlation cobalamin expressed as cobalt versus the cobalt concentration
20 351 in the extract of 14 pig liver samples.

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24 355 In general, the results for the spiked pig liver suggest that full conversion of all Cbl
25 356 species to CN-Cbl was achieved. The separation of the Co species has been shown to
26 357 be robust (retention times did not vary more than 0.1 min) throughout the analysis.
27 358 Although pooled samples showed good reproducibility in their Co concentration
28 359 (approx. 5% **Figure S5**), subsamples taken from individual livers showed

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3 360 considerable variability (**Figure S6 and S7**). This may suggest that cobalt is
4 361 heterogeneously distributed throughout pig liver especially if only a small sample is
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6 362 taken, which would be unexpected for physiologically regulated Cbl.
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10 364 To shed more light on the heterogeneity of Co and Cbl in the liver and whether Cbl
11 365 species transformation had taken place during the sample preparation, i.e. the release
12 366 of cobalt from the corrin ring, XRF mapping of the pig liver and subsequent μ XANES
13 367 was used for unspiked pig liver samples which showed qualitatively the occurrence of
14 368 Ado-Cbl. The challenges to overcome were first the low concentration of cobalt < 0.1
15 369 mg/kg and the interference of the Fe $K\beta$ fluorescence, which overlaps with Co $K\alpha$.
16 370 Therefore Fe and Co were measured simultaneously and every pixel was corrected
17 371 using Co $K\alpha$ - Fe $K\alpha/K\beta$ resulting in a cobalt specific map of the liver sample. The
18 372 results clearly indicated the presence of Co in small hotspots (approximately 10 to 30
19 373 μm in size) throughout the samples (**Figure 4 and S9**). The XANES spectra of the
20 374 cobalt hotspots seem to be similar to inorganic Co^{+II} and Co^{+III} compounds and
21 375 distinctively different from the XANES spectra of cobalamin standards characterized
22 376 by a double feature in the main absorption peaks ($\text{Co}^{+II/III}$). Although the nature of
23 377 these hotspots is unknown, it is not inconceivable that these hot spots are the result of
24 378 absorbed cobalt containing particles. This would explain the heterogeneity of Co_t but
25 379 the homogenous distribution of Cbl. Due to the above mentioned Fe interferences in
26 380 these samples, a homogeneously low distribution of cobalamin in the sample would
27 381 not be detected either by XRF or μ XANES. However, XANES and XRF analysis
28 382 suggests that the majority of Co in the pig livers was not in the form of Cbl but rather
29 383 in the form on unbound Co^{+II} . Therefore, this confirmed the relatively low extraction
30 384 efficiency of Co_t (70-80%) combined with the high recovery of spiked Cbl species.
31 385 Hence, the described methodology with a low limit of detection (< 1 ng Co as Cbl/g
32 386 d.m.) and its precision of $< 5\%$ and its accuracy of 94% it was suited to use for the
33 387 determination of Cbl in fetal liver samples.
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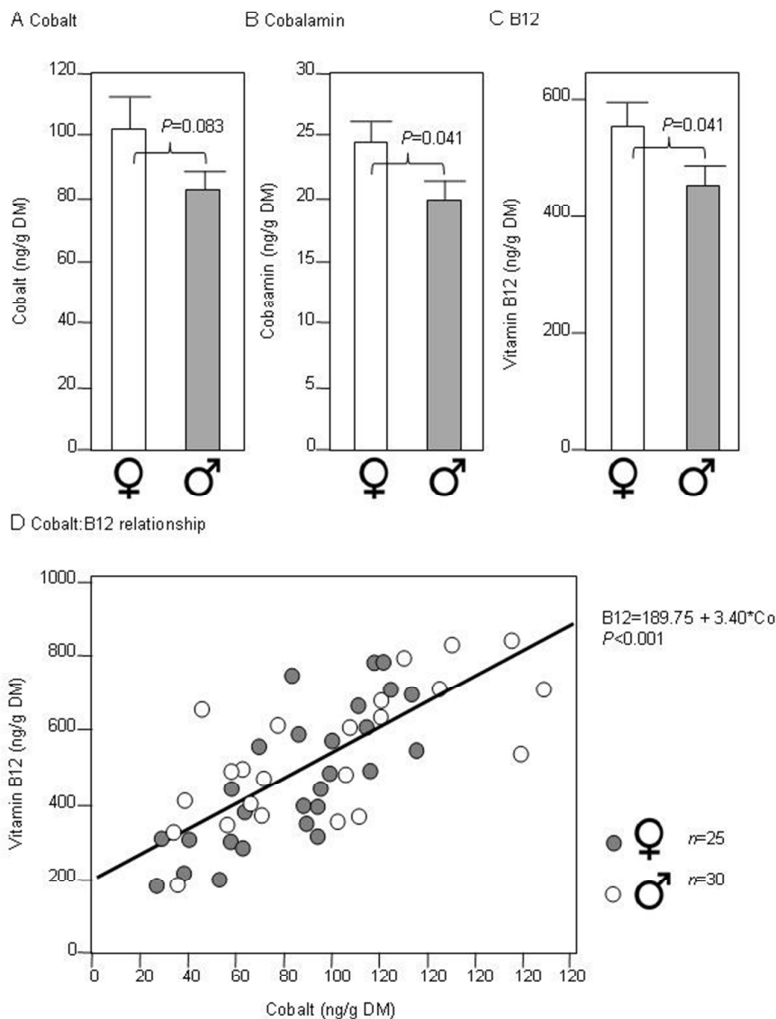


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391 **Figure 4a-b:** 2 D cobalt map (1.5 x 1.5 mm)(a) from a shredded pig liver paste
392 (resolution of about 20 μm with the μXANES spectra taken at the hotspots (b) in
393 comparison to the XANES spectra of four different cobalamin standards.
394

395 Human fetal liver samples

396 Co_t in human fetal samples was analyzed in duplicate and showed a high variability
397 (25 to 190 ng Co/g d.m., detection limit 2 ng/g d.m. **Figure 5**). All livers had Co_t and

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3 398 Cbl concentrations above the detection limits. The first results of the study have been
4 399 published partly by Drake et al.¹¹ with regards to lifestyle influence on the Cbl
5 400 concentration in the fetal livers without describing the analytical method in detail.
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7 401 Here, we describe the analytical method capable of measuring Cbl with high
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9 402 sensitivity and precision and subsequent aspects of the study which enabled us to look
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11 403 at a part of the study which was previously not described.
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13 404 There was no correlation between fetal weight and the Co_t concentration neither was a
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15 405 significant gender difference found (unpaired two-way ANOVA, p=0.082). The Co_t
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17 406 concentrations were comparable with those reported in by Caldas and Dorea.¹ When,
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19 407 however, the Cbl concentration was measured, a significant gender difference could
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21 408 be established (two-way ANOVA, p<0.05). The Cbl concentration in the female liver
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23 409 of non-smoking mothers was 643 ± 48 ng Vitamin B12/g dm, whereas male fetal liver
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25 410 of non-smoking mothers contained 497 ± 51 ng Vitamin B12/g. The reason why there
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27 411 is a gender difference is still unclear and how the C1 metabolism of the fetus is
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29 412 influenced when the mother smokes has been discussed elsewhere.¹¹ The data also
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31 413 indicate that the vitamin B12 concentration correlates linearly with the Co_t
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33 414 concentration in the liver of the fetuses independent on the gender (P<0.001) (**Figure**
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35 415 **5**). However, even if the correlation is significant the variability was still very large
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37 416 within the data set and a precise measurement of Cbl needs to rely on direct
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39 417 measurement rather than interpolation from total Co (**Figure 5**).



418
 419 **Figure 5:** Co_t (A) and Cbl concentration (expressed as ng Co/g liver (B) and as ng
 420 Cbl/ g liver (C) in human fetal livers show a significant lower cobalamin level for
 421 female fetal livers. The p-values given are based on ANOVA unpaired two way tests.
 422 (D) shows the correlation of vitamin B12 and Co_t .
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424 CONCLUSION

425 The method to determine cobalamin in liver samples described here is sensitive
 426 enough to determine background levels of unbound and bound cobalt in fetal liver
 427 samples. Although, we were unable to determine the individual physiologically active

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3 428 forms of Cbl (Me-Abl and Ado-Cbl), all forms of Cbl could be transformed into CN-
4 429 Cbl and determined quantitatively in liver samples with an accuracy of around 94 %
5 430 and a precision of +/- 5 %. A significant amount of Co is present in a non-
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7 431 characterized form in the extract, which however is not an artefact of the extraction
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9 432 method or a degradation product of Cbl species. Not only is Co_t not representing the
10 433 amount of Cbl in the liver samples, the analyte is subject to large variability through
11 434 the accumulation of inorganic Co, which seem to point to particulate Co. The nature
12 435 of this uncharacterized cobalt needs to be studied in the future.
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